



## DISTILLED WATERS TESTIMONIALS

Listed Alphabetically by Subject

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To Water, Thanks for the Ride

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### **A**

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#### **ACNE**

“Shri Hansraj Choudhari studies at the agriculture college in Anand (Gujarat). He was much troubled with pimples on his face. At my suggestion he began urine treatment. With the massage of urine and drinking he had free and ample motions. His appetite was refreshed and the skin became soft. After purification of blood and complete evacuation his pimples disappeared and the face became radiant.”

from *Manav Mootra* by R. M. Patel

#### **ALBUMINURIA**

“My mother is about 52 years old. For the last five years she used to bleed through her urine passage. One day she even became unconscious due to unusually heavy flow of

blood. Though she was admitted to a Patna hospital, after examination the doctor said, 'Take her home quietly.' Thus all the relatives were in despair.

Fortunately a neighbour gave a book on auto-urine to my father. Reading this there emerged a silver lining to the dark clouds of despair. After long persuasion my mother agreed to the treatment. She would drink her urine and my sister would massage her with seven days' old urine. In a short while she was cured and restored to health."

from *Manav Mootra* by R. M. Patel

### **ALBUMINURIA**

"In 1963 I became a patient of albuminuria. Doctors stated that allopathy had no remedy for it. Six weeks' allopathic treatment could make no effect. At last, dejected I came to Bombay with my father to get proper treatment. The medical experts there also said that it had no remedy. Three months' stay in Bombay and allopathic treatment too could make no dent on the complaint.

So at my father's insistence I began the auto-urine treatment. I would drink all the urine I could pass. On the fourth day examination of urine showed that there was no strain of albumen in urine. Whatever was not possible for more than four months' allopathic treatment was accomplished by auto-urine therapy in three days. After a few more days' treatment of the same I was fully restored to health. I am now fully hale and hearty.

On the strength of my experience I encouraged others to resort to urine therapy. Those who have undergone this treatment with faith and patience have been fully cured. When an old woman suffering from a few incurable diseases and was counting her last days on deathbed, someone introduced her to wine treatment. And she is wholly restored to health due to auto-urine therapy."

from *Manav Mootra* by R. M. Patel

### **ALBUMINURIA**

"A patient came into the clinic presenting albuminuria (protein) and blood cells [in the urine], fever, edema (water retention, or swelling), and cyanosis (blue discoloration of the skin). The patient was treated with a course of seven injections (7 cc. each) of auto-urine vaccine. An examination of the patient's urine was done after the third injection and showed only small traces of albumin and blood cells and the edema and cyanosis had

disappeared. After completing the treatment course, the patient was discharged from the hospital, completely healed.”

from *Auto-Urine Vaccine Therapy for Acute Hemorrhagic Nephritis*, 1934, by Dr. R. Tiberi

### **ALBUMINURIA**

“The patient came into the clinic presenting albuminuria and blood cells in the urine, temperature, but no edema. The patient received urine injections, and after the eighth injection, all of his symptoms had gone into total remission. Three weeks after the treatments, the patient continues to remain completely healed.”

from *Auto-Urine Vaccine Therapy for Acute Hemorrhagic Nephritis*, 1934, by Dr. R. Tiberi

### **ALBUMINURIA**

“Upon entering the clinic, the patient's examination revealed considerable protein and blood in the urine and visual disturbances in the left eye. After only three injections of the urine vaccine, the symptoms completely disappeared and the patient was released completely cured.”

from *Auto-Urine Vaccine Therapy for Acute Hemorrhagic Nephritis*, 1934, by Dr. R. Tiberi

### **ALLERGIES**

Ms. D.V., The Netherlands

"I would like to tell you about my experiences with urine therapy. I am 60 years old, have three children and am convinced that the cures for many illnesses are often simple and obvious.

“For more than a year, I had been suffering from an allergic reaction to cosmetics and often had a terrible rash. I repressed the rash with hormonal ointment. Last summer, I stopped using the ointment and tried urine therapy.

“1 August: I started drinking my own urine (at first with an aversion, but I quickly got used to it). I drank almost all of my day- and night-urine and rubbed it into my arms as well. (Urine has such a beautiful colour!) After swimming, I rubbed urine all over my body. Result: my dried out skin covered with rashes became soft and smooth.

“7 August: The rash began to change: spots disappeared, and returned; the rash started to burn more, then less. I started rubbing four-day-old urine into my skin (it stank!). The skin on my hands, which was old and wrinkly, became soft and smooth.

“10 August: For months, one of my teeth hurt whenever I drank cold water. The pain was now gone! For a year, I had suffered from dizziness due to an inner ear infection. This condition improved considerably. Every day, I rubbed urine into my skin and hair, which became soft and shiny. I was less stressed out and had a powerful feeling of inner peace.

“17 August: I was nauseous at night and the following morning. I also felt diarrhea coming on and was terribly tired. I stayed in bed, slept a lot, drank extra (herbal) tea and did not eat. I had a bit of diarrhea and the nausea was gone. From this point on, I drank my urine three times a day, covered my arms in the evening with urine compresses and washed myself in the morning with urine. Besides the spots, my skin looked terrific. I noticed that I sometimes breathed deeply, a cross between a sigh and a gasp. This felt like a kind of release, as if everything was falling into place. I also cut salt out of my diet.

“19 August: After six days of compresses, the rash was almost gone! I did it without the use of hormonal ointment. My entire system was more in balance, and I suspected that this would influence my total development (physical and spiritual). It is incredible that our bodies produce a medicine, always at our disposal.

“25 August: My arms were completely clean and the skin looked beautiful. A number of wart-like growths on my hands and face, which had arisen during the period I had used the hormonal ointment a year earlier, also almost completely disappeared. Swollen moles on my face shrank. A lump on my forefinger joint disappeared. A wart under my arm almost completely disappeared. The old urine also smelled better.

“30 August: The rash did not disappear quickly enough for me, so I placed a compress of old urine on my arms and covered it with plastic. The next morning, the rash was gone! I could not believe my eyes. Over the course of the day, the rash returned and started to burn again and my day urine also tasted bitter. I stopped swimming and wrapped the compresses around my arms every evening. Every morning, the spots looked better.

“I feel much better since I started using urine therapy. I can imagine that the pharmaceutical industry is not thrilled with this therapy, but that is their problem. Hopefully, people will quickly realize that medication does not have to be expensive, and that we always have it at our side. What has happened to me in four weeks is incredible, and so concretely observable!”

from *The Golden Fountain*, by Coen van der Kroon

## **ALLERGIES**

“Mr. Vazquez, 44, suffered twice a year from hay fever or pollen allergies. With one injection of urine applied on the buttocks he remained allergy-free for over six months. A second injection kept him allergy-free for the rest of the year. During the following season

he successfully used the ultimate universal remedy instead of the injections.”

from *Urography*, by Martin J. Lara

### **ALLERGIES**

Mr. X., India

"The patient, whom I am going to talk about, was about 40 years old. He had been getting attacks for the preceding 10 years. The attack began with a dripping nose and sneezing and was then followed by breathlessness. This had been diagnosed as some kind of allergy. Whenever there was an attack, the doctor would give the patient an injection of adrenalin, and the patient would feel relief. This cycle was often repeated.

I decided to give him Water of Life treatment. The patient agreed to abide by the restrictions in diet which I suggested him. I prescribed two things: 1) To drink his urine twice daily in doses of 10 oz, once on an empty stomach and next at night, before going to bed, and 2) To heat fresh urine and massage the chest, the back, the neck, etc. with it. I also prescribed rapeseed oil to be taken internally. Considerable relief was felt at the end of a month's treatment."

from *The Golden Fountain*, by Coen van der Kroon

### **ALLERGIES**

Mrs. Margarita To Zazua {Mexico}

"It has been six years with these diseases. I began with problems like colds. Little by little I was becoming sick more and more with allergies and later itches throughout my body. I became ill of sinusitis, insomnia, cough, but specifically with asthma. Taking the Urine I cured all, thanks to God."

from *Personal Pharmacy*, by Gary Ward

### **ALLERGIES**

Rosa Z. of Gutierrez, Mexico.

"I had an allergy in my right eye and I have 10 days putting urine in the eye twice a day, I'm fine. Thankfully I'm cured."

*Testimonials of Patients Cured by Urine Therapy*

<http://paraisodelasalud.org/testimonios.htm>

## **AMOEBAS**

“Pedro Alvarez' body was invaded by amoebas 10 years earlier and he was suffering the corresponding discomforts since then. Alvarez collected his urine one night and kept it in the bathroom for about 15 hours, then drank it the next day. By misunderstanding the instructions of a friend, who told him to drink fresh urine, he accidentally discovered a new application of urine therapy for amoebas and tapeworms. Surprisingly 15-hour-old urine did not taste that bad, he explains, but he immediately drank a tall glass of juice because he felt strange. Within 10 minutes or so he had abundant diarrhea. Alvarez was forced to stay close to the bathroom for the next two days. The diarrhea was so bad that he feared dehydration, but he knew to drink a lot of water with a pinch of sea salt. He spent the weekend at home drinking water and diluted fresh fruit juice. Monday morning he went back to work almost completely recovered. Three years later he hadn't had any more amoeba-related problems. Apparently the fermented urine of a person with parasites is so effective that it even removes the eggs of these parasites.”

from *Uroopathy*, by Martin J. Lara

## **AMOEBIc DYSENTERY**

Mr. G.K.I., India

"About four years ago I got attracted towards this therapy and was thrilled by its wonderful results. I was suffering from amoebic dysentery since the last 20 years and my physicians had assured me that it will accompany me forever! I was also having eczema since more than 40 years. To my utter surprise I got rid of both major diseases by this wonderful remedy 'Auto Urine Therapy'. You will be further surprised to know that there are some side effects too; but not of the usual harmful nature, which you very often suffer in allopathic treatment. I suffered from falling hair and dandruff. I always used to have cracks in my feet and even on my lips in all the seasons. Likewise I had stomatitis (ulcers in the mouth) once in a few months regularly. I got rid of all the above complaints and ailments unknowingly, as beneficial side effects of this therapy! I have grown younger by many years, and today I am having vigour stamina and energy which I didn't have thirty years before! My wife says, I was not so young, energetic and sexy even in my young days! All these benefits on a wholesale basis were achieved by Auto Urine Therapy of few months."

from *Wonders of Uroopathy*, by G.K. Thakkar

## **AMOEBIc DYSENTERY**

<<<NOTE>>> should the letter be trimmed to show only UT related content?\*Yes.

Letter from Balkrishna Laxman Nalavade

Auto-Urine Consultant

Poena, India 5 December 1992

“I started practising urine therapy in 1969 after miraculously curing myself of a variety of diseases. From the age of 25 to 40, my body was, as it were, a 'museum' of diseases, namely stomach-ache, amoebic dysentery, constipation, appendicitis, piles, kidney stones, neurosis, backache, heart weakness, etc. No therapy could cure me completely.

“A renowned physician examined me in 1968 and declared that I only had a few months to live! However, due to God's providence, I was completely cured by urine therapy within approximately two and a half months. After this miracle cure, I started practising this therapy in Poona, my home since 1969.

“Thousands of patients suffering from various fatal and chronic diseases and abandoned by allopathic doctors have been cured by urine therapy. Among the various natural methods of treatment, urine therapy is the most simple, effective and safe, and it is universally available 24 hours a day. For even better results, urine therapy can safely be combined with acupressure, acupuncture, yoga, spiritual healing, tele-therapy, herbal medicines, colour therapy, homoeopathy, prayers, meditations, etc. Urine therapy is the gift of God - a panacea – for human beings and animals.

“For further information, I enclose a copy of my paper which I read at the World Congress of Natural Medicines. I am very happy to hear that you practice this very useful therapy.

“Since 1969 my life has been a 'bonus life', leased to me by His Almighty, which I have been using for the propagation of urine therapy to aid suffering humanity.

“Since December is the festival and holy month, we (myself and my family members) wish you, your family members and friends a Happy Christmas and New Year.

“May God bless you all with a long, happy, healthy and creative life.

“If you happen to visit India, please do come to stay in our home in Poona and give us the chance to act as your host.”

from *The Golden Fountain*, by Coen van der Kroon

## **ANEMIA**

“Rusi Malowala had a wonderful cure of his almost incurable kidney disease. Doctors could not cure him. He was very anaemic. His urine contained 390 mgs. of urea

(normal is 30 to 40 mgs. ) On doctor Paragjibhai's advice, he began Urine Therapy, and in two months was in great health and almost totally cured."

from *Urine Therapy*, by Dr. John O'Quinn

### **ANGINA**

Lucila B. Becerra {Guadalajara, Jalisco, Mexico}

"I live in Guadalajara, Jalisco, Mexico. My son Edgar Daniel Valenzuela B. was going to be operated on and since he had become immune to medicines, he had difficult problem of chronic angina.

"The information of Urine-therapy came and immediately he began the therapy. Thanks to God, the boy no longer needs the operation."

from *Personal Pharmacy*, by Gary Ward

### **ANIMAL DIABETES**

"Shri S. N. Shipra is a resident of Madanpura area in Bombay. His grey-coloured racing mare (horse) used to be indisposed. Soon after the purchase she was emaciated and had considerably weakened by the time she arrived at Bombay. Her poor state of health was supposed to be due to underfeeding during the course of train journey.

"A week after her arrival at her master's house, an examination of her stools was made. After some treatment, it became apparent that she urinated profusely and at short intervals. After a few days blood appeared in her urine. To check its flow with urine she was made to drink a mixture of Hexamine, Soda Sulphate and a <<<NOTE>> **what is this word?** >Map-sulfthrough a pipe. The bleeding ceased after a couple of days but the quantity of urine could not be checked. An examination of her urine revealed 20% sugar content. I decided to make her drink her own urine through a pipe; She passed nearly 4 lb. of urine every day. The entire urine was collected and was given on the next day. She was given to drink seven pipes full of urine in this way.

"Some change was noticed in her condition after drinking four tubes full of urine and she started grazing normally after taking urine for the seventh time. The frequency of urination and the quantity decreased. Sugar content in her urine now was only 0.3/4%. In the meantime some one came to bargain for her. The owner got a good price for the mare and she left Bombay with her new owner hale and hearty."

Manav Mootra by R.M. Patel



## **ANXIETY**

Adriana H. Sanchez {Mexico}

"I am very nervous and also suffer from painful cramps. Started to drink the urine in November of '95 and thank God and chemistry, I have not suffered from cramps and I feel more confident about what I do and overall very calm."

*Testimonials of Patients Cured by Urine Therapy*

<http://paraisodelasalud.org/testimonios.htm>

## **APOPLEXY <<<NOTE>>> give a short definition of apoplexy?**

"S. Ashaben (Red Cross, Shandigahi) has a son who suffered from apoplexy. He could not be cured. Once the disease became very grave, Ashaban began to give him Urine Therapy. In a few days the boy began to recover, as he passed out all toxins by way of loose motions, and along with it there was a very big worm, 7 inches long. The boy recovered fully, and the doctors marveled at the speedy and complete recovery of the boy."

from *Urine Therapy*, by Dr. John O'Quinn

## **APOPLEXY**

"Vinood K. Motiwala of Bombay, age 26, was suffering from apoplexy for the last 12 years. He tried various methods, but to no avail. At last, he started Urine Therapy and cured this old and dangerous disease. He still continues the urine treatment to protect himself from its sudden attack."

from *Urine Therapy*, by Dr. John O'Quinn

## **APPENDICITIS**

"Ramamlal Trivedi is a young man of thirty. For the past years he has been suffering from constipation and other ailments. On the right portion of his stomach, acute pain developed, and there was an attack of fever also. A doctor diagnosed it as a case of appendicitis, and he was advised an operation. Dr. Salaria, being a surgeon, was consulted. The patient was admitted in his hospital on October 5th, 1958. Dr. Salaria did not operate on him but insisted that he adopt Urine Therapy. He was made to take his urine three times daily. An enema douche with two pints of urine was also given as a result of which much of the excreta passed out. This treatment was repeated on the second and

third day, and all the hard and undigested matter, stuck to the intestines passed out. Normal health was restored.”

from *Urine Therapy*, by Dr. John O'Quinn

### **APPENDICITIS**

“A man, age 45, tells his story: For the last four years I was suffering from appendicitis. I was operated on in the famous Duffrin Hospital of Vadodara. Even after the operation there was no relief. Then I was examined by a number of doctors. All these doctors advised a second operation as the only remedy. Dr. N. N. examined the report carefully and declared that there was nothing wrong with the intestines or with the earlier operation. So he discharged me from his ward.

“Finally, when I was fed up with the malady and its allopathic treatment, I read about Urine Therapy. I started taking my own urine three times daily without fast. Within two days I felt some relief. But on the third night there was severe pain. Using common sense, I rubbed urine on the aching spot, and within ten minutes I fell asleep. Next day, I took urine the whole day and had a urine massage at night. Repetition of this treatment for six days completely relieved me of the pain which did not recur up til now. The experiment was continued for the past five weeks. There is no pain at all, and I feel fine. Diet, which I mostly had given up, has been resumed in full. A number of patients in Debhoi have taken this treatment and they report relief from their ailments.”

from *Urine Therapy*, by Dr. John O'Quinn

### **APPENDICITIS**

“The patient had constipation and dysentery for a long time. Later he developed appendicitis and was advised to get operated. He contacted Dr. Salaria who asked him to get admitted in his hospital. Dr. Salaria did no operation but persuaded the patient to go under urine therapy. he was made to drink his own urine three times a day and given urine enema. This cleared his intestines. The process was continued for three days. Even old and dried up stool came out and patient became healthy without operation.”

from *Miracles of Urine Therapy*, by Morarji Desai

### **ARTERIOSCLEROSIS**

“Andre K. suffered for years with arteriosclerosis. The circulation problems in his

arms caused both numbness and pain. A few weeks after he started the recommended oral urine therapy in conjunction with massages, the pain ceased.”

from *Drink Your Own Water*, by Tony Scazzero

### **ARTHRITIS**

"I was diagnosed as having rheumatoid arthritis at the age of twenty-eight. The pain and swelling in the joints of my hands was unbelievable. I also suffered from migraine headaches since I was eight years old and it was very common for me to take a bottle of Excedrin with me everywhere I went. I never left my house without that bottle. I had also developed a severe weight problem over the years and had gotten up to almost 200 pounds.

“Finally, I met someone who told me about this natural miracle therapy, but the best miracle of all is me. I started taking [this fluid] and four and a half months later I weighed 130 pounds. I lost 68 pounds! My arthritis is gone, my headaches are gone and I feel like I'm 20 years old.”

— Mrs B., Florida,  
from *Your Own Perfect Medicine*, by Martha Christy

### **ARTHRITIS**

Jose Guadalupe S. Gonzalez {Mexico}

"A year ago for three months, I started with the method of Urine-therapy because I [had] a case of disease. I had pains in the joints, rheumatoid arthritis, dental decays.

“Today I can say to them that I am cured completely of the diseases. I also must mention in addition I now have black hair. My age is 70 years old and since I take Urine I feel like 50 years old. I thank God and Chemistry by the knowledge of this method.”

from *Personal Pharmacy*, by Gary Ward

### **ASTHMA**

“I happened to meet Shri Chhaganbhai Solanki at Gramodyog Mandir, Pendak, Rajko on 17-2-1977. He works in the leather workshop, there for the last several years. He is 60. He incidentally disclosed to me that he had been suffering from hereditary asthma from his boyhood. During winter his complaint would take severe turn. He was a chain-smoker and

even ate tobacco.

Some ten years ago at my instance he gave up tobacco and started taking his urine daily twice or thrice. Within six or seven months his asthma took his leave.”

from *Manav Mootra* by R. M. Patel

### **ASTHMA**

“Dr. Natvarlal B. Shah, M.B.B.S., of Thasara, Kaira District, had been suffering from asthma for the last 15 years. He tried urine treatment and was cured.”

from *Manav Mootra*, by R. M. Patel

### **ASTHMA**

“Shri Chaturbhai, an inhabitant of Mogari, Dist. Kaira, has deep faith in urine therapy. By this natural and simple treatment, he successfully cured four members of his family. This success story of urine treatment spread in Anand and adjoining villages. Dr. Prabhudas Patel of Karamsad is my relative. He told me that under his guidance an old man of sixty was relieved of asthma of ten years by urine treatment.”

from *Manav Mootra*, by R. M. Patel

### **ASTHMA**

**<<<NOTE>>> Trim down the content of this letter to UT-relevant text only?**

Madhukar Gopal Date (Indubaug No. 2, Sanmill Lane, Lower Parel, Bombay 12) wrote to me on 13-12-1959 :

“I have gone through your book, *Manavamutra*. I undertook treatment prescribed in it to cure my asthma and am pleased to say that I have got a new life after a fast on auto-urine for 8 days. My age is 45 years. I was fond of exercise from the very beginning. Consequently my physique was very strong and robust. When I was a youth of 25 I used to sleep for an hour during the mid-day. After sleep, usually there used to be coughing and some phlegm along with blood came out. I was indifferent to this. This much I remember that I had been constitutionally phlegmatic from the very childhood. Gradually cough increased. Many treatments were tried out but with no avail. In course of time, the disease assumed the form of asthma. I became extremely careful to take all preventive measures. But asthma haunted me like a ghost and I was totally disappointed.

“Meanwhile, my dear friend and neighbour, Shri Khetsibhai Malsi Savala ,gave me a copy of your book to read. I read it twice and gathered confidence. I started drinking urine once every morning and continued for a month. There was no improvement at all and I was again disappointed. Thereafter I decided to fast for eight days which I began on 18-11-'59. I used to drink entire urine passed during the day and night. The urine that was collected before the fast was used to be massaged by my wife. She used to warm it and rub it on my whole body twice a day, devoting 1 1/2 hours to each massage. Four days passed but no motion or other results were noticed. I got worried. On the 5th day, I took an enema of boiled neem-leaves water; but only water came out without any waste with it. The treatment however was continued. I expected vomiting but during 8 day's fast, there was neither vomiting nor loose motions, nor sneezing. I broke the fast on the 9th day, i.e. on 26-11-59. Before fast I weighed 135 lb. and after it 116 lb.

“The same day I consulted my doctor. He examined carefully and reported that there was no phlegm in my body. He was further pleased to know about urine treatment and assured me that if asthma would not recur within three or four months, he would advise this treatment to others.”

from *Manav Mootra*, by R. M. Patel

## **ASTHMA**

“A woman who had asthma went on an 8-day urine fast, drinking only her urine. Many detox symptoms appeared like vomiting, mucus and phlegm. On the 8th day she felt like asthma was fully rooted out. She lost 20 pounds to her ideal weight and felt vigor and vitality return to her body. Her skin became soft and bright. Two rainy and winter seasons have passed without a single asthma attack. She is now free of the fear of attack. Nature is powerful. All the medicines of the world are worthless compared to her. With nature's grace and cooperation, the world can become a happy place to live in.”

from *Manav Mootra*, by R. M. Patel

## **ASTHMA**

“Sharma of Bhagalpur got asthma in his young age of 12 years. He began to lose his sight also and had to resort to wearing glasses. He took Urine Therapy and began to drink his urine four times a day. He used to wash his eyes with urine. He was strict in his diet. He cured himself completely and got rid of asthma, regained his sight, and cured his cold and cough.”

from *Urine Therapy*, by Dr. John O'Quinn

### **ASTHMA**

“Arit N. Wadia, B.A., age fifty-two (Teacher, Station Road, Bulsar), suffered from asthma for the last 20 years. He started the treatment of Urine Therapy in 1964. He used to take half a pound of urine for 30 days. He cured himself in only two months.”

from *Urine Therapy*, by Dr. John O'Quinn

### **ASTHMA**

“Asha Mehta, Secretary of the Punjab Red Cross Society, lived in Chandighad. In 1963 her health began to break down. Her stomach swelled and there was pain even when lightly touched. There was swelling in the lungs, and she suffered from Asthma too. She was taken to a naturopath named Dr. Roudolf Stone at Amritsar. He gave her dietetic treatment along with naturopathic methods of enema and bath. But his peculiar advice was for rubbing her own urine on her chest. This cured her completely and her asthma, and other ailments vanished in only three months.”

from *Urine Therapy*, by Dr. John O'Quinn

### **ASTHMA**

“S.G. Pande (Artergoan, PO Zadeshi Dist. Wardha, Maharashtra ) was suffering from asthma for most of his life. His age was 58. In 1928 he got malaria and regularly got it for about five or six years. In 1935 he felt a sensation of suffocation for the first time. He thought it was due to over-exercise. He got rid of it by three days' fast. After two years, there was a severe attack of suffocation. There was weakness in the body, and though there was no sign of any mucus some came out after much coughing. Different doctors diagnosed his disease as asthma, bronchitis, bronchial asthma eosinophilia, allergic condition, coronal thrombosis, etc. He had gulped down lots of medicine during the past 15 years but to no avail. He took to a diet of milk, light foods, and fruits for several months. In 1963, he came to Mukhad where his son lived. He gave him a book on Urine Therapy. So he started with urine treatment on March 4th, 1963. There were reactions in the beginning. Heart throbbings increased. He took some honey with water during the urine fast, and that brought down the throbbings of the heart. There was reaction on the gums, and there was swelling there. But he continued his urine fast and in the end could not only cure his asthma but could get rid of his tonsillitis , too. He could feel his stomach lighten,

and the color of his skin changed for the better.”

from *Urine Therapy*, by Dr. John O'Quinn

### **ASTHMA**

“Socrates, 4, had weekly asthma attacks, eczema and constant eye infections since he was one year old. When he received a small urine injection there was localized irritation. The child recovered by morning and he was good enough to go to school. His excrement was somewhat liquefied and he urinated frequently, but he did not have an asthma attack for several weeks. He then began to cough a lot and vomit. There was a whooping cough epidemic in town. A second urine injection was applied. The child had localized pain in the area of the injection. At night he continued coughing and expelling great quantities of phlegm and mucus. He felt weak and had a lot of gas. This condition improved little by little as the child continued expelling phlegm and mucus.

“Three days later the child was much better. He had a little cough, but that was nothing compared to the whooping cough or asthma the other children in the neighborhood had. His excrement was normal and the child had no more gas. A month later, the child's mother told the doctor that he was doing very well. He has not had an asthma attack since the first injection. When a doctor examined the child, the eczema and the infection of the eyes had disappeared completely.”

from *Uropathy* by Martin J. Lara

### **ASTHMA**

“Mr Tavarez, 17, had his first asthma attack when he was one year old. His breathing was very difficult and it sounded as though he was asphyxiating. The asthma attacks usually lasted several hours. Their physician recommended the family relocated to another, less polluted city, but the child continued suffering daily asthma attacks. Amongst other problems, the disease caused asthmatic deformation of the thoracic box.

“On the first visit he was given a 2 cc (cubic centimeter) injection of his own fresh, unfiltered and unprocessed urine and this application was so effective that the child had no asthma problems for a month. The next asthma attack occurred four-and-a-half weeks later while playing football in school. The problem lasted several hours until a second injection was applied. Within five minutes the youth was completely calmed. There was irritation, inflammation and a burning sensation localized where the injection was applied. The reaction lasted about 30 hours. There were no complications for the next two-and-half

months until the fall when he developed the flu and a mild asthma attack. The youth had several mild attacks until the end of April. That is when the third and last injection was applied. He had a mild localized reaction for 24 hours, but never again suffered from asthma.

“Note: The injections were applied only when symptoms reappeared because that is when anti-allergenic substances are present in urine.”

from *Urography*, by Martin J. Lara

### **ASTHMA**

“It was in the Kombucha book that you [Harald W. Tietze] wrote that I saw the advertisements for your other books, so I order the three books, one being the *Water Medicine*. At the time of ordering your book I was suffering very badly with the asthma and was having to go on my nebuliser every 2 to 3 hours, as I had constantly no breath even after the nebs.

“I was depressed with it and knew not where to turn. I was still working, but going home for each neb. After your books arrived I read all about it in the *Water Cure*. I can tell you, this was *not* going to be *my favourite medicine*. I already had four bottles of echinacea homeopathic drops that did not work, so what I did was to put 10 urine drops into the drops I had. I took five drops under my tongue each day morning and night, for the first two days no change. Then on the third day I had no asthma, not a bit. I still am taking the drops because I did stop taking them so my immune system could step in. In those two days I got asthma back slightly. So now I’m too scared to stop the drops. -J.H.W.”

from *Urine: The Holy Water*, by Harald W. Tietze

### **ASTHMA**

“She was suffering from asthma for the last twelve years. As soon as it was rainy season and clouds hovered in the sky her condition became miserable. We were unable to stand the very sight of her pain in rainy season and in winter. All the members of the family used to nurse her in rotation. When sometime she gasped and wheezed, it was the limit of agony. Various medicines were used. Tens of Ephedrine injections and other injections were injected, tablets of different names given and countless number of syrup tonic bottles were emptied. Homeopathic treatment was also tried for one and a half years. Ayurveda was also put to the proof, but her condition did not improve.

“Last May she went to Bombay. Symptoms of asthma erupted even in mid-summer due to humid air. She came back to Ahmedabad on 7th June, 1958. Temperature at



Ahmedabad on that was 111-112F. Even in such hot weather she had an unbearable fit of asthma. On 9th June she was extremely restless. I got [an] idea, called my son Shashikant and asked him to anoint her chest with urine. After half [an] hour of anointment her restlessness subsided. I decided then and there that she should be put on urine therapy from 10th June. During my treatment with urine therapy she used to be present look after me and she therefore overcome natural hate for urine. <<<NOTE>>> [...she used to look at me resentfully...? ...and she thereafter overcame...?] From 10th June her treatment began. I want to point out an important observation. The person massaging the body with urine should be someone who loves the patient. The hired servants for this purpose do not take that much interest. I therefore asked Shashikant to find some time to nurse his wife. He agreed.

“Smt. Kumud Behen (the patient) had no aversion for urine. Therefore she started urine-drinking from 10th June daily in the morning. From 14th June she commenced her fast. I didn't know in advance how many fasts will be needed but had faith that nature will herself indicate the period required for the fast. If the kidneys are healthy and flow of urine is normal, fasting with urine does not weaken the patient to any great extent. However to maintain her energy I gave her 8 ounces of date-water (dates are soaked in water for six hours and then crushed in it.) The water is then filtered through cloths for two days. (Patient of diabetes should not be given date-water at all during urine therapy). On 15th and 17th she had seven to eight loose motions [bowel movements] and her stomach and intestines were cleaned of accumulated poison and phlegm. On 17th loose motion stopped. On 18th she started vomiting right since morning and thick phlegm mixed offensive matter came out each time. After each vomiting she felt improved and restful. On 19th evening vomiting also subsided automatically. [The] chest and lungs were cleared of phlegm. Now what would be the next reaction, no one could predict. On 20th morning Kumud started sneezing. I asked her, "Why are you sneezing? Have you cold?" She told me, "This sneezing is not due to cold. [Had]they been due to cold, there would have been some water discharge from the nose. These are bare sneezes." Effect of this was felt immediately. Phlegm accumulated in the upper part and began to come out through gullet. Whole day sneezing continued and in the evening it ceased of itself. On 21st noon Kumud said to me, "I feel destroyed. If you permit, I shall break my fast from tomorrow morning. After fast, I shall continue drinking urine daily in the morning for a long time and keep on fasting one day week so as to avoid the recurrence of the disease." I permitted her and on 22nd morning she broke her eight day old fast. She took date-water in the morning, sapodilla, papaya and pomegranate juice in the time of lunch and water of boil lentil pulse in the evening. For two days she continued fruits and liquid diet. From 26th June she began simple and salubrious diet.

“Thus she cured her asthma. Her weight came down to 120 lbs. from 140 lbs. and her body became agile and her skin soft and lustrous. After her treatment it rained heavily in Ahmedabad, clouds thundered and lightning flashed and flared. For about a week

environment remained humid. Even in such she travelled to Dakor on car. She goes on walk daily. After her fast now two winter and two rains have passed without any fit of asthma. There is no likelihood of recurrence of asthma but even so she keeps on observing precautions and urine regularly.”

from *Miracles of Urine Therapy*, by Morarji Desai

## **ASTHMA**

Mister T. – 17 years of age.

“First asthma attack at the age of one:- – 'Flushy, cyanotic, gasping for breath. Attacks last for hours.' Change of domicile brought no relief. Daily attacks. Asthmatic deformation of thorax.

“12/10/45, Injection of 2 cc. fresh urine. No asthma until 8/11/45, after exertion. In the afternoon 2 cc. of fresh urine. Within five minutes attack ceases. Strong local reaction for 30 hours. 30/12, Starting cold, but with only very slight attacks of asthma. Since last injection no strong attack. 12/4/46. After renewed injection on 25/4 of 1/2 cc. of fresh urine, the attacks stop.”

from *Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions*, by Dr. Plesch <<<NOTE>>> **doctor's full name?**

## **ASTHMA**

Emma R. of Red Meza { Mexico }

"I did the method of Urine-therapy for 2 months. I did three days of fasting per week and several of my diseases like asthma, colitis left me, including body pains. Now I feel far better."

from *Personal Pharmacy*, by Gary Ward

## **ASTHMA**

Ma. of J. Jimenez { Mexico }

"I was cured of asthma and allergy. I have been drinking the Urine for 9 months from two to three times per day, and thanks to God already I am well."

from *Personal Pharmacy*, by Gary Ward

## **ASTHMA**

Boy Cristian Israel Chavez and Mrs. Ma. Guadalupe T {Mexico}

"We began fasting the 2nd of April after hearing the conference that same day. Near the 25th of April, my son got a cold after taking it, but thanks to him he now rid himself of asthma and thanks to God taking the Urine his cure came quick during the first month.

"To me when sleeping I hurt my left kidney, and the pain was so strong that I woke up in the middle of the night. Now, it no longer hurts nor is my bladder irritated like before. Thanks to that I could take my Urine as easy as my son."

from *Personal Pharmacy*, by Gary Ward

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## **B**

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## **BACK PAIN**

Guillermo C. Aguilera. Mexico.

"My testimony is that I have been drinking the urine for a month and half, because I had a sore back strong in my left hand and had a sharp pain. Thankfully now I no longer suffer any pain. It seems that I rejuvenated from drinking urine daily."

from *Testimonials of Patients Cured by Urine Therapy*

<http://paraisodelasalud.org/testimonios.htm>

## **BACTERIA (in Urine)**

"A 28 year-old woman complaining of frequent and painful urination. Laboratory analysis of urine sample revealed the presence of numerous colonies of colibacilli. Patient was given 4 injections of auto-urine, after which all symptoms and signs of the infection were completely ameliorated."

from *Urine Therapy*, 1935, by Dr. M. Garotescu

### **BALDNESS**

Maria Teresa And Santibanez {Mexico}

"For 2 months I have been drinking Urine without fasting. Two years ago I began with baldness and also had syndrome of arms and neck for 2 to 3 years to date. Also some other problems and cough because of smoking. Thank God that I encountered the book of Urine-therapy."

from *Personal Pharmacy*, by Gary Ward

### **BLACKWATER FEVER**

"An Army man (Major) found by natives in the backwoods, was in a state of delirium due to blackwater fever. They cured him by fasting him for 10 days, by the applying of packs and by inducing him to take his own urine, and plain water."

from *Urine Therapy*, by Dr. John O'Quinn

### **BLADDER INFECTION**

"4-month-old Antibiotic-Resistant Cystitis Gone in a Few Hours

"This particular lady had antibiotic related cystitis for 4 months (bladder infection that causes intense burning when urinating). She was really desperate because none of the antibiotics she took relieved the burning sensation. She even tried alternative remedies to no avail. A mutual friend told her to call me because she did not feel confident to explain the procedure or to answer all her questions.

"After talking to her for 45 minutes, answering all her questions and assuring her that I was not trying to sell her anything, she agreed to prepare and use the universal remedy the next time she went to the bathroom. I know some of you will have a hard time accepting what I am about to tell you, but it is true and you can try it. She started applying the diluted urine drops under the tongue every half hour and the next time she had to urinate, a couple of hours later, the burning sensation was gone."

from *Uropathy*, by Martin J. Lara

### **BLADDER INFLAMMATION**

"Patient, male, age 50 years, applied for treatment suffering with inflammation of the bladder and prostate...Upon rising from a sitting posture it was necessary to void urine within a minute. He had to get up at night five and six times. The usual remedies for such conditions gave little or no relief. It was then decided to treat him autotherapeutically. He was instructed to take a drachm of early morning urine a half hour before each meal.

"Within twenty-four hours his improved condition was so marked that he became alarmed thinking his recovery was too quick. [He stopped the therapy] and the pain and tenesmus (spasms) returned; he continued the treatment and improved greatly. He gradually improved and he is [now] apparently in good health."

from *Autotherapy*, by Dr. Charles Duncan

### **BLADDER STONES <<<NOTE>>> retitle & put with Kidney Stones category?**

Soila De Venegas {Mexico}

"On the 10th of May, 1996 became ill of the stones in my vesicle and I went into the hospital, but they did not alleviate the pain. Thanks to God with my urine I alleviated myself. With the Urine I brought out the stones. Of course I also avoided the operation. For that reason I am here with you and my parents."

from *Personal Pharmacy*, by Gary Ward

### **BLEEDING TO DEATH**

Mr. Tomas S. Antimo {Mexico}

"My work is very heavy. I was driving and had a very hard automobile accident. I had a front collision. I was bleeding and did not know what to do. I had metal sticking in all of my body. I was cut very much and the blood left my body with incredible force. I needed wisdom to do something immediately. I was about to die by bleeding to death. I implored God with desperation of my life.

"I then remembered that Dr. of Chemistry Sonia in a conference said that Urine is good for everything. I said in the name of God, help me and I started to put my Urine in all the wounds. When I applied it coagulated immediately. Soon the ambulance arrived about 15 minutes later and they transported me to the hospital.

"For one and one half months I remained in the hospital. While in the hospital I always took my Urine and only I did the treatments when they did not see, and my wounds closed without becoming infected. I thank God who saved my life by me applying my Urine. Now each day I continue taking it daily and I also have my hair on my head starting to grow again."

from *Personal Pharmacy*, by Gary Ward

## **BLINDNESS**

FAMILY GARCIA GOMEZ { Mexico }

"We are happy for knowing of this new alternative. My wife my Mother and my 12 Brothers and thirteen Grandsons [all] took the Urine. We are very healthy thanks to God.

"My brothers of 22 years say that they saw this therapy in the book, *The Water of the Life* and that is why they have followed the method. All people took Urine within their mother and this is something very sacred that comes from God and because of this, why would you not drink it.

"I began to drink it daily and in three days I can't remember when I slept so well. We have a sister who is Missionary in Colombia and she knows an ill person with Diabetes and problems of blindness that thanks to God already he recovered his vision. We are a family who we know many testimonies and we thank God for this knowledge."

from *Personal Pharmacy*, by Gary Ward

## **BLISTERS**

"A man from India had heat eruptions on his body. He decided to try auto-urine therapy without going to a doctor, and he began massaging his entire body with urine and drinking it once or twice a day. Yellow blisters appeared on his whole body. There was not even an inch of skin without pea-sized blisters. There was much pain in his hands and feet. He fasted with urine, and on the 6th day it got much worse. The urine seemed to have no effect on reducing the blisters. His friend helped with the massaging and the ripe blisters burst open, oozing white pus. He took a bath and cleaned his body. This relieved him a good deal.

"Within five or six days, pus was eliminated from all the blisters. His new skin appeared bright. His body became perfectly well and after a couple of days he returned to his usual work."

from *Manav Mootra*, by R.M. Patel

## **BLISTERS**

"In 1948 a man reported a severe case of blisters which appeared on his whole body. There was acute pain and sitting or sleeping was rendered difficult. He began applying

urine compresses over his entire body every day. This experiment was carried on for twenty days, and perfect health was the result.”

from *Urine Therapy*, by Dr. John O'Quinn

### **BLOOD CLOT**

“Mery Garcia, 55, was without apparent health problems. She began to drink urine out of curiosity, and after two weeks she had labor pains. She discharged an ugly-looking, egg-sized blood clot. She was not aware of any previous problem before the discharge. A week later she had a healing crisis in the form of a strong cold that lasted about three weeks. During this time she was discharging phlegm and mucus through the mouth and nose. I recommended that she eat raw garlic to accelerate the cleansing process. She wondered where all the phlegm was coming from, to which I replied that since she had been using antibiotics for more than 10 years, that phlegm had accumulated in her body. It took four weeks to cleanse her body.”

from *Uroopathy*, by Martin J. Lara

### **BLOOD CLOT**

“In the last five years, I have gone through three serious operations. I had many difficult illnesses including arthritis, rheumatism, glaucoma, high blood pressure, a blood clot that caused my leg to turn black from the knee down due to no blood circulation, pancreatic problems that caused a swollen tongue and an inability to take food properly. After drinking my own water for seven months, all the toxins in my body disappeared. I visited the doctor for a check-up afterward. He was shocked and surprised saying I was completely normal. It is a wonderful medicine. Once you know this information, you won't need any pills, vitamins, or hormone shots. It is a gift from God.”

from *Drink Your Own Water*, by Tony Scazzero

### **BLOTCHY SKIN**

“I have known about urine therapy for many years. My sister-in-law told me that as a teenager she had quite a blotchy skin on her face. As one of a large family she worked occasionally for neighbours, and one of these had a new baby, and Ivy helped the mother for a few weeks. The mother commented on her blotchy skin and asked had she ever tried wiping her face with a wet nappy of a newborn infant. The lady told her to try that, which she

did. By the time Ivy returned home some weeks later there was a very noticeable improvement in her facial skin. When I first met Ivy, her own children were small, and she had really clear skin. When my own babies were born she suggested I do the same, though I hadn't had very much trouble with my skin. I occasionally did the same and it does work.

"I am sure there are many ways urine has been found to be useful. It's been used (diluted of course) for hundreds of years as a fertiliser (sweet peas love it). My great grandparents came from Europe, and it is said they never wasted a drop!"

from *Urine: The Holy Water*, by Harald W. Tietze

### **BOIL**

"Bhagavanda N. Dhimar, D.M.E., lecturer at Polytechnic School, Bulsar, and residing at Dhimar Housing Society at Bilmora, had pioderma for the last eight years. He used to have boils all over his body and they were sometimes full of pus. He was not cured by doctors or even hospitals. He started Urine Therapy in August 1967, and continued it for two months. He used to drink two ounces of urine twice a day. He massaged his whole body for half an hour, twice a day for two months. He used to put urine-soaked pads on the boils. He had fasted for eight days in the beginning. He was completely cured."

from *Urine Therapy*, by Dr. John O'Quinn

### **BOIL**

"A resident of Sabarmati had a fourteen year old son, named Bharat. Some hard boils appeared on both sides of his throat, causing risk of his life.

"On the first day, Bharat very reluctantly took some of his own urine in a single draught, but vomited at once, from nausea, and some urine expelled. However, he felt less pain on that day. The next day, he took urine in great quantity. There was no vomiting and he had more relief. Consequently, he became hopeful of a cure. On the third day, he took six to ten ounces of urine without any hesitation. Within three days of Urine Treatment, he was completely relieved of pain. However, he continued the treatment for four to six days more and on the sixth day, the hard boils on both sides of his throat had disappeared. This successful end made both the father and son confirmed believers of Urine Therapy."

from *Urine Therapy*, by Dr. John F. O'Quinn

### **BONE FRACTURE**



“Despite foreboding on October 19, 1974 he travelled on a motorcycle with his friend and at 8 P.M. met with an accident as they were knocked down by a car that followed. The bones two inches above the ankle were fractured and his right elbow also got injured. He was at once removed to Chandigarh hospital. He right leg was placed in plaster after operation. For ten days he was in the hospital. In the same place two elbows injury was healed with application of auto-urine within one week.

When after 98 days the plaster was removed there were sores on the leg and it was swollen and immobile. At the suggestion of his guru Shri Jagdish Mishra he started massaging the leg with three-month-old urine for twenty minutes daily. Within six weeks he had 75 % recovery - wounds were healed subsided, leg became flexible and within further two weeks the leg was freely movable. It was further cleaned and on guru's advice he began drinking urine from February 1975. This gave his body activeness and his movement speed. He can move about the house with crutches.

He writes in his letter of 17-6-1975. ‘I have now stopped going in a rickshaw to my Bank. I take a city bus to work and on return I walk home. My movements also are faster now and the swelling too has considerably reduced.’

from *Manav Mootra* by R. M. Patel

## **BONE FRACTURE**

“On January 26, 1956 in a car accident both my leg-bones were fractured. There was a compound fracture about an inch below the right knee. The left also had similar but simple one. Both the legs from thighs to soles were in plaster.

After five weeks, plaster was removed, both the legs were found to be utterly, immobile. They could not be folded even at a slight angle. The knees pained with the slightest attempt at movement. Doctors opined that the fractures being at the knees it was difficult to get the legs moving. Left leg could as best move a little beyond 90°, and the right could be even less mobile.

Several visitors would come to inquire after my health and would suggest remedies. Many were adopted; two of which were prominent. First, to give steambath to both the legs in the morning and in the evening. The other, suggested by a well-wishing high official, was to *have* auto-urine treatment. He assured with emphasis that with urine massage both of my legs would be fully mobile.

I, therefore, started massaging with urine (kept overnight) for fifteen minutes daily in the morning; and after about is minutes I would bathe. As I was frightened with doctor's opinion I followed the treatment with firm faith. Had any defect remained in the legs. I would have been invalid to do my daily chores. But I am pleased to report that after 21 days of urine massage the legs could move freely. I can sit with folded legs and my heel can touch my thighs. Even doctors were much surprised to are my recovery. I wish others also are benefited with my experience."

from *Manav Mootra* by R. M. Patel

### **BONE FRACTURE**

"Pinky of 19 years, stays in Jammu. Her bones were so weak even in childhood that she would collapse on walking even a short distance. Bones of her arms, hips and legs had been fractured. She could with only on all fours. Her body had become very heavy. All current remedies proved useless.

The local urine therapist Shrimati Kala Jain put her on a nine-day urine fast. For two-three weeks Shrimati Jain herself gave. her daily urine massage for an hour and a half. She took urine five of six times daily. She eschewed whatever was shunned by urine therapy. Mostly she took vegetables and fruits. She was cured beyond expectations within three months. Her heaviness was reduced. Her fingers could move freely in and out. Now she can walk about without any support. She can even work with her hands, She has continued her practice of the invaluable remedy *shivambu*, i.e auto-urine therapy."

from *Manav Mootra* by R. M. Patel

### **BRAIN SWELLING**

"In the case of a woman who developed severe swelling or edema of the brain after the surgical removal of a small brain tumor:

'On the fourth postoperative day, she developed signs of increased intracranial pressure. In the course of a few hours, she became progressively lethargic and then suddenly she became unresponsive...Her pupils became dilated and fixed, her systolic blood pressure rose...Preparations were underway to take her to the operating room for the removal of a bone flap.

“Urea was administered intravenously as an emergency measure. Within 20

minutes from the start of injection her blood pressure had returned to normal and her pupils began to react...to light. From this time on, her recovery was uneventful...

“In this case, urea was definitely life-saving, because prior to its administration the patient was in critical condition and her survival until surgical decompression could be done was unlikely...

“In many similar instances urea was found to be life-saving.' ”

Urea—New Use of an Old Agent, 1957. Report #18 Symposium on Surgery of the Head and Neck.

<<<NOTE>>> who is the author^^^?

## BRAIN TUMOR

"The researchers commented on the urea treatment of another patient who had a brain tumor surgically removed but developed another massive brain tumor three months later:

'...the patient received 256 ml. of 30 per cent urea. The bulging mass ...had completely disappeared by the end of two hours.' "

Urea—New Use of an Old Agent, 1957. Report #18 Symposium on Surgery of the Head and Neck.

## BRONCHIAL ASTHMA

“A case of bronchial asthma improved in a four days' fast on urine, when a three weeks' fast at a well-known Nature Care Home had utterly failed. After every drink of urine a wad of mucus was discharged. The last day of the fast produced such a clot of mucus that the patient went out and tested his breathing by walking up a hill. Experiencing no difficulty, he immediately returned to work.”

## BRONCHIAL ASTHMA

“Mr. E.E. age 37. Discharged for the Navy for bronchial asthma, from which he had suffered since the age of 14. The sea life seemed to make the trouble worse. He was disturbed each night at least four times in order to use a medical spray and dared not go to the movies without it for preventing loud coughing. Within three months, during which he drank urine up to three or four pints a day, and two short fasts of 36 to 40 hours each on urine alone he became so much relieved that he never thinks of taking his spray to the

movies, nor does he wake up at night to use it. All fear of his trouble has left him, and his general health is vastly Improved."

Urine Therapy by Dr. John O'Quinn

## BRONCHIAL ASTHMA

Octavio Moses F. Nuñez:

"I'm 16 years old. I've been sick with bronchial asthma for 12 years. I went to many doctors, including in the town of Aguas Calientes. Whenever I went out without a coat or sweater, I came back sick. I could not go anywhere, and in each time it happened, I would be sick in the hospital for 1 to 2 weeks. One day, they brought me a naturopath. Were it not for my urine I would be in the hospital right now, because it's spring and the pollen of flowers affects me. I give thanks to God for Urotherapy."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## BRONCHITIS

Mr. Ricardo de J. Cortis Godinez { Mexico }

"I cured myself of chronic bronchitis, rheumatism, insomnia, stress, my character also improved and my access fat which I had in my neck for 10 years is gone."

World-wide Case Histories of Urine Therapy by Gary Ward

## **BURN ON HAND**

"Her niece Manmohan Kaur got her hand scalded with her tea. Applying urine twice or thrice at night to the affected part cured it completely. It did not leave even a sign."

from *Manav Mootra* by R. M. Patel

## BURN ON HAND

A fourteen-year-old daughter of one of my friend was preparing tea. In the process somehow boiled water fell on her left hand and it was burned badly. My friend brought her to me. Skin was badly scalded and full of blisters. I advised him to use wet pack of urine and to drink urine once or twice a day. Within five days her hand was normal.

Miracles of Urine Therapy by Morarji Desai

BURNS, SECOND DEGREE

Mrs. B. New York

"One day I wanted to make sure my iron was turned off before I left the house. So I checked the iron surface with the palm of my hand, expecting it to be cold. To my surprise, the iron was very hot Unfortunately, the damage was already done. I burned my hand with at least second degree burns. It was very painful, to say the least.

Then I remembered that some weeks earlier I had stored away a bottle containing urine. I got that old urine from the bottle and covered my burns with it. The pains soon left. A few hours later, My hand looked and felt as if nothing had happened to it. No blisters, no scars, no redness. The effectiveness of this simple but powerful liquid is amazing."

World-wide Case Histories of Urine Therapy by Gary Ward

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CANCER

Eliass Quispe { La Paz, Bolivia } Friday, November 24, 2000

"I am initiating in this field by necessity since my mother is diagnosed with cancer. By a photocopy of a book that treats this subject I moved myself to apply this therapy with her and I now give to faith and testimony that this is effective. My mother was very weak and after ten days she feels fortified in her physical. I see her with future life. I believe THAT THIS GIVING RESULT IS GOOD."

World-wide Case Histories of Urine Therapy by Gary Ward

CANCER

"Shri Pukhraj Kucheria informs from Daman (Dist. Bulsar) that he applied urine treatment on two patient of cancer and T.B. and he could achieve success in both the cases."

Manav Mootra by R. M. Patel

## CANCER

The following is a reaction from Stanislaw R. Burzynski, scientific researcher and discoverer of the anti-cancer substance Antineoplast, to the Urine Therapy Centre in Ahmedabad, India. He discusses the possible link between Antineoplast and the positive results of urine therapy as it is applied in India.

The main interest of our research are the compounds which we have named Antineoplast. They have very potent anticancer activity without causing any harm to the normal human tissues. In the last year we were able to treat successfully 14 different types of human cancers including bladder, colon, tongue, breast, lung, ovarian and uterine cancer- all of them with metastases to distant organs, even to the brain. The result of these studies are in press now. Antineoplastons, which chemically are medium sized peptides, are produced by healthy human tissues and are present in blood and urine. At the present time we are isolating them from normal human urine. The concentration of Antineoplastons in urine is very small and usually it is necessary to process 29 gallons of urine to obtain a daily dose for one patient. This amount of the medication is dissolved in a very small volume and given the same way as Insulin injections.

We were able to have complete remission in four to six weeks in medium advanced cases. At the present time we do not see any adverse reaction. It is my great pleasure to know that in India you have good results with auto-uro-therapy, because it may support our theory. Western medicine took a lot from Indian folk medicine. We are glad to know that our therapy may have the links with natural treatment done for centuries.

(From: Manav Mootra, Raojibhai Patel, Ahmedabad 1991)

## CANCER OF BREAST

“ A young patient was in an advanced stage of breast cancer. It presented a horrible sight, and the stench was indescribable. It was thus the patient came for advice. The doctor suggested that she should apply a two- ply lint compress saturated with her own urine to the deep wound, to be left on until dry and then removed, the last one to be applied just before retiring for the night.

The ultimate result was indeed very remarkable in that the dreadful, revolting smell vanished in a few days, much to the astonishment of her cancer specialist in London, as well as to the patient herself.”

Urine Therapy by Dr. John F. O'Quinn

#### CANCER OF BREAST

"I will now give the case history of Mrs. R. She was in her early forties at the time. Condition - anaemic, under average height, below normal weight, lump about the size of a hen's egg in one of her breasts. Diagnosed as cancer by the late Dr. Rabagliati, an immediate operation was urged, but firmly refused. She fasted on urine and drank 2 1/2 pints of cold tap-water daily. Her husband massaged her from head to foot with his own urine for two hours a day, and packs wrung out in urine were placed over both breasts day and night.

She was cured in ten days. She returned to Dr. Rabagliati on the twelfth day after the last visit to him, and he could find no trace of abnormality in the breast. Anaemia had vanished also, and the patient had been restored to perfect health."

Urine Therapy by Dr. John F. O'Quinn

#### CANCER OF BREAST

Martha Cecilia H. Sanchez. Mexico.

"I had cancer of uterus in third degree and a lump in the right side of my breast. I had disastrous results. They said that it was malignant and they were going to amputate the breast.

To the Glory of God, here I am writing. Blessed and praised be it forever. I drank my urine for three months and I felt like a new woman. My symptoms and lump totally disappeared, thanks to God."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

#### CANCER OF BREAST

"A young woman had developed a growth in her breast. She was put on a diet of her own urine plus tap water and used urine compresses. In a short time, four days, the growth had entirely disappeared."

*Drink Your Own Water* by Tony Scazzero

## CANCER OF BOWEL

"A lady of sixty-two was diagnosed to have cancer of the bowel. A colostomy was advised by the professionals, but was refused. Her weight was under eighty-four pounds and rapidly wasting away. She was cured in three weeks, and at the date of this writing is eighty-four years old."

Urine Therapy by Dr. John F. O'Quinn

## CANCER OF BOWEL

Ms. T.A., Australia

"In 1988 I myself had cancer in the bowel, liver and lymph system. For the cancer in the bowel I had three operations within three months, after which I was only skin and bone. For the liver and lymph glands I was offered chemotherapy, which I declined. All the anaesthetics, antibiotics and postoperative drugs had weakened the immune system to rock bottom, and because of this I had already started to lose great bunches of hair. I had asked God, in prayer, to bring me anything I needed to get well again, and the very next morning I was given by a friend a "Water of Life" book, which in medical terms is urography or urine therapy, written by J.W Armstrong. Such is God's immediate response! I thanked the Father within me, and I knew that what I had read would totally heal me, if I now applied it to my own situation and condition. I decided not to tell my doctor or anyone until I felt totally healed. I did not want any discouragement or negative influence. I kept up with meditation and relaxation, my usual wheatgrass juice, mixed with lettuce juice to make it more palatable, and other veggie juices. Plenty of salads and greens, no meat, no cooked foods, no dairy products, oils or fats for three months, to heal the liver. Daily rubbings of my whole body, including hair and scalp, with urine. As J.W Armstrong wrote, and as the Bible says, "Anoint thy body!" The skin is an absorbing organ for the lymph glands. I would do this in the afternoon, and shower the next morning. I also drank my own "Water of Life" in between meals, early morning and during the night, up to seven glasses per day.

Nine months later I went to the doctor, looking and feeling well, which was a great surprise to him. He thought I had already died. A blood test showed no remaining trace of cancer any more."

The Golden Fountain by Coen van der Kroon

## CANCER IN BLOOD (LEUKEMIA)



Edelmira Manriquez { Michoacan Mexico }

"My name is Edelmira Manriquez. I live Santoyo and in the street Cuautla, Juarez Colony in Morelia, Michoacan, Mexico. My telephone is----- . I want to make public my testimony. My Celestial Father again gave the opportunity for me to live. I am a Leucemia patient (Cancer in the Blood). In March of 1999 the last of the my three children" Lucia" I gave her birth. I noticed that a muscle grew of considerable form in my abdomen. I returned to the doctor. He began to examine and between analysis, ultrasounds, x-rays, studies of bone marrow and others; they finished diagnosing " LEUKEMIA" to me . According to the doctor, my problem took but of a year. As it is logical, the tears came and other thousand questions.

I initiated fasting and I dealt to face my disease with vengeance. That disease was mine and it would be with me all the way that I had left of life. One night I woke up contents. I deduced that during my dream my Celestial Father close remembered that he was part of me. I put myself in his hands and I entrusted much to my family above. That night I found half of my strength and other half I obtained it when I finished reading the book of Urine Chemistry by Sonia Rodriguez. Two friends of mine also read her book.

After reading the book, the 19 of September of 1999, at 9 in the morning, I did the first taking of my Urine promising to my Celestial Father that I will take it by everything what I had left of life. I also chose to leave all medicines. I did not doubt at any moment, what I had to do. I mean to them that my hemoglobin was very low (6 mg/ml) and that the number of 270.000 leukocytes was above of pox milliliter (normal level: 5.000 to 10.000 leukocytes by milliliter.) In addition I received very high doses of oral chemotherapy and other medicines like the interferon and many others. At the moment my leukocytes are normal and I am alive happy with my family. Everything was a slow process relatively (5 months), during which little by little I was feeling better. Every time with force my appetite and desires to live grew.

Urine is the first wonder of the world. Like medicine for the health it is a gift that God the Father donated to us because he does not want disease with us. He wants always to be happy. With Edelmira affection."

Edelmira Manriquez Santoyo Morelia, Michoacan Mexico  
Thursday, February 01, 2001

World-wide Case Histories of Urine Therapy by Gary Ward

CANCER OF BREAST

“A lady of forty-two years old was diagnosed to have cancer of the breast. Excision was advised, to be followed by a strict regime, but only a faint hope of a cure was offered by the profession. The patient refused the operation. A complete cure was facilitated by the fasting-urine method.”

The Water of Life by John Armstrong

## CANCER OF BREAST

Mrs. Graciela P. Solis {Mexico}

"In August of 1995, they detected a tumor in my left breast, they operated on me and it was cancerous of which 13 ganglia were malignant and 7 benign. They applied chemotherapy and radiation later. In January of 1996 new cancer extended to the bones of pelvis. I began to take Urine and at the moment I am better. Thanks to God and Mrs. Sonia who put it in my path."

World-wide Case Histories of Urine Therapy by Gary Ward

## CANCER OF CHEST (Adenocarcinoma)

"I was officially diagnosed with Adenocarcinoma (cancer) of the chest with possible infiltration of the left lung two years ago. Soon after I was diagnosed, I was hospitalized because my lung had filled with fluid and collapsed. I was in a desperate struggle to stop the production of the fluid, in addition to which I was terribly constipated and uncomfortable.

Then I came across information on this particular natural therapy. As soon as I had ingested the [fluid] it was miraculous. My bowels immediately began to move again. The relief was incredible and the fluid production in my lung also subsequently soon died down to the doctors' amazement. They had no recourse but to remove my chest tube. They wanted me to consider chemotherapy, radiation or surgery but I refused and signed myself out of the hospital.

Needless to say I am still here after two years even though my parents were informed I had only four months to live after the diagnosis. I had used a number of holistic approaches (colonies, herbs, etc.) but to be perfectly honest I know it was the internal and external use of [this fluid] which has saved my life."

— Mr. R., New York, Your Own Perfect Medicine by Martha M. Christy

## CANCER OF GALLBLADDER

"52-year-old woman with jaundice (serum bilirubin 11 mg.%). Melon-sized tumor in the right epi- and mesogastrium; exploratory laparotomy revealed advanced cancer of the gallbladder with metastases to the liver, cecum and transverse colon.

After 5 injections of the urine extract, there was shrinkage of the tumor, reduction in size of the liver, bilirubin dropped to 1.6 mg%. Within 10 months of follow-up examinations, the patient exhibited no symptoms; on rare occasions, stomach upset occurred after dietary irregularities."

Therapeutic Results of the Use of an Auto-Urine Extract on Malignant Tumors, 1961, by Dr. Novak

## CANCER IN KIDNEYS

Mr. Gustavo L. { Mexico }

"Always I have been very ill. I have taken many medicines and never have I felt so good as now. They said me that my problem did not have remedy. I went to the hospital in Guadalajara and they said to me that my kidneys and urethras are not seen in the x-ray. I had only a few days of life left because the problem of Cancer was very advanced. I felt very sad, depressed and then somebody gave me a book from Dr. of Chemistry Sonia Rodriguez and I started with the therapy.

Thanks to God I did start and for two years of taking the therapy every month and for surprise of the doctors that took care of to me. I am very ready for work and I made my life normal and productive."

World-wide Case Histories of Urine Therapy by Gary Ward

## **CANCER OF LIVER**

"Mrs. Champa Devi is a widow of Jeera. She is 57. She came to me on 11-5-1974, suffering from tumour of the liver, diabetes and blood pressure. A thorough check-up-revealed that her liver was assailed by cancer. She had undergone treatment at the Rajendra Hospital, Patiala for five months. She was discharged by the doctors as a case beyond medical cure.

She was relieved of all her complaints after a couple of months of regular auto-urine

treatment. Her eyes that were yellowish and swollen due to the disease came to their normal state by washing with urine. She is now completely cured.”

from *Manav Mootra* by R. M. Patel

## CANCER OF LIVER

"Friends. Had I not stumbled upon U. T. eleven years before, my family members and friends would have been mourning my 11th death anniversary!

In the year 1984 when I was 42 years old the doctors of the prestigious Tata Memorial Hospital, Bombay diagnosed that I was suffering from liver cancer of last stage. Prior to getting admitted in Tata Hospital I was treated by several well known Allopaths, Homeopaths and even Ayurvedic physicians for several months, but my health went on deteriorating day by day as I couldn't eat any thing; as a result of which my body was reduced to a mere skeleton weighing 40 kg. against my original weight of 62 kg. Doctors of Tata Hospital had advised me to go for Chemotherapy and thereafter Radiation therapy as a last resort. I shuddered at the very thought of those dangerous treatments as I had seen with my own eyes the miserable and painful conditions of my few relatives and friends who had undergone those horrible treatments. I prayed God to save me from this dangerous predicament.

And, as if God heard my prayer and sent his messenger in the form of one Mr. Nanubhai Chitalia whose incredible recovery story of terminal liver cancer had been published by numerous news-papers and magazines. He had miraculously recovered from liver cancer by U. T. and had healthily survived for more than ten years against the physicians' prognosis of few days!

He came to meet me in Tata Hospital to inspire and guide me to do U. T. instead of opting for harmful dangerous treatments. I gathered courage and: took voluntary discharge from Tata Hospital against medical advice and doctors' warning that I won't survive for more than ten days if I didn't undergo. the proposed treatment.

Being a book-seller by profession I had read few books on U. T. but I had never thought of practising it. I made up my mind to follow U. T. as a last resort. I started drinking 1 1/2 to 2 glasses of Shivambu in the morning and within few days my mouth ulcers were cured and the blood that was coming out from my tongue and gums also stopped! This was not a small achievement for me. I felt great relief as I had suffered these afflictions for several months in spite of spending thousands of Rupees on its treatment. This gave me added confidence and inspiration to do U. T. treatment more systematically and intensively.

I started drinking whole day's urine around seven glasses and in between I drank ample water, herbal tea of Tulsi Pudina, Carrot juice, Cabbage juice, Vegetables soups,

fruit juices at an interval of an hour. After one month of treatment there was considerable improvement in my general health, and at the end of three months a strange incident occurred. Along with the stools I passed few tumor like substances which I collected and sent for pathological examination. In the report it was mentioned that those were the malignant tumors that might have got separated from the liver ! Thereafter there was fast improvement in my health After six months I went for check-up to the Tata Hospital and to the amazement of my physicians I was declared totally normal and healthy!

Today after eleven years of my recovery from deadly disease I am having extraordinary health and stamina which I had 20 years before! I have become a legendary personality amongst my friends, relatives and wellwishers!

From my own experience I confidently declare that cancer can be certainly cured by Urine Therapy if done systematically.

I am attending Shivambu Seminars without fail and narrate my incredible story to inspire the audience to follow U. T. before it is too late. Anybody can approach me for guidance. Jai Shivambu!

from *Shivambu Geeta* by Dr. G. K. Thakkar

## CANCER OF LIVER

“Diagnosed with metastatic cancer of the liver, complicated by hepatitis, she was sent home to die. She drank only her first morning urine and used it externally, no fasting. After ten days, she went back to the doctor feeling much better. The doctor could not believe she was alive. Within a few weeks she was working again.”

*Drink Your Own Water* by Tony Scazzero, p. 80

## CANCER OF LIVER

"A 60 year-old woman with metastatic malignant tumors in the epigastrium and liver was treated with the urine extract. After 4 injections, both subjective and objective improvement was noted, as corroborated by radiological x-rays showing marked tumor reduction.

After six weeks, there were no obstructions noted in the upper abdomen and the liver was normal. Two years have passed since the treatments and there has been no further incidence of the cancer."

Therapeutic Results of the Use of an Auto-Urine Extract on Malignant Tumors, 1961, by Dr. Novak

## CANCER OF NECK

“A Jain monk, 45, was suffering from cancer. He had a tumor on his neck. In Bombay, he had been treated electrically, as a result of which the tumor disappeared but reappeared on the other side. Intense coughing was also present. The doctor treating the monk had named cancer to be the cause. The doctor also advised him to go to Tata Hospital in Bombay. Before he was to leave, he was informed about Urine Therapy. The next day, he started drinking all the urine passed during the day and also fasted. With the drinking of urine, his body became light and soft. The cough disappeared in three days. As a result, his faith in Urine Therapy had increased. He continued drinking urine. Some days later, the monk had clear motions and sound sleep. The urine maintained his strength during the period of fast. The monk was fully relieved of his trouble with this treatment, without the rubbings. The monk still lives and travels in Gujarat and has no trouble whatsoever.”

Urine Therapy by Dr. John F. O'Quinn

## CANCER OF OVARY

“A woman with metastasized ovarian cancer claims that she cured herself using the universal remedy, ingesting a few ounces of urine every day and using the rectal-implant-syringe to clean-out the bowel regularly. Though six months passed before her doctors confirmed that she no longer needed surgery and chemotherapy, she was very happy to discover a free, safe, and simple holistic procedure. These options helped her avoid allopathic medicine's way of dealing with her condition which only offered a 50/50 chance to live another 5 years or more.”

Uropathy by Martin J. Lara

## CANCER OF PROSTATE

Consuelo MS. Mexico.

"An uncle of mine who lives in Hermosillo, Sonora, is a cardiologist. At the age of 65 years was cured of prostate cancer.

He had lost all hope in chemotherapy treatments. We gave him the book "Water of Life". He did urine fasting for two weeks and felt much better. This happened in 1992. He continued taking it, and he is in good health and fully cured."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## CANCER OF PROSTATE

"Howard Cohen, a computer consultant from Palo Alto, said that his twice-weekly "smoothies" made with breast milk and fruit had helped put his prostate cancer into remission and allowed him to avoid more invasive treatment, such as surgery.

Mr Cohen first took breast milk after he was diagnosed in 1999. His wife read an article about Swedish research on breast milk and cancer cells. A friend who was breast-feeding at the time gave him some of her milk, and Mr Cohen found that his levels of prostate-specific antigen, a warning sign for prostate cancer, dropped back to normal.

His urologist was sceptical but not opposed to Mr Cohen's self-treatment so long as it had no adverse effects.

Mr Cohen has undergone regular blood tests and screenings in the past two-and-a-half years and there have been no signs of cancer"

<http://www.telegraph.co.uk/news/uknews/1481302/Adults-turn-to-breast-milk-to-ease-effects-of-chemotherapy.html>

## CANCER OF STOMACH

"Shri Dinubhai R. Joshi (Advocate, Bombay High court) made a statement in Malad Seminar on urine therapy that on his advice a friend was cured of his stomach cancer, another of his throat cancer and some friends of their small or big ailments by urine therapy. He emphasized the fact that there were many a people who take advantage of this therapy but do not dare to declare its benefits openly."

Manav Mootra by R. M. Patel

## CANCER OF STOMACH

“The first patient of cancer of stomach was treated by urine application directly under my guidance. Shri Mafatlal Chandulal Shah is the member of the municipality, Palanpur. His three years old son Subhash fell a victim to cancer. Shri Chandulal Shah adopted urine treatment and was able to avoid the untimely death of his dear son. In his letter, dated 22-4-1961, he writes to me :

Last year my younger son Subhash fell ill. He had a tumorous cancer in his stomach and pus in his testicles. The testicles had to be operated to remove pus. But the wound of the operation would not heal. At last I had him examined in Tata Hospital at Bombay. Mr. Borji, a doctor of this hospital, examined him and after giving X-rays diagnosed that there was tumour of cancer in his stomach. The doctor further opined that the patient would have to be subjected to deep X-rays on his stomach and testicles.

In the newspapers, I had read about urine therapy. I decided to try the same. Following the kind advice of Shri Popatla Zaveri and the instructions given in the book Manav-Mutra, I kept Subhash on fast for two days only. During the fast, he was given to drink boiled water and all the urine he passed. His entire body was rubbed with his own urine every morning and evening. After four days, boils appeared on his head and the rest of the body. Pus oozed out of the body. Pieces of cloth soaked in urine were applied. After seven days' treatment, the wounds were healed up. He was given very light and easily digestible diet. Drinking and rubbing of urine continued daily. Consequently, the wound on his testicles was healed too. The urine treatment continued for one month and he was completely cured.

Now there was no trace of tumour in his stomach. He was then examined by the doctors who reported that the boy had no disease. The experiment however continued. After one week our doctor accompanied me and Subhash was examined in the general hospital at Nagpur. His blood and urine were tested. They declared that Subhash had no cancer at all. He now hale and hearty.”

Manav Mootra by R. M. Patel

## CANCER OF THROAT

“ S.C. Champaneria is a resident of Bulsar and is sixty-two years old. He developed throat cancer in 1962 when he was in Africa. His throat was quite sore. He knew the uselessness of allopathic treatment in cancer, so he began Urine Therapy on September 22, 1962. He used to drink urine three times each day and apply urine packs on the throat tumor and place urine drops in the ears. In one month he completely cured himself of cancer.”



Urine Therapy by Dr. John F. O'Quinn

#### CANCER OF THROAT

“Sant Kalasinhji, age seventy-five, suffered from asthma. Thereafter, he expectorated blood with his cough. Doctors believed that it was due to cancer of the throat. There was a small wound in the throat and it emitted a very bad smell. Urine-soaked cotton was placed on the wound and was changed every three hours. He got some relief. He was given urine acid to drink under a pretext. After two months, the bleeding stopped. The doctors diagnosed that he was fully cured.”

Urine Therapy by Dr. John F. O'Quinn

#### CANCER OF THROAT

“ A Harijan woman was emitting blood through the mouth even in ordinary coughing. She was hospitalized more than once but with no improvement. Doctors believed that she had developed cancer of the throat. She was given Urine Treatment under pretext for three days. The bleeding stopped at once. After coming to realize the remedy, she drank urine willingly and rubbed it on her chest for forty days and cured herself completely. She is now quite healthy.”

Urine Therapy by Dr. John F. O'Quinn

#### CANCER OF THROAT

Dr. V.P. Mehta, Mumbai

"I am a qualified and experienced medical doctor with the highest degrees both in medicine and surgery. On March 12, 1986, I was diagnosed with cancer of the ary-epiglottic area (throat) with enlarged cervical lymph nodes. After receiving chemotherapy and a course of cobalt therapy I was to be operated on.

Between August and October I tried Urine Therapy. By October 5, 1986, my disease was under control and the proposed surgery was canceled. I have not only recovered in a medical sense, but I am also leading a fully active professional life. In other words, even the quality of my life has improved. I feel the same zeal which I felt 30 years ago."

World-wide Case Histories of Urine Therapy by Gary Ward

## CANCER OF TONGUE

Hashmukh G. Panwala (1676, Sevkani wadi, Khadia, Ahmedabad-1} provides an excellent case of cancer-cure by urine therapy:

"About a couple of months ago, I had to consult eminent doctors and specialists for the treatment of my father. He was said so suffer from malignant tongue cancer. Being in the employment in air-lines, I had a mind to take him to Switzerland, but it was considered to be of no avail. However in my over-enthusiasm, I did manage to give my father some deep X-rays, numbering about four courses, but despite this the shooting pain did not subside even for a while.

As I had an occasion to try urine therapy for my own chronic cold trouble in 1957, I suggested to my proposal. He started the treatment, commencing with ten days' fast. Soon after, amazing relief was noticeable, even though the pace of progress was very slow. I thought it was advisable to consult Shri Raojikaka. He suggested to begin the treatment again commencing with four days' fast and after the fast, to continue the treatment of urine therapy while taking special care about food. Salt, sugar, milk and other things were totally forbidden. My father followed the regime religiously. I was also carefully watching the progress.

When I consulted the doctors and surgeons again, I was told that something miraculous had happened to my father inasmuch as his cancer was cured 75% in one and a half month.

I was over jubilant to hear this and was anxiously waiting for 100 percent cure. Lastly some ten days ago, I went to an eminent doctor with my father for check-up. According to his opinion, the cure was almost complete and the patient might be feeling that he was completely cured."

*Manav Mootra* by R. M. Patel

## CANCER OF TONGUE

"C.H. Patel, age fifty-one, had developed cancer on his tongue. A co-worker had asked Patel to try Urine Treatment for his cancer. In due course, he met with success and got rid of his trouble."

Urine Therapy by Dr. John F. O'Quinn

## CANCER OF TONSILS AND THROAT

### Bill's Journey using Human Milk Therapy for Throat Cancer

#### The Milk of Human Kindness: Human Milk Therapy

Written by Cheryl Scott RN, PhD, IBCLC

Rudolph Ballentine, MD, in his book Diet and Nutrition, states: "In many cultures, milk is, in fact, a symbol of the willingness to give, to sacrifice, and to put the welfare of another above that of oneself. Expressions such as "the milk of human kindness" are to be found in many languages.[1]

As a lactation consultant for the past 15 years, I find myself in continual awe at the special qualities a mother's milk provides to her baby. Much is known about the nutritional and protective qualities of human milk. Human milk provides antibodies and other protective substances for both a mother's child as well as adult recipients. Recently, I have discovered a new dimension, a deeper look at the unique sacrifice and gift of life breastfeeding women provide for humans, big and small.

#### Personal Benefits Bill Experienced from Donated Human Milk:

- Protected and supported his immune system
- Natural Tranquilizer: Assisted him to sleep soundly after his doses
- Healed his bed sore (secondary to severe malnutrition) within 4 hours
- Destroyed his cancer cells
- Minimized mucositis (sores in throat and oral region from radiation)
- Supported his T cell count and leukocyte count during chemo & radiation safeguarding Bill during his hospitalizations from nosocomial infections
- As of April 2013: He is cancer free for over 2.5 years! His doctors are amazed and happy at how strong and lively he is!

This story began in July of 2009, when my Sweetheart, Bill, was diagnosed with Stage 4

Tonsil cancer, which had metastasized throughout his throat. Initially Bill sought surgical treatment from the Mayo Clinic using a robot to remove 7 tumors in his throat. Despite the reputation of an 80% success rate with the Mayo Clinic's trans-oral robotic surgery, 1 year later, we received a new diagnosis of 4 more aggressive tumors in his throat and base of his tongue. The most troublesome tumor was very large and was encasing his carotid artery. This explained Bill's frequent episodes of passing out. A second surgery was not an option for Bill since his blood flow to his brain was strangulated by this very aggressive tumor. Bill's only hope from his new doctors was aggressive radiation and chemotherapy. Bill had already been utilizing about 10 holistic anti-cancer protocols, which strengthened him, however these holistic methods did not stop the post-surgical metastasis of his tumors.

Bill's physicians mapped out a very aggressive radiation and chemotherapy course as his last hope to destroy the cancer and restore proper blood flow to his brain. Sadly, the toxicity from radiation and chemo made Bill very, very sick. Thankfully, the doctors had placed a feeding tube called a peg tube into his stomach since his throat would be too swollen to eat for months. However, he threw up the formula that was fed through his feeding tube as well. We tried every type of anti-nausea medication under the sun without any relief. He soon dropped his weight from 175 to 115. It was so sad to see this vibrant, strong man reduced down to skin and bones. I feared the treatments might kill him before the cancer. And then a miracle happened.

I received an email from a colleague of mine, a nurse who works at the same hospital where I work. She wrote: "Just thought I would offer some breastmilk for Bill and his n/v. I could donate and I think I would be able to get some other donors as well. Obviously I'm not sure about what the total volume would be but we could try. Let me know and I will start a milk collection campaign." Blessings, Jackie

My friend and colleague, Jackie was breastfeeding her 8-month-old baby and was blessed with the ability to make more milk than her baby actually needed. She told me she was just about ready to stop pumping at work since her baby had more milk than he needed at home. However, when she heard of Bill's trouble with keeping any food down, she wanted to offer her milk, knowing the immense healing properties of Mother's Milk. She said she would be more than happy to continue to pump when she was at work and she could split her milk supply between her baby and Bill. What a blessing!

I asked Bill if he would like to add Human Milk Therapy to his treatment plan and he broke down crying when he heard of Jackie's kind offer. The very next day, I was able to pick up Jackie's first donation of the Milk of Human Kindness. When we returned home, we

infused 1 ounce into Bill's GT tube. He didn't throw it up! It was the first time in over 2 weeks that he did not vomit what we placed into his stomach. We added another ounce and then another ounce to reach the therapeutic dosage range of 3 ounces of Human Milk which is the suggested dosage as an anti-cancer treatment. Bill was able to keep the 3 ounces in his stomach. A lot of rejoicing was going on in our household that day!

When Bill woke up the next morning, he had a small bedsore developing on the tip of his tailbone secondary to his severe state of malnutrition from his radiation and chemotherapy toxicity. I placed some drops of Mother's Milk onto the small bedsore and I was amazed to see the bedsore disappeared within 4 hours. That is unheard of! (When my late husband developed a bedsore in his frail state with his paralysis from his brain tumor, we were never, ever able to heal the bedsore despite a myriad of medications and concoctions from his doctors and hospice nurses. Once skin breakdown from malnutrition occurs, it is very hard if not impossible to stop the process.) I was ecstatic to see the healing power of mothers' milk at work once again!

God works in amazing ways! The day after I received Jackie's initial email offering her gift of breast milk for Bill's healing, I received another email from a lactation consultant who is in charge of Sacramento's WIC Breastfeeding programs. Amelia had an employee who was making an abundant amount of milk for her baby and had large amounts of excess breastmilk stored in her freezer. She asked if we would be interested in using some of her donated milk to help heal Bill! Again, there were tears of joy streaming down Bill's face from his grateful heart for these dear mothers who wanted to share their healing milk.

As a lactation consultant I had heard about donor breast milk used to treat cancer patients when I attended lactation conferences. It is known as Human Milk Therapy. The use of Mother's Milk to treat conditions such as immune deficiency and cancer is commonly known as Human Milk Therapy. However, I had never personally known anyone who used breast milk to treat cancer.

Bill received donations of human milk from three other donors, including his niece, Aleia. Through the generous donations of human milk, we were able to provide Bill with the recommended therapeutic dosage throughout his acute phase of aggressive radiation and chemotherapy. It was amazing to see the many health benefits for Bill's recovery from cancer.

I truly wonder if Bill would have survived the severity of the aggressiveness of his radiation and chemo if he had not had the life supporting properties of mother's milk. I remember one day, Bill was just released from the hospital for his severe nausea, vomiting,

malnutrition and dehydration. His oncologist told us to get Bill immediately to the emergency room if he spiked a fever greater than 100. Well, his first day home from the hospital, he became really red, hot, feverish, felt really lousy and his temperature was rising to over 100. We had just begun using human milk therapy a few days before, so I doubled his dose to 6 ounces via his GT tube and his fever came down within the hour and we did not need to take him to the emergency department. This was so wonderful!

Bill was in immense pain from the aggressive radiation to his entire throat region. He was on large doses of pain relievers to

We did not tell his doctors initially about using human milk therapy until Bill's third hospitalization for hydration and pain control. For a few weeks, the only nutrition he received was his IV fluids and human milk in his GT tube. He would throw up everything else up. At the end of his third hospitalization, the doctors began Bill back on a special formula to boost his calories. This is when we told his nutritionist about the doses of human milk therapy we were giving to Bill. She was fine with human milk therapy as long as we were not relying on this for his caloric needs. We assured her we were primarily using human milk therapy for it's anti-cancer therapy. The doctors and nutritionists appeared just fine with this.

Another great benefit we noticed human milk provided for Bill was the protective benefits to the sensitive mucous lining of his mouth and throat that were receiving enormous amounts of daily radiation. Bill's oncologist kept expecting large holes and burns in the back of his mouth and throat. He couldn't understand why his tissues weren't full of sores. We just smiled REALLY big at each of our visits with his radiologist who was so happy with Bill's progress.

The best news came at Bill's 3 month PET scan revealing Bill to be cancer free! This journey through tonsillar and throat cancer has been a very long, hard and painful journey for Bill, however the gifts of mothers' milk from each of these loving mothers blessed Bill and I beyond words. Our hearts are very grateful for the wonderful care Bill received from his health care team and the loving donations of life giving milk from these wonderful mothers.

PS Bill is now 3 years cancer free!

[1] Ballentine, Rudolph, Diet and Nutrition: A Holistic Approach, 1978. Pgs. 124-124.

[2] ADULTS TURN TO BREAST MILK TO EASE EFFECTS OF CHEMOTHERAPY by Michael Day, Health Correspondent, telegraph.co.uk

--- Written by Cheryl Scott RN, PhD, IBCLC

## CANCEROUS TUMOR

Mrs. Maria R. Sanchez { Mexico }

"I was healed of a cancerous tumor that I had. In three months THANKS TO GOD, I am cured and I feel very well. I ask everyone who believes in God to know that diseases are a disguised blessing, as Jesus said."

World-wide Case Histories of Urine Therapy by Gary Ward

## CANCER OF UTERUS

"Mrs. Surjit Kaur of Longodeva (Jeera, Dist. Ferozpur, Punjab), 33 years of age, was given up as a hopeless case of cancer by the Ludhiana physicians. Then she, accompanying her father, came to me on 3-3-1974. After examining her thoroughly, I told her, "If you undergo the treatment with faith and patience you will be all right."

I put her on fruit-juice, prescribed auto-urine drinking daily thrice and urine massage for an hour every day. She was restored to full health within three months' treatment."

from *Manav Mootra* by R. M. Patel

## CANCER OF VAGINA

"Mayadevi was having pain in the abdomen. Doctors ascribed it to complications in her menstruation. Treatment by them only aggravated her condition. On taking an X-ray print it was found that her vagina was infected. When she was operated upon at the Mission Hospital at Ludhiana it was found that she had cancer of the vagina and her life was in danger. She was therefore brought back to her own hospital.

I examined the patient and knowing the case history started auto-urine therapy. The wound of operation was covered with urine bandage. Within a few days she was cured. Now she freely moves about and even travels."

from *Manav Mootra* by R. M. Patel

## CANCER OF WOMB

“Shri Hans relates a case of the cancer of womb. A wife of small factory-owner had a small child and to avoid another pregnancy she had inserted a loop. She had leucorrhoea and so the after-effect of loop was very serious. She had now the cancer of the womb. There was no benefit from doctor’s treatment. So she undertook urine treatment. She drank auto-urine as well as massaged her back and abdomen and a douche of nim-leaves-boiled urine was given in the vagina. It was given twice a day. In 40 days she was completely cured.”

Manav Mootra by R. M. Patel

## CANDIDA

Ms. I.M., The Netherlands

"A year ago, I was constantly fatigued and sick, had little resistance to illness and was susceptible to every flu that went around. I regularly suffered from stomach cramps, neck and shoulder disorders and forgetfulness.

My general practitioner could not find anything wrong with me. I went to an orthomolecular doctor, who ran a blood test and discovered that I had fungus in my blood, including candida. The fungal infection interfered with my kidney and liver functions, the gall production was too low and there was too much calcium in my blood.

The doctor prescribed an anti-candida diet, nutritional supplements and vitamins. I had heard about urine therapy, and decided to try it instead I fasted on urine and spring water. Four days later, I had my blood tested again. My doctor was dumbfounded, as the fasting cure so clearly improved the quality of my blood. My immune system started to fight the fungus. New blood photos showed that the calcium was no longer present in my blood and that the intestinal flora had improved.

I continued the cure for three weeks and ate bread without yeast. vegetables and fruit and every morning I drank a glass of urine. I kept getting better, had much more energy and needed less sleep. After these three weeks I switched over to the anti-candida diet plus one glass of morning urine per day. I never felt better!

Besides the practise of drinking urine, what we eat is also very important, certainly in fighting candida disorders."

The Golden Fountain by Coen van der Kroon

## CARTILAGE

Lupita S. Castaneda { Mexico }

"I had problems of my cartilage. I am an athlete and I cried to tears when I realized I no



longer could run any more. So I began to take Urine for four months and I have felt far better little by little. Thanks to God I continue running."

World-wide Case Histories of Urine Therapy by Gary Ward

### CATARACT

"Doctor Amkamath Jetail, M.D., cured his own cataract by Urine Therapy. He had cataract in his eye, and by Urine Therapy, he got rid of it completely."

Urine Therapy by Dr. John O'Quinn

### CENTIPEDE IN EAR

"From my personal experience I know that any ear-trouble disappears with the drops of fresh or little warmed-up urine. I still remember an incident of my childhood, when I was a student of class eight. Once I was sleeping on a marble floor of a temple along with my brother and a friend, during night, a centipede entered into my ear.

I, a mere boy, was upset with the trouble. The gatekeeper of the temple told me - "Nothing can be done during the night. Put your urine into the ear and wait for the result till morning." My brother dropped my urine into my ear. In the morning I was frightened to see the centipede torn into pieces, sticking near the ear-lobe."

*Manav Mootra* by R. M. Patel

### CEREBRAL PALSY

"My daughter is adopted. Her mom drank and did drugs throughout the pregnancy. She was born 3 months early weighing 2.5 pounds. The Drs. said she'd never live to see 5. She's 22 today. She has many disabilities including Cerebral Palsey. The CP caused her to have no bladder or bowel control. Her bladder leaked constantly. So she was in diapers for 21 years. The start of 2012 I found The Water Of Life by Armstrong. After reading it I was convinced that UT could help my daughter. I was not able to collect her urine as she was in diapers. I had read somewhere that if a child is ill in a home there is no need to worry if you cannot collect their urine because the adults in the home will have what the child needs. Our bodies are compassionate and read what is needed. So I started putting shot glasses of my urine in her drinks. After 2 months her bladder no longer leaked and she

gained complete control of her bladder. After 2 more months she gained control of her bowels. She has now been diaper free for over a year. Since she has CP she uses an adult "potty chair" next to the bed. I keep it clean so that I can collect her own urine and now put shot glasses of her own urine in her drinks. I expect more healings to come but this is where we are now. Thanks for letting me share."

Letter to Andrew Norton Webber

### **CHEST PAIN**

"Shri Gurnam Singh is a big building contractor of Ludhiana (Punjab). He used to suffer from pain in the chest and the kidneys. He got himself admitted of the Gandhi Nature Cure Ashram. Falloura and underwent treatment for two months without any cure. The local urine therapist Shri Vijay Kumar Gupta, Advocate, advised him to adopt urine therapy. This he accepted and within 15 days got himself restored to health."

from *Manav Mootra* by R. M. Patel

### **CHICKEN POX**

"Dear Harald,  
Just a note to tell you of my experience with adult chicken pox in 1997 at age 32.

When it struck I knew of urine therapy and started using it within a day or two. I also used pine tar in the bath. After a couple of days I could definitely detect the benefits of taking urine as opposed to when I didn't take it.

The pine tar helped a little to abate the overwhelming skin irritation. But the urine seemed to help my whole body. I was able to cope much better.

I only got one round of skin eruptions which was possibly due to the early use of a "zapper". Overall I had a much less traumatic experience when compared to other stories of adult chicken pox.

As a child I had not had chicken pox. At the time of getting it as an adult I had been under acute stress.

Thank you for your help. You may use part or all of this letter in any promotion.

Yours sincerely, A.P."

Urine: The Holy Water by Harald W. Tietze

### **CHILDREN'S HEALTH**

"My grand-father was a village Vaidya. He used to prepare Ayurvedic medicines and distributed it among the people free of cost. Folks from nearby villages came to take his medicines.

Whenever there was an ailing child, my grandfather took him in his lap and as the child passed urine, gave him five to six drops to drink. Then he used to advise mother that if the child feels a thirst for water, she should give him his own urine to drink. That would eliminate the necessity of taking a child to a Vaidya and giving him some laxative. Urine naturally kept the bowels clean and consequently the child would never be ill.

Remembering my father's advice, I made use of auto-urine on my children successfully."

*Manav Mootra* by R. M. Patel

## CHOLESTEROL

Susana Ramirez de N { Mexico }

"I had several diseases as high triglycerides, cholesterol, diabetes, myopia, astigmatism, insecurity, etc. The Urine-therapy I started on the 5th day of February of 1997 after seeing a video of a conference in Guadalajara.

Eight days after I already felt better, very safe, very content and with a desire to work. I no longer returned to have pressure. Before, I did not see without lenses small letters and now I see perfectly without them."

World-wide Case Histories of Urine Therapy by Gary Ward

## CIRCULATION PROBLEMS

Juan Rafael C. Mojica { Mexico }

"I give this testimony I give for I am cured with the fasting of Urine-therapy. I thank God and to Chemistry for giving the person who came to present to us this wonderful therapy. I am 82 years old and my problems are: lack of circulation, sight and nerves. I lost a leg by bad circulation 8 years ago. I already began to have problems in my other leg. I was prone to have a cerebral stroke for which I was constantly Dizzy and losing my whereabouts. I was losing my sight and I was getting to where I could not walk.

I began with the therapy the 10th of December. I drank urine every day in fasting from noon

to night. Thanks to God I feel very improved, rather cured. The dizziness has never returned. As to my sight, I am recovering, and my leg responds to me perfectly. I use to take three types of medicines that I ingested 3 times a day, and now, no medicines and I feel like a 15 year old."

World-wide Case Histories of Urine Therapy by Gary Ward

## CIRRHOSIS

Nora R. Ramirez, Mexico.

My friend is 55 years old. Her name is Maria of the Angels. She had cirrhosis of the liver. They were ready to give her Interferon. She began Urine-therapy and in three months the astonished doctors asked her what she had done. It was not necessary to give her the Interferon and she is almost discharged."

World-wide Case Histories of Urine Therapy by Gary Ward

## COLD

"Shri Ram Pratap is a carpenter aged 45 years. For the last three or four years he was suffering from cold and occasionally ran temperature also. Even after a year's allopathic medication, it could not render him any complete or lasting relief from his ailment. It only aggravated constipation. So in 1974 he began to drink auto-urine daily twice or thrice and within ten days or so he was well. During treatment he had given up smoking hukah. Now occasionally when any complaint is felt he takes urine. He thinks urine to be the most beneficial for strength and energy."

from *Manav Mootra* by R. M. Patel

## COLD

"Kantilal B. Patel (Maninagar Ahmedabad) had a chronic cold. He was 58 when he undertook the Urine Therapy. For the last six years, sticky substances constantly oozed from his nose. He merely drank his morning urine constantly for seven months and was completely cured."

Urine Therapy by Dr. John O'Quinn

## COLD

“The grandson of a urine advocate continually suffered from cold and cough since birth. At birth he weighed only 4 1/2 pounds. The normal weight of a baby is 7 pounds. It can be said that doctors kept him alive by skill and injections. Up to the age of three, his cold and cough continued in all the seasons while he was growing up.

In spite of his belief in Urine Therapy, he could not get his grandson to drink. He used to turn his face away and say, "who can drink urine?" His mother soon began to rub the boy's body with urine. She rubbed regularly, and as a result of it, he was free from the attack of cold, cough and fever and had no re-occurrences regardless of the season.”

Urine Therapy by Dr. John O'Quinn

## COLD

Mr. R.L., The Netherlands

"Since I heard about urine therapy through Armstrong's book, I often used it for oncoming colds, the flu, throataches- and it worked!"

The Golden Fountain by Coen van der Kroon

## COLITIS

“His grand-daughter Tandeep Kaur is of 13 years. She was a victim of colitis in 1973. For two months she took western medicines and injections but there was no relief. At last for 15-20 days twice or thrice daily urine-drinking restored her to her normal health.”

from *Manav Mootra* by R. M. Patel

## COLITIS

“Wrong habits of eating lead many people to suffer from colitis either in the region of small intestine or the large one. Shri Yogindra Pankh, B.sc. (Agriculture), suffered from this very painful disease. He is an employee of Khadi Gramodyog Research Committee, Harijan Ashram, Ahmedabad. When allopathy and homoeopathy failed to cure him, he consulted Dr. Adal Beharam, M.D., of Bombay. The latter advised to adopt urine treatment which the patient did and was consequently relieved of his trouble.”

Manav Mootra by R.M. Patel

## CONSTIPATION

“Shri Pravinchandra Chunilal, aged thirty-six, is a businessman of Bombay (11 0/111, Swadeshi Market, Bombay-2). He had constant Constipation for years together and weighed only 90 lb. He was not able to insure himself only because of his underweight. He undertook urine treatment methodically and not only could cure his old constipation but could increase his weight up to 125 lb.”

Manav Mootra by R. M. Patel

## CONSTIPATION

“Shri Keshavbhai Makanbhai is a teacher in village Hajira, Surat. On the advice of his grandfather he treated his three children with urine for their ailments. After this incident he happened to read my book which confirmed his faith in urine therapy. He undertook urine treatment to get rid of his own constant constipation. Here is his account of his cure:

I started only with drinking urine on 10-4-59 and gradually increased to 5 oz. a day till 14-4-59 and gradually my constipation disappeared. On 15-4-59 I took urine once in the morning only. I was feeling very hungry indeed. My abdomen had become quite soft. My chronic constipation was removed by the above treatment Urine is the doctor of the farmers, my grandfather used to say. Constant constipation had badly affected my bowels and at times swelling appeared. For this I started again urine treatment on 5-11-59 for 15 days and I feel myself quite free from it.”

Manav Mootra by R. M. Patel

## CONSTIPATION

“Shri Gamanlal K. Parikh is a resident of Dhalni Pole, Ahmedabad. He suffered for many years from chronic constipation and felt itching on the entire body. One night swelling appeared on the whole body and his face looked fearful. He had some acquaintance with Shri Ranjitbhai. So he sent for him and narrated the story of his trouble. He advised him to stop allopathic treatment and to begin urine therapy. Gamanlal agreed to this suggestion. He used to pass urine only once a day in the morning. So his son was asked to store his urine which was utilised in rubbing his father. Just when the rubbing was being done on the abdomen, he felt sensation for motion. On that day he had a very loose motion and the bowels were cleared within a few minutes. At noon and in the evening also he had clear

motions. The next day when Ranjitbhai came for rubbing. He was pleased to know that there was 75% improvement. He continued the treatment for three days more and was completely cured.”

Manav Mootra by R. M. Patel

#### CONSTIPATION

“Shri Pravinchandra Parikh is a resident of Khajurini Pole in Kalupur, Ahmedabad and works in a shop of Arvind mills. Hts body was fatty due to constipation and his heart and memory were very weak. Pravinchandra developed some faith in urine therapy and began to drink urine secretly. Afterwards he disclosed it to Shri Ranjitbhai and reported that he felt excessive heat in the body. Shri Ranjitbhai asked him not to be alarmed, as the heat could subside by itself. Pravinchandra also felt itching sensations. However he continued drinking urine thrice a day. Heat subsided after a few days of treatment. This treatment for two and a half months eliminated his constipation totally and the body became light. The weakness of heart and brain also disappeared. Now he began to relish food. For two and a half months, he had given up the use of salt and took khakhara (dry bread), milk and vegetables in his diet.”

Manav Mootra by R. M. Patel

#### CONSTIPATION

“Another case involved a man with constipation. His body was fatty due to constipation, and his heart and memory were very weak. He had developed some faith in Urine Therapy and began to drink urine secretly. Excessive heat and a slight itching sensation was noticed, but he continued drinking urine three times daily. Heat subsided after a few days of treatment. This treatment for two and a half months eliminated his constipation totally, and the body became light. The weakness of heart and brain also disappeared.”

Urine Therapy by Dr. John O'Quinn

#### CONSTIPATION

"Constant constipation had badly affected my bowels, and at times swelling appeared. For this I started Urine Therapy, and 15 days later I felt myself quite free from it."

Urine Therapy by Dr. John O'Quinn

## CONSTIPATION

Shri H.K. Gupta is a businessman. He has a shop in the busiest area of Delhi, Sadar Bazar. I once went to this market with one of my friends on some errand. My friend happened to know Mr. Gupta and as we passed through his shop, he stopped there for some time. I was introduced to Mr. Gupta as a doctor, who after some small talks asked me if I can help him with his constipation of three years. He used to take laxatives but this was becoming a habit with him. In those days I was experimenting with urine, and if I got a chance, I tried to suggest it to the patient. I said to him to come to me at any convenient time and get physically examined. In my dispensary I took his urine for examination and mixed some tincture cardamom in it and gave it to him. I advised him to take this mixture three times a day, abstain from tea and spicy food and to come again next day. I continued this process for three days. Mr. Gupta reported that he was feeling slightly better. I then told him the truth on fourth day, gave him Armstrong's book and asked him to go through it. He read it many times over and discussed the matter from time to time with me also. Finally he got convinced and started taking urine thrice daily. After two months when I met him he looked smarter. He had gained weight and appetite was improved.

"Miracles of Urine Therapy" by Morarji Desai

## CONSTIPATION

An old man aged 62 had not passed his stool for three days when he came to me. He was in the habit of taking laxatives, and had come lately to the conclusion that too much drugs are uncurious to health. As his frame of mind was suitable to suggest nature cure, I asked him to stop eating. I advised him to drink enough water and his own urine at least three times a day and also to put a urine-soaked wet cloth over his pelvis and keep it wet. After ten hours, at eleven o' clock at night he felt the need to pass stool. The quantity of stool passed was enormous and he felt very light and relieved. He had a sound sleep in the night. Second day morning when he when he came to me I gave him my copy of the book 'The Water of Life'. He now takes water of life daily and is free from constipation.

Miracles of Urine Therapy by Morarji Desai

## CONSTIPATION

Mr. E.J.P., The Netherlands

"Around 1975 I heard and read about urine therapy for the first time. That was in Bombay,



India.

Much earlier, when I was eleven years old, I had heard about and seen this remarkable ritual in which freshly discharged urine is consumed, for example by animals (goats and certain apes use this method during illness).

It certainly was interesting that this ancient exceptional knowledge should once again enter my life in the form of a book by Acharya Jagdish B. He is an Indian publisher who had made it his mission in life to promote and popularise this excellent, personal therapy. In this same period, the Indian prime minister Morarji Desai made no bones about the fact that drinking urine was the secret of his virility and energetic attitude towards life. If I remember correctly, this man was well into his seventies and still functioned as prime minister. I recently heard that he is now in his nineties and still leads an active and healthy life. Although I was familiar with this fantastic therapy and had heard that it can help cure illnesses such as cancer, leukaemia, gangrene and many other infections, I could not bring myself to directly try out this method.

This happened approximately four years later. In all that time, I still had not found anybody who was experienced in this method, and so I had to rely on my feeling which told me that this knowledge was indeed valuable. Fate placed me in a situation in which I was put in an isolation cell for alleged dealing in hash while on vacation in Northern Europe. In order to get released from the isolation cell and into the hospital, where a friend of mine was hospitalized, I decided to see what would happen if I drank my own urine. If it made me sick, my experiment would be a success; if not, I would have to try something else in order to be taken to the hospital.

The first morning, I immediately spit out the first sip of urine before it even touched my tongue, and threw away the rest of the urine. Disgusting, I thought, I'll never do that again. The next morning, motivated by my desire to get to the hospital as quickly as possible, I tried drinking my own urine for a second time, once again with the same unpleasant result; mental blocks can sometimes be obstinate barriers.

The third day, I finally succeeded in swallowing a full sip of urine. I sat quietly in order to analyse what might happen. The taste was not as bad as I had expected -a lightly salty aftertaste which disappeared rather quickly. Incidentally, I have drunk more disgusting tasting liquids prescribed by the doctor in order to improve my health.

Approximately five minutes later, I quite urgently had to defecate. No sooner had I sat on the toilet than I defecated quickly and easily, which was remarkable since I had been suffering from constipation from the unhealthy prison food. Five minutes later I defecated again, and finally felt relieved.

Since that morning, I have repeated this ritual every day and have not suffered from constipation. Remarkably enough, a dozen small warts which I had had my whole life on my hands also disappeared after eight days, as if they had suddenly fallen off. A few pustules arose here and there, one of which burst open after a ripening process of approximately

eight days, releasing one and a half teaspoons of pus. Obviously, a cleansing process had started in my body. After a number of weeks in which I ritually drank my morning urine, I noticed that changes were slowly beginning to take place in my body. Now, after using urine for fourteen years, I can confirm that I am 99% less susceptible to all kinds of epidemics, flus, infections and other miseries to which I used to be very susceptible. You do not have to be sick in order to start urine therapy. In theory, urine therapy increases your resistance to illness, and sometimes small irregularities come to the surface and can be dealt with.

I hope this story sheds more light on the positive effects of urine therapy and wish every researcher success with his or her research and findings with this 'ultimate survival' method."

The Golden Fountain by Coen van der Kroon

## CONSTIPATION

Yolanda C. Rivas, Mexico.

"I was a very constipated person, and I couldn't be regular, and after drinking my urine two times, I can regulate myself well. Thanks to God and Chemistry. It also regulates my nerves."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## CONVULSIONS

Maria Ramirez { Mexico }

"I give testimony of my son when he was three months of age. Very frequently, he would have convulsions. I am a person who it was a lot of work for me to decide to give him the therapy. One day the convulsion came again. I decided that I had to give it to him. I gave him the urine and his brother and at that moment the convulsions disappeared. Right now he takes his own Urine and is now cured thanks to God."

World-wide Case Histories of Urine Therapy by Gary Ward

## CORONARY THROMBOSIS

" Shri Sampatkumar Sheth, barrister, High Court, Bombay, (Anand Mahal, Babulnath Road, Bombay-7) was suffering from coronary thrombosis. He slowly told to Urine Therapy and

sought advice from Dr. Paragjibhai personally by inviting him to his place. Not only could he cure himself by four days urine fast, but became quite healthy by urine massages afterwards. He could cure cough and cold of his son and daughter and two other patients by this therapy.”

Urine Therapy by Dr. John F. O'Quinn

## CORONARY THROMBOSIS

“D.H. Vakharia, age forth is a businessman of Bulsar. He was suffering from coronary thrombosis for two years and was not cured by doctors. He took to Urine Therapy in 1963. He used to take 8 to 10 ounces of urine three times without fast or rubbings and rested for two months. He has had no trouble of the heart for the last six years.”

Urine Therapy by Dr. John F. O'Quinn

## COUGH

“I am sixty now. In 1962 I was down with asthma and cough. My complaint was so acute that others sleeping in the vicinity could hardly have a wink. Everyday about 200 gm phlegm was thrown out. Cough would result in chest pain and nights would bring further aggravation. Allopathy and Ayurveda were of no avail to me.

In Bihar, I yielded to Shri Chaturbhai Patel’s persuasion and accepted auto-urine therapy. People had given me up as living on borrowed time. I started intake of urine four or five times daily. I did not use it in massage nor did I fast. Of course oils, chillies and sour things I avoided. I took some sugar and rice with milk. In the first month I could register almost one-third progress in the direction of recovery. This strengthened my courage and faith. By the end of another couple of months I was fully healthy and normal. Now the body is so strong that it can never remind anyone of the miserable days of old terrible sufferings. For the last 13 years I take urine twice before bedtime which moves bowels and I have motion; in the morning without any difficulty.”

from *Manav Mootra* by R. M. Patel

## COUGH

"Shri Manikchand Baradia hails from Dungeregarh (Rajasthan) though settled at Balua-kaliaganj (Dist Purnia, Bihar). Wrong living in childhood had made him a victim of one illness or the other. Western medicine gave some temporary relief occasionally. Once

a three-year bout with cough rendered him lighter by several hundred rupees.

His wife had regained health owing to auto-urine therapy and so Manikchand, so agreed to try it and came down to Momasar. His condition was miserable; He suffered from breathlessness, dry cough, constipation, excessive hunger with absence of normal thirst, insomnia, gastric gases and quick fatigue.

Treatment began with fasting. Daily two-hour massage was given. During fasting he was prey to several complaints like growing palpitation, eruptions all over the body, dysentery and vomiting, etc, Shri Sanchetiji assured him that all the poisons of the Western medicine are being uprooted. And indeed when the impurities got discharged he was free from all ailment. He broke his fast on the 15th day and after a couple of months he was restored to normal health and vigour.”

from *Manav Mootra* by R. M. Patel

## **COUGH**

"I was a bad patient of severe cold when Acharya Tulsiji opened his training centre. The severity rose to such a level that I was in critical condition. I became pencil thin. Nights brought excruciating aggravation. Ayurveda, homoeopathy, allopathy - all proved futile.

At last in 1976 I ventured to adopt auto-urine therapy of Shri Sanchetiji with belief and trust. With three days' auto-urine treatment my cough vanished. I could not pursue the fast owing to extreme weakness. I switched on to light diet of juices and ragi (F1T) water.

The result was I had eruptions from head to foot and it was difficult to lie down or even sit. Yet I never lost patience and endurance. And I was amply rewarded when at long last I was free from suffering which in fact influenced other sisters in the ashram. Now in the training centre this effective remedy has been accepted by all for cold and cough. Student sisters have now accepted this and have gained recovery from the ailment several times.”

from *Manav Mootra* by R. M. Patel

## **COUGH**

“Shri Mangulal Shankarlal (Ullasnagar, Kalyan Camp, Room No. 2, Barrack 406). had informed in writing that he could cure his daughter's cough and cold by urine.”

Manav Mootra by R. M. Patel

## COUGH

“N. Roy, a mill can inspector, (New India Sugar Mtls, PO Manasi, Dist. Manager, Bilhar) stated in his letter that he derived much benefit from the use of Urine Therapy on cough, cold and other ailments.”

Urine Therapy by Dr. John O'Quinn

## COUGH

“A school teacher from Chandranagar had took to Urine Therapy and got rid of not only cough but gas trouble, pain in the throat and chest, rheumatic pain in the hands and feet, and other ailments. He began to use this therapy on the children of the school for their eyes, skin and other ailments, and it has proved a blessing to them all.

R. Rjibhai had written that he derived much benefit from the use of Urine Therapy in cough and other ailments.”

Urine Therapy by Dr. John O'Quinn

## COUGH

“M.D. Vyas (Doctor Street, Mahuva, Saurashtra) used Urine Therapy for his cough and cold, and he had recovered from both of them, and in addition, got complete relief from other ailments.”

Urine Therapy by Dr. John O'Quinn

## COUGH

A farmer from Navagam gave his account of recovery from T.B. of the lungs by application of urine. The chairman was surprised to hear his account and asked him to send a written statement. It reads as follows:

"I had been suffering from T.B. of the lungs for the last four years. It was preceded by cough and fever. I had been reduced to a bare skeleton. I took the treatment of doctors and had some relief. In the next winter, there was a relapse, and the cough and fever attacked me again. Another doctor advised me to undergo an operation and get rid of the affected ribs. But God willed otherwise. I happened to go to a relative, he asked me to try

urine treatment before undergoing the operation, I agreed.

I started with rubbing of urine on the body and after a week, drinking of urine was also begun. After two weeks, I sought further instructions. After that, there was considerable improvement. Eleven months have passed since but I have never been obliged to see any doctor or take any medicine. There is considerable improvement in my appetite and power of digestion. Motions are regular. While working in the field on two or three occasions, I got drenched in the rain, but there was no adverse affect on my health. The experiment has been continued for the past eleven months. Sometimes mild attacks of cough were experienced but they disappeared after three or four days. Neither had I to take doctor's medicine, nor to keep in bed .. Really this experiment is very effective and encouraging.”

Urine Therapy by Dr. John O'Quinn

## COUGH

Mr. A.K. Singh who was an officer in Ministry of Defence once came to me with the problem of his eighteen years old son, Anil. Anil had 'eosinophilia'. In this disease number of R.B.C. in the blood decreases and number of W.B.C. increases, as a result phlegm formation in the body goes up. Cold cough and loss of appetite are its general symptom. Breathing is difficult and patient feels like asthmatic. Health of person having eosinophilia remains weak even if he eats much because most of it is converted into phlegm.

Anil's height was good but he was lean and thin with a pervading slackness in his body. His father tried all kinds of allopathic, Ayurvedic and homeopathic treatment on him without success. I persuaded him to try urine. Mr. A.K. Singh was well read and had heard about urine therapy. He and his son agreed to experiment. I asked him to fast but it was too much for him and he didn't agree whereupon. I suggested that Anil should drink his first urine of the morning with eating or drinking anything else. Anil did this religiously and today he is healthy and robust young man of 21. He never had any attack of cold and cough in last three years.

"Miracles of Urine Therapy" by Morarji Desai

## **CRIPPLED**

“Shrimati Bhagavtiji, wife of the famous Hindi writer and thinker, began to feel pain in her legs. Gradually it" became so acute that it rendered her invalid and crippled. For a year she was under homoeopathic and for a couple of weeks or so electric treatment. No discernible gain was registered.

On reading about urine therapy she adopted it. Even with her first drought she felt a return of strength. For seven days she massaged for two hours daily with old urine. Due to certain circumstances she could not proceed with her treatment but she had already regained 70% of her old activity. Whenever there is pain she manages with urine. She invariably takes her morning constitutionals and eats only bread made from self-ground flour. She has implicit faith in urine therapy.”

from *Manav Mootra* by R. M. Patel

#### CUT ON FOOT

“Mangilal Maloviya is a naturopath, and he had a bad cut on his left foot. He at once urinated over it and put a urine-soaked bandage over it. Pain at once subsided, and the deep wound healed in no time, without pus formation.”

Urine Therapy by Dr. John O'Quinn

#### CYSTICERCOSIS

Irene Or of Hernandez { Mexico }

"My disease is cerebral Cysticercosis (pork tapeworm in the brain). I have taken my Urine 4 months and the tumor in my head went away. They gave chemotherapy to me. I know that the best thing that God has given me is my health and although I appear ill in my studies, in my body I do not feel anything bad. Every day I thank God to let me live with my husband and children."

World-wide Case Histories of Urine Therapy by Gary Ward

#### CYSTICERCOSIS

Ana Squares { Mexico }

"I have Cisticercosis. The hospital evicted me for they had no future help for me. They gave only one month life for my future but in December of 1995 I began to take the Urine and I no longer returned with pains. Thanks to God and Dr. Sonia the Chemist."

World-wide Case Histories of Urine Therapy by Gary Ward

#### CYSTITIS

"Patient, male, 30 years, applied for treatment for cystitis that developed after a long drive in the rain. At night he had to void every hour or two...A teaspoonful of morning urine one-half hour before meals completely cleared up the case within two days."

Autotherapy by Dr. Charles Duncan

## CYSTITIS

"A thirty-two year-old woman with typical symptoms of cystitis including frequent, painful urination; also complained of chronic constipation for which she has been taking laxatives unsuccessfully for several years. She was treated with 12 urine injections and all symptoms completely disappeared. The success of the treatment was verified by laboratory tests which showed a complete absence of colibaccilli (cystitis bacteria) in her urine."

Urine Therapy, 1935, by Dr. M. Garotescu

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## DEAFNESS

"Mahendra V. Mistri, age 30, could hear nothing for two months. Doctors could not cure him. He started Urine Therapy on July 3rd, 1967. He began drinking urine up to 6 ounces twice daily. He massaged his whole body with warmed and old urine for one hour daily and used to put a few drops of urine in his ears. He did not fast. In 15 days he was completely cured."

Urine Therapy by Dr. John O'Quinn

## DEAFNESS

Ms. Graciela P., Mexico.

"I started on February 7, 1996. I cured myself of circulation problems and a rare disease, tinnitus. I had humming in the ears and temporary deafness, itchy ears and eyes. I've done



3 fasts and thank God I'm very well."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## DIABETES

"I used to have tooth-ache and so I got the affected tooth removed by a dentist. He advised penicillin injections in order to reduce the pain. I had the injections administered by my Life-Insurance doctor. After some time, inflammation appeared on my whole body. I had another injection of penicillin which removed the inflammation but produced a bad reaction. After three months, urine increased in quantity. I had to pass urine seven times during the day and seven times during the night. I felt very weak and I was reduced in weight. A feeling of thirst was always there. There was aching in my mouth and throat. I visited the doctor again and was informed that I suffered from diabetes. On 12-5-59, doctor P. M. Oza examined my urine in the clinical laboratory and reported 4.20% sugar content in it. I gave up the use of rice, sugar, tea and sweets. For some days I took homoeopathic medicines also but there was no improvement. The disease showed an upward trend from 1-4-60. Boils appeared on the body and there was intense burning around the urinary aperture. The skin on penis was broken and had lost its flexibility. Consequently, I had injections of insulin and the sugar content in the blood decreased to 3.50 %.

I met Shri Panchal and learnt about urine therapy from him. On 11-7-1960, a recorded examination indicated 3% sugar in my urine. The same day I started drinking urine. I used to drink it four times a day and twice in the night. Besides I also started urine massage every day. In diet I took millet-bread and leafy vegetable curry. Every week I met Shri Panchal and made changes in my diet according to his advice. Sugar content gradually decreased and on 4-9-60 it was nil.

The boils on the body were healed by this treatment and the skin was cleared. On 25-9-60, I started taking rice. On 15-10-60, I took rice, potatoes and sweet dishes and got my urine checked up. But sugar was not indicated at all. Now I am quite well."

Manav Mootra by R.M. Patel

## DIABETES

"An account of Shri Chaturbhai of Mogari village (Kaira) has been given before. The wife of his brother suffered from diabetes since long. She agreed to urine treatment and it was

started with rubbing. Within a week of rubbing she had some relief and brightness appeared on her face. Fast was then undertaken for a few days along with drinking of urine. After a month's treatment, she got rid of her diabetes. Her health improved, irritation in the limbs disappeared, lethargy diminished and she became active and energetic.”

Manav Mootra by R.M. Patel

## DIABETES

Jose Francisco T. Beltran {Mexico}

"In October of 1990, I had an automobile accident on the highway. The result was diabetes in addition of anger and stress. Giving my account exactly, it was in the month of April, 1995. I lost 18 kilos (40 lbs). I felt weak, tired, depressed with headaches and swelling of legs because of the kidneys, and already I had been treated by doctors previously.

I lasted a year with medicines and diets, until a day the priest of a parish told to me to go to a conference on Urine-therapy. It was Sonia, a Blood chemist Doctor giving a seminar. Immediately I made the decision and I went to listen to it. It made an impression on me, filling me with faith in her words was so clear that any doubt of the treatments did not fit me. God was healing by means of the Urine.

Returning in the evening to my house I remembered but I could not do the therapy. Immediately I requested God to help me start the method. The following day I spoke to Sonia the Chemist and commented to her that I had tonsillitis. She answered me, I now have greater reason to initiate with the therapy. I started the therapy and on the third day after the tonsillitis disappeared.

This mortal disease of diabetes was taken from me by its roots and in gratefulness to God of love, goodness and mercy, I am cured. I did my fasting of 3 days. To conclude, on May 7th of this year, I went in to get tested to see the count of my sugar. Before drinking my Urine, my count was 348. I was taken by surprise that my sugar was completely normal.

Later and better yet, I confessed to my Medical doctor that for the last 18 days I had not taken any of his prescribed drugs. This was after I drank between 4 and 5 glasses of Urine daily. In addition, for ten days I was eating everything and most with sugar. Also I said to him that two days before my analysis I had loaded my body with sugar. After eating many fresh sugar waters and foods with sugar it was a double surprise for my doctor and for the hospital care takers.

They tried to explain to me that diabetes is a traitor and that I would have to continue doing the tests every month, to which I refused. Immediately I took leave of my Doctor, thanking him for receiving his medical attentions.

People, invigorate yourself with hope. You are not at the end of life. Give yourself to God and do this therapy in his name so you will be healed as I will continue my fasting and prayers for all."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Alfonso D. Nunez { Mexico }

"Thanks to God I am well of the glucose intolerance with diabetes. I am 64 years old and 6 years ago I began with this problem. It has been a martyrdom for me to live with this disease. I understand it was for all the foods that I ate before and I thought that my life no longer would be right. A friend of mine said to me that I could be normal.

My glucose was of 249 mg, and after beginning with the method of Urine-therapy of the 14 of July to the 14 of August of 1998, it is now a low 110 mg."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Maria C. of Aguilar { Mexico }

"I have 5 months taking my Urine. I did three fasts and I cured myself of first diabetes with one fast. Also I cured myself of arthritis, colitis, ulcer, spots in the skin, wrinkles in the hands, bad circulation, obesity and liver spots on my hands."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Sabino Hernandez {Mexico}

"My disease is diabetes. I never took care of it until a day that darkened my vision when I was driving on a highway. To be exact it was the 24th of June 1996. My eye doctor diagnosed diabetic Retinopathy in the fourth degree for which I allowed myself an

operation with laser ray. The Dr. did an operation on my retina.

In the following months of my disease, by conversations with several of my clients, I obtained information of Urine-therapy. Since they drank their own urine, they found out by means of a Q.F.B., and they gave testimony to have been cured by means of the Urine-therapy.

From this date I am taking my own Urine. I feel very well from my diabetes and I am recovering my vision. Thanks to God and the message of faith, love and hope that Mrs. Sonia distributes this information."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Victoria P. Gomez { Mexico }

"I cured myself of diabetes, varicose veins, a tumor in the stomach, discharge, high blood pressure, high cholesterol and a tumor in the eye. I drank my urine for 8 months and did four fasts. Thanks to God I am well. I invite everyone to really do the fasts. I feel very good. God bless you all."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Ma. Magdalena Bermudez { Mexico }

"Without going to a conference, I began to take my Urine by the desperation from my disease (diabetes). I heard that one had to do a fast. I wanted to prove it's possibilities but my stomach loosened and I moved black particle balls out. I was scared to do the therapy further.

Later I was told that it was a normal reaction. I then returned to the therapy and did not take insulin during that month. A great change came in my body. My sugar raised and I suffered an infection in my bladder. I did not stop taking the therapy until this 20th of June. Already I am cured. Thanks God."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Socorro R. Vazquez { Mexico }

"I had retinal hemorrhage, diabetes (detected from day 19th March of 1984), diabetic renal insufficiency, neuropathy, infraction of the heart(according to echocardiograms, 3 years ago), plus miomas in the matrix, and endocarditis.

Using the method of the Urine-therapy I have healed myself of all these diseases, thanks to God. I put drops in my eyes and I have been doing fastings."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Candelario F. Vazquez {Mexico}

"I had diabetes for four years. The blood tests said that glucose was at 300. I have been doing the treatment of Urotherapy for one month and fifteen days. The first 30 days, glucose fell to 124. Definitions: treatment from doctor: Taking 6 tablets daily did not get rid of my diabetes and I was about to inject insulin, but then I found Urotherapy. Thanks to God, it took me a month to be completely normal. I continue therapy but I still have yet to do monthly fasts."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## DIABETES

Ernesto R. Martinez. Mexico.

"I have been diabetic for 17 years and have had an infinite amount of diverse treatments. In fact I have taken different medicines without seeing any clear result. I started with antibiotics and lowered much weight. I could not walk normally. It hurt my body. A year ago I started on insulin. They injected 25 units and my glucose never was in the normal limits. My state of health deteriorated.

My sister-in-law, brought the video to me of Urine-therapy. I knew from the first moment that this one could help me and began to take all the urine from the first day. Now 4 months ago to the date, the results have been wonderful. My glucose is in normal limits, I have

increased weight and I feel far better. I want to clarify that I suspended the insulin and all medicines."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Jorge Sotelo. Mexico.

"Last year, I was in Los Angeles, California. A lady asked if I was ill. I said to her, yes. She asked me what it was and I said it was diabetes. She suggested to me to take " x " amount of Urine during a fast. When I returned to Mexico, the doctor requested me for diabetes analysis and the results were within normal numbers. Thanks to God."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

"I find diabetes mellitus an uncommonly difficult disease for the general practitioner to treat. April 14,1912, I was called to see a little seven-year-old girl.

They gave me a history of her having felt badly for a few days and of having had some fever. On examining the child I found her to have a temperature of 102 degrees F., but all other findings were negative. In a couple of days they informed me her temperature was normal and she was feeling all right, but she was passing a large (sticky) amount of urine frequently.

Having tried all methods of treatment on several other patients whom I have had within the past few months suffering with glycosuria (sugar in the urine), I decided to try Autotherapy, for I had known cases of icterus (jaundice) which had failed to respond to any medical treatment, but cleared up in a very short time when they were given their own urine to drink.

I gave this little girl three ounces of her own urine three times daily and then examined for the sugar percentage and found that when she was taking the urine, the percentage of sugar dropped, and that when it was withdrawn, the percentage increased. I could also see some improvement in her general condition. She did not urinate so often or so much; did not drink so much water; her skin was more moist, she was not so nervous..."

New Albany Medical Herald by Dr. C.G. Moore

## DIABETES

Jaime E. Castañeda:

"I thank God I was cured with urine that God gave me. I suffered from diabetes, hypertension, poor circulation from six months to date. I did three fasts and feel like another person and I changed in character. During the fasts I felt a lot of energy. I had aches all over the body and skin rashes. I got diarrhea and fever. I kept going. The fungi in the feet also disappeared. "

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## DIABETES

Ora. Margarita G. of Guzman { Mexico }

"I am 35 years of age. I was diabetic for 11 years with insulin and 3 years with homeopathic medicine. At the moment, I am on no drugs, only the fasting dose of Urine. I am cured totally."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Araceli Ramos C. { Mexico }

"Blessed it is God, I have cured myself of diabetes, fungi in the feet and sinusitis by means of Urine therapy. God blesses them follow ahead, thanks."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Maria of the R. Rivera { Mexico }

"I was cured of diabetes taking 3 months my Urine with only 1 fast of three days. I am also cured of the nerves. This I did by means a person whom recommended to me that I drink my Urine and thanks to God already I am cured."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Irene Alvarez. { Mexico }

"I am cured of diabetes taking Urine once in the mornings for one month. After doing a study of my glucose, I find it had lowered. I also felt better in my heart and this was confirmed by the doctor after doing an electrocardiogram."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIABETES

Hortensia To Rodriguez {Mexico}

"In January 1996 they detected me having diabetes and tested me three times. I started with the Urine-therapy in March. After 15 days I went to do an analysis and I realize that I lowered to 145. Later I stopped the urine therapy and I again initiated it one week ago, because I had a relapse. Now I feel very well."

World-wide Case Histories of Urine Therapy by Gary Ward

## DIARRHEA

Mr. V.M., Germany

"I'll say it straight off: I do not have any great, miraculous recovery to report. When I was a child, I tasted my urine out of curiosity. It tasted sharp and burned a bit, and I could not imagine that I would ever drink it again.

Nevertheless, I heard from a good friend about the positive effects of urine, and after a long period of doubt, I tried it anyway. I woke up one day and knew right away that today would be the day. So I urinated into a glass, smelled it and emptied the glass in one draught. I was amazed. It tasted and smelled neutral. The only thing I found to be unpleasant was the temperature. The following morning, I decided to drink another glass of urine; however, the smell made me dump the urine immediately in the toilet.

Only some time later did I consider drinking urine once again --- I had diarrhea, my partner had left me and I felt generally weak. The situation could not get much worse, and so I drank my own fresh urine the whole day. After only two or three glasses, I felt less exhausted and from that moment on, things started improving.

Whenever I had trouble drinking urine because of the taste, I held my nose, drank the urine and rinsed with water. Since then, I drink my urine every day and massage my whole body with it. My dry skin is not flaky any more, and I do not have to go through life with skin cream, which was impossible before I started using urine. Furthermore, urine leaves skin



with a pleasant, slightly sweet, warm scent.

It is interesting to perform a 'urine-test' every morning regarding the colour, smell, taste and substance. In this way, you can learn more about your body, feelings, food, etc. It is also exciting to hear new stories about this 'unusual liquid' and to try out new recipes.

For example, when I heard that, long before Christ, people used urine to do the laundry and keep the house clean, I tried an experiment myself. I mixed fresh urine with urine that was approximately 1/22 year old (it smelled like pure ammonia) and used this mixture to wash the windows. It not only dissolved the dirt on the windows, but also the paint spots and a number of other spots which I had not been able to clean with any other cleanser. The same thing happened when I cleaned a mirror with old urine. Moreover, it did not smell dirty, my hands were smooth, I could water the plants with the cleaning water without a guilty conscience, and my windows were perfectly clean!

Because I have never been seriously ill, I unfortunately do not have any spectacular recoveries to report, at least not from myself. Even so, I strongly believe that urine therapy is good. This is why I continue to use urine."

The Golden Fountain by Coen van der Kroon

## DIGESTIVE PROBLEMS

"The lady slipped and fell down. She got some inner injury resulting in disturbance of menstruation. Her system of digestion was also affected and the bowels did not work properly. She developed constipation too. First of all she had allopathic treatment and when it proved useless, Ayurvedic treatment was tried. The troubles could not be cured. Even chromopathy was tried. But due to the absence of diet control and irregular life, the condition of the woman became worse day by day and she was so emaciated that her life was in danger. Some of her relatives advised her to see me. When I observed her for the first time, her condition put me in doubt about the cure and I refused to treat her. But at persistent request, I admitted her to my hospital.

The condition of the patient was then serious. Monthly course had stopped, motions were almost absent and she passed hardly about 6 oz. of urine in 24 hours. It was of deep chocolate colour like that of a hours and was extremely ill-smelling. Inflammation was on her hands, feet, breast and eye-lids. The treatment was commenced on the basis of Armstrong's book but with a slight difference. She was made to drink as much of auto-urine as was possible for her. Warm water was also given. She was daily rubbed with urine and was given a sunbath. After sometime she was given coconut water in place of plain water. With such a treatment, the quantity of urine gradually increased to 70 to 80 oz. The inflammation was gradually reduced and other complaints were also eliminated. Leeches

had applied to extract her foul blood. With such a treatment the woman was cured and led a normal life.”

Manav Mootra by R.M. Patel

## DIGESTIVE PROBLEMS

“Lance-Corporal L. — 28 years of age.

Joined New Zealand forces 1942. Contracted infective hepatitis in Africa. After hospital treatment the icterus (jaundice) disappeared, a feeling of weakness, intestinal troubles and depression remained. In the following years repeated hospital treatment. Has been X-rayed several times for duodenal ulcer and gallstones. Since then he dragged himself about complaining of loss of appetite, tiredness and indifference, pains in the abdomen after food, constipation, distension and abdominal discomfort with flatulence. 14/3/45, Injection with 1/2 cc. fresh urine.

The patient's report is as follows — felt better after injection.

15/3, felt normal, bowels regular.

16/3, Feeling quite normal except for tenderness in stomach.

17/3, No change.

21/3, Quite well, but tenderness in stomach worse.

24/3, Sore throat, feverish, feeling weak and depressed.

25/3, Cannot eat, sore throat, feverish, weak.

26/3, Eating. Sore throat better.

29/3, Feels quite well, bowels regular, strength returned...

3/4, No change, still in high spirits, feel well.

26/8, Patient writes: I enjoyed 100 percent improvement in my health, I am eating well, sleeping well and feel very active with no stomach tenderness or sickness.”

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

## DIPHThERIA

“My family lived in Hamburg towards the end of the Second World War. I was 6 years old at that time and got scarlet fever and diphtheria. The condition was serious and I was brought to the public hospital. Since there was no medication available in the hospital, I had to

gargle with my urine and I had to drink it. At this time, I heard that farmers wee on wounds and I heard stories about soldiers surviving with urine and using it to save fingers, noses and ears when frozen. The treatment worked very well and I still use and recommend urine therapy to all.”

Urine: The Holy Water by Harald W. Tietze

## DIZZINESS

“Shri Keshavbhai G. Patel, Manager, Adarsh Dairy, Bombay; suffered from whirling sensation in the brain due to gas or other disturbance for the last 25 years. He used to take myrobalan powder daily but in case he forgot to take it, there would surely be the sensation. He took urine treatment and the sensation has gone for ever and he has left the powder too.”

Manav Mootra by R.M. Patel

## DROPSY

“Many years ago, this treatment was adopted by Raj Vaidya of Palanpur State to treat my cousin Shri Chandulal T. Shah, who suffered from dropsy. Raj Vaidya had made him to fast on urine for 21 days. He drank his entire auto-urine passed during the day and packs of urine were applied on abdomen. On the third day he had vomiting and loose motions and there through bile and water were discharged from the stomach and the intestines. Within 21 days fast his abdomen became very soft and light. At the end of the fast he was given 5 khakharas with the water of buttermilk. This diet continued for 15 months. Consequently, he became quite healthy and strong.”

Manav Mootra by R. M. Patel

## **DRY SORE**

“Shri Ranjitmal Lodha of 32 years lives in Ajmer. In 1976 he developed dry sores on his chest and back. For some time allopathic medicine did give some relief but on discontinuation again the whole condition would return.

Once he happened to read *Arogyaka amulya Sadhan* : Swamutra. On reading it, he began massaging daily for ten minutes with urine. Within 10-12 days his sores disappeared. Now he prevails upon others also to adopt this therapy for any ailment.”

from *Manav Mootra* by R. M. Patel

## DYSENTERY

“Shri Ratibhai M. Desai (Malad, Bombay) could cure his 3 years old dysentery by this treatment.”

Manav Mootra by R. M. Patel

## DYSENTERY

“Amrit N. Wadia, B.A., age 52, informs that his daughter, Sunita, age 18 , had dysentery, and there was blood in her stools. There was pain in her stomach. She was treated with Urine Therapy and given enemas of half a pound of urine, mixed with one pound of warm water. She was cured within a week with Urine Therapy.”

Urine Therapy by Dr. John O'Quinn

## DYSENTERY

“My son Satish, age 2 1/2, suffered from recurrent sickness since birth. Dysentery, vomiting and fever were the usual symptoms. He got fever on June 28th, 1960 which generally went up to 105 degrees and did not subside at once. After that, on November 15th of that year, he got inflammation on the whole body, which continued for six days. Only then the doctor could diagnose that it was dropsy. At last medicines were stopped, but a new trouble arose. The child got blood and pus in the urine along with dysentery.

The urine treatment was then started from December 5th, 1960. The boy was given fresh urine. Besides that, it was rubbed on his whole body. In diet, he was given rice and lentil soup. Thus the fever which could not be controlled for 4 1/2 months was checked within 6 days of this treatment. Next week, he began to move his knees. In the third week he stood up and began to totter. The treatment was continued up to February 3rd, 1961. Even after that, the child got a new life and health treatment, at a time when the days of his life were numbered.”

Urine Therapy by Dr. John O'Quinn

## DYSENTERY

“Dr. Javant J. Kamdar writes that he could cure his complicated dysentery only by Urine Therapy.”

Urine Therapy by Dr. John O'Quinn

## DYSENTERY

“In October 1995, I received a letter from Mr. Maloney who was vacationing in India. He had been very careful with the water and food there because tourists often developed malaria, cholera, dysentery and food poisoning due to lack of toilet paper and poor sanitary conditions. During a religious ceremony he was compelled to drink water from a sacred well and developed dysentery since the water was contaminated. By the time he had the first symptoms he was on a train to a city 48 hours away. Vomiting and diarrhea started a few hours after the departure and he started to drink an abundant amount of urine hoping to control or eliminate the problem (He should have used diluted urine under the tongue). Although the condition improved some, he started to worry because there was no medical attention available for more than 40 hours. He had a copy of this book with him and he started reading the chapter on AUTOTHERAPY. I explained how Dr. Charles Duncan prepared vaccines using the pathological discharge caused by the disease, feces in this case. Maloney prepared the vaccine in a couple of hours and administered it to himself. Relief was almost instantaneous. He felt a warm feeling come over his intestines and he gradually started recuperating. A few hours later it was all over, and except for some intestinal gas the next day, there was no other problem. He was very appreciative to have read about the vaccine because he feared what could have happened if he had to be admitted into a hospital in India. He had no other problems during the rest of the trip and in his letter he thanked me for including this lifesaving information in my book.”

Urography by Martin J. Lara

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## EAR ACHE

“Shri K. G. Pandit informs that in 1966 in Calcutta a 12-year-old boy Rajendra Gadgil was having acute pain in the ear by putting a few drops of fresh urine in the ear he was so completely relieved of the pain that he went to sleep and could wake up only in the morning. Next day some dirt was found thrown out of the ear and he was completely relieved of the pain.”

from *Manav Mootra* by R. M. Patel

## EAR DISCHARGE

“Shri Chaturbhai B. Patel of Mogari Village (Anand) came to me in the second week of May 1958. His 16 years old daughter suffered from an ear-trouble since long and was brought there for a doctor's treatment. I advised that the girl should be taken home and a few drops of auto-urine be put into her ears for three or four days. I assured him that it would certainly eliminate her pain. The girl followed my advice and returned to her village. After three days I received a letter reporting that her ear-trouble had vanished by auto-urine but some discharge continued. I advised again that the ear should be washed by a syringe with urine; some drops of urine should then be put and the ear plugged with cotton. The next day I was informed that her ear-trouble had disappeared altogether.”

Manav Mootra by R.M. Patel

## EAR INFECTION

"Breastfeeding makes a healthy child~ each one of the children nursed 3-4 years each. I had a Cherokee lady babysit when my daughter was 6 weeks old~ she taught me to use first morning urine for ear infections. Always worked. Once weaned the children had a small amount of raw goats milk daily. The children were given vegetarian diet so we rarely visited the doc. Once we went to a Homeopathic RN for teething problems, which she solved quickly. Children that feel good behave well."

Letter to Andrew Norton Webber

## EAR INFECTION

Rosalinda A., Mexico.

"Before going to a conference on urotherapy, the ENT specialist (ear, nose and throat) had detected an ear infection and prescribed some medicine that I could not buy. I went to the conference and started doing urine therapy treatment. I took it and put it in my ear. Thanks to God, I healed and no longer have to buy those expensive medicines."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## EAR INFECTION

Ms. J.P., The Netherlands

"I have been using urine therapy for almost a year and have achieved the following successes:

I successfully treated an earache by putting a wad of cotton soaked in urine in my ear. I was able to rid myself of infections by soaking a plaster in old urine and placing this on the infected area. I got rid of neck warts by wiping them off with old urine. The pain from stinging nettle disappeared with the application of fresh urine. Yellow skin and calluses improved. I made it through the entire winter without a stuffed nose or the common cold. If I feel a cold coming on, I sniff urine, the mucus breaks up and after fifteen minutes I'm back to normal. Dry skin is a part of the past. Fasting on urine is easier and more effective. Hair becomes soft. Fever or flu lasts only twenty-four hours. To fight constipation, I drink one-day-old urine.

Furthermore: I rinse off with urine after showering. Once every few months I use henna with old urine for my hair. I give myself enemas with fresh or old urine. Old urine on a wad of cotton helps to cleanse the face. I also take foot baths in old urine (I save the urine in an earthenware pot with a lid).

Urine therapy has helped me get rid of a virus (CMV). Once a week, I am massaged with urine. Afterwards, I sleep soundly."

The Golden Fountain by Coen van der Kroon

#### EAR PAIN

"D. Hamraj ( Gangasadan, Mareva Road, Malad, Bombay 64 ) cured his ear from pain in eight days with Urine Therapy."

Urine Therapy by Dr. John O'Quinn

#### EAR PROBLEMS

"Khetsi M. Savla ( Indubaug, No. 2, Sun Mill Road, Bombay 13 ) informs that he cured his friend's suffering from ear trouble, toothache, and even piles, using Urine Therapy."

Urine Therapy by Dr. John O'Quinn

#### EAR PROBLEMS

"Bhogilal N. Chokis ( Ganesh Baug, F-45, Bombay 19 ) writes that his friend C. C. Desai, a

principal of a collage, had ear trouble for the last 20 years Pus was oozing, and he was very slow of hearing. He began to put urine-drops in the ears and was completely cured. By urine massages, he got rid of his skin disease. He cured his neighbors who were suffering from asthma, near-sightedness, and eczema.”

Urine Therapy by Dr. John O'Quinn

## EAR PROBLEMS

“One sunday morning my eleven-year-old daughter had a severe earache, possibly brought on by a lot of swimming in a friend’s pool the previous week. I had no Panadol and no drops! So, I put three drops of her urine in her ears every hour, and after about three hours, the pain disappeared. RF.M”

Urine: The Holy Water by Harald W. Tietze

## **ECZEMA**

“Shri Lajjaram Chaudhuri who was then 75 years old lived in Tikriwalan (Delhi). He had dedicated his life to the service of his country since the Jallianwala Bagh episode. He was a leader in the struggle for freedom. Nowadays he is engaged in rural uplift. About two years ago, he had suffered from eczema. He massaged himself with (stale) urine for 45 minutes and drank urine once. He was cured within a month. Had he taken a fast with urine he would have been well much earlier. He had also not observed dietatic restrictions.”

from *Manav Mootra* by R. M. Patel

## **ECZEMA**

“Shri Ravi Jain of 25 years lives in Jammu. His right arm, back, neck and forehead had been affected with eczema. Itching and irritation was experienced all over the body. Pus and blood used to ooze out of sores as large as a rupee coin.

Vaidyas' and doctors' treatment had some effect but on discontinuing the treatment the disease would relapse. His family members also were troubled.

Shrimati Kala Jain advised him to try *Shivambu* (urine therapy). He drank it four-five times a day and massaged every day for an hour. The sores were covered with urine-soaked



earth packs overnight and for two hours in the morning. His sores were cured in a fortnight and he was free from the disease within a month.”

from *Manav Mootra* by R. M. Patel

## ECZEMA

“Chanchalben R. Patel used urine for her eczema for 25 days, three times a day. She did not drink it, but only by application she was completely cured, and it never recurred since then.”

Urine Therapy by Dr. John O'Quinn

## ECZEMA

“Nandalal P. Solanki, age 35, is a tailor residing at Kumbharvada, Bombay 17. He was suffering from eczema for the last 20 years. He could get no relief from the treatment of various skin specialists and even from hospital treatment. He started Urine Therapy on May 28, 1967, and continued it for three months. He used to drink four to six ounces of urine daily and massage with warm and old urine for three months, the massage was twice a day. On the spot of the disease he used to put urine-soaked cotton. He fasted for eight days, and during this time, he had cold, loose motions, and thereby, toxins were removed. The disease was completely cured.”

Urine Therapy by Dr. John O'Quinn

## ECZEMA

“S. Rasiklalbhai of Patan, is an agent of some tea company in Bombay. His wife suffered from eczema of the fingers of her hands. She was treated for a number of months by doctors, but there was no cure. She started Urine Therapy. Within a fortnight the fingers were cleaned up, and not a trace of disease was left.”

Urine Therapy by Dr. John O'Quinn

## ECZEMA

“Trying is better than studying I thought, and I drank my 1/16 litre of urine mixed with 1/16 litre of volvic-water for one week. Suddenly my small eczema on my upper thigh

disappeared. I had it for 40 years.”

Urine: The Holy Water by Harald W. Tietze

## ECZEMA

Shri R.N. Patel, a resident of Nairobi (Africa) has described his experience in the following words:

"Few years back, I got a boil on my left leg. It was treated by my brother who is a doctor. The boil subsided but itching started all around that spot. This itching got converted into eczema. I did not care much about it and it was aggravated. One of my friend brought an ointment for me, which I kept on applying. As I did not wash my hands properly after application of the ointment, infection spread in other parts of the body too. Now the eczema was in full bloom. Whole of the body started itching badly and a watery discharge come out of the infected parts. I had to use bandages on hands and foot at the time of working and on other parts of the body too while sleeping.

I tried domestic and allopathic remedies for long, took many injections. Besides I kept my lefts into the sea water at the Mombasa sea-coast two hours daily for two weeks. But all was in vain, I didn't get any relief. In the course, I wasted thousands of rupees too. When I came back from Mombasa I got a book 'Manava-Murta' from one of my friend. I started urine therapy after reading this but due to the habit of slackness I did not follow the instructions rigidly. Even so after many months of half hearted urine therapy my horrible disease vanished." After this success Mr. Patel became a devout proponent of urine therapy. One his inspiration many of his family members and friends successfully got rid of their ailments. To quote a few examples, his wife was cured of old diabetes and piles. His friend had inflammation of urinary canal which vanished totally from a short course of urine therapy. His doctor brother was suffering from diabetes, weakness of heart and sinus trouble. After much hesitation he conceded to experiment with urine therapy which cured him altogether.

Miracles of Urine Therapy by Morarji Desai

## ECZEMA

Mr. J.K., The Netherlands

"I started using urine therapy a month ago, first externally and later internally. The first few days I only drank one sip, and have now increased that to two cups a day. Up until now, I have benefited tremendously. The eczema on both of my legs and hips was cured within

one week. A wart on my forehead and warts on my hands were gone after two weeks. To my amazement and relief, an internal lump on my scrotum has completely disappeared. It was not that difficult for me to start using urine therapy; I just had to get used to the idea."

The Golden Fountain by Coen van der Kroon

## ECZEMA

Satyapal, a patient of mine, was having eczema for five years. He tried many ointments and blood purifiers but all in vain. I persuaded him to use urine therapy. First he did not agree but since no other medicine was effective he decided to experiment. For few days he applied urine externally on the diseased part for five to six times daily. Although itching subsided, eczema was not wearing off. I then asked him to fast with urine and water. As soon as he started fasting eczema spread over a large surface of the body. Satyapal lost patience, broke the fast and applied some ointment. After two or three days, spread of eczema was controlled. However, it remained uncured for a long time. He should have waited for few more days and allowed all the poison of the body to come out. He took the hint and again fasted with urine and water.

Eczema again spread, but this time he ignored it and continued his fast and anointment. He fasted for four days and continued anointment for twenty days. Eczema vanished and never returned again. This example points out the need for patience and extermination. When poison started coming out, most patients lose heart. They think that the condition is worsening. Their relatives and friends also discourage him.

Miracles of Urine Therapy by Morarji Desai

## ECZEMA

Dr. G.K. Thakkar Bombay

"The last 40 years I have suffered from eczema, and the last 20 years from amoebic dysentery. I got rid of both diseases by this wonderful remedy, Urine Therapy. You will be further surprised to know that there were some side effects too; but not of the usual nature, which you suffer in allopathic treatments.

I also suffered from falling hair and dandruff. I always used to have cracks in my feet and even on my lips during all the seasons. Once every few months I also suffered from stomatitis. I got rid of all the above complaints and ailments unknowingly, as side effects of this therapy.

My wife was a regular patient for more than 20 years and was suffering from numerous disease like ear trouble, vertigo, constipation, pain in the joints and many more. She tried the best available treatments in allopathy, homeopathy and ayurvedic medicine but without any results. At last she tried Urine Therapy and got rid of all her ailments miraculously.

And if this is not enough, my younger son, 17 years old, suffered from hematuria (blood in the urine) for more than a year. The doctors thought that something was seriously wrong with his kidneys and recommended an intravenous polygraph. I persuaded my son to start drinking his urine for 30 days and then to take another urine test. After that period of time, the report of the urine test came back absolutely normal!"

World-wide Case Histories of Urine Therapy by Gary Ward

#### EDEMA IN KNEE

Ema H. Gonzalez { Mexico }

"I am ill liquid in the knee. For two months I took Urine-therapy. I cured myself. I have been four months taking Urine and now I feel very well. Thanks to God to return my health to me."

World-wide Case Histories of Urine Therapy by Gary Ward

#### ELEPHANTITIS

S.Dasbhai from Surat, in a letter dated July 21, 1970 writes: "My left leg was affected with elephantiasis for the past 50 years. Now I am 73. This trouble disabled me to walk even half a mile for the last 40 years. Whenever I tried to do so, inflammation appeared on the legs. There was a fever-attack. Last year I had a chance to read about Urine Therapy and thus started treatment in March 1959. After four to five months, the trouble diminished by 50% and I could walk about a mile and a half. The inflammation and fever never recurred. Now I can cover slowly a distance of 2 to 3 miles without any discomfort. Drinking and rubbing of urine is done once or twice a day. Had I treated myself in greater regularity the cure would have been attained sooner and to a greater degree."

Manav Mootra by R.M. Patel

#### ENLARGED PROSTATE

"John used to get up 3 - 4 times every night to urinate because of an enlarged prostate gland. He had been reluctant to use urography because of his orthodox Christian

background, however his condition was deteriorating even though he was taking medication when he started drinking half an ounce of urine in the morning. By the second week he was getting up once every night and four weeks later there was no need to get up at all unless he drank too much fluids.”

Uroopathy by Martin J. Lara

## EPILEPSY

“On a recent trip to Bogota, Colombia to spend Christmas with my wife’s relatives, I had an opportunity to test the power of the ultimate universal remedy (urine therapy) with a 13-year-old boy who had been suffering with asthma and epilepsy for 10 years. Even though the boy was on medication all along, he had at least one epileptic seizure every day and some times three or four. The boy had seen all the specialists the family could afford, and he took every type of medication available for this problem without any sign of relief. He tried drinking his urine the previous year, but he did not use it long enough to see any results. On Christmas day, the boy stayed in the same house I was staying in and had three seizures in the early morning hours and when his mother came out of the room going crazy when she came to me asking for help. I pointed out that the child had been sleeping in a closed room with no fresh air and that may have precipitated the condition. I instructed her to collect the boy’s first urine immediately upon awakening and use it to prepare the ultimate universal remedy. The boy’s mother was told how to prepare it and out of desperation agreed to apply it under the tongue, but she had no faith in such a seemingly simple concoction. The epileptic seizures stopped since the third day the boy started using it. We found out about his recovery a month later when we offered to send some medication to the boy. His mother happily declined it after assuring us that the ultimate universal remedy would be the only medication she would ever use from now on.”

Uroopathy by Martin J. Lara

## **ENLARGED HEART**

“Shri Ghanshyam Keshav Vyas, 65, is former teacher in the prestigious educational institution Sharda Mandir. Medical examination revealed that he had blood sugar, blood pressure; enlarged heart which had affected his kidneys and the lungs and limbs had swellings. He had recourse to insulin injections, Dejojyn, Lactix, and multi-vitamin tablets, but to no avail.

Ultimately at the instance of his old friend Shri Chandubhai Dave he adopted auto-urine

therapy. All the urine he released daily he drank, flushed his nostrils with it, washed his eyes with it for ten minutes, gargled with it, 'placed wet-pack of urine on his pate for reducing baldness and massaged limbs with it. He has given up salt, ghee, oils, jaggery and sugar. This practice he has so far continued for the last six months.

Earlier sugar count in blood was 210 mg. which came down to 130 mg. Now he has discontinued insulin injection. Daily he takes only half a tablet of Diolin. Now the blood pressure has steadied at 130/85. All swellings have subsided. He is regaining his old health. Body is active and mind is full of cheer. Appetite is normal. Walks daily two miles slowly and yet has no breathlessness. He is so enamoured of the therapy that he is always all praise for the old and new votaries of the auto-urine therapy for which he feels gratitude.”

from *Manav Mootra* by R. M. Patel

## ENURESIS

A boy, age 9, had suffered from enuresis all his young life, and had been treated by physicians both of the orthodox and unorthodox schools. He was very thin, and very unhappy about his affliction. Fasted on urine for 11 days. Result, complete cure.”

Urine Therapy by Dr. John O'Quinn

## EPILEPSY

Yessica L. Delgadillo {Mexico}

"I was ill of epilepsy. I was using allopathic methods for one year and instead of feeling some improvement, I felt worse. I began to lose my hair and my gums were inflamed. My disease was very hard for me and for my parents who worried a lot when my eyes were rolling in my head and I lost consciousness and had a lot of saliva in my mouth.

I had other diseases in my throat, which were very prevalent every fifteen days. My Parents took me to the doctor and he prescribed penicillin that ended my defenses. Later I tried a homeopathic but it was useless. I did not manage to cure myself until my parents asked God and he listened to them.

My parents went to speak with the father of the temple and he gave us a gift. It was a book that taught them of Urine-therapy. In addition the Father commented that another Father had cured himself of the same problem of epilepsy as I had. My parents told me to do it. They also took it for some slight diseases that they had. Thank God we felt very well. In only

two days taking it, I have not returned to have any attacks much less to suffer any colds or flu. I thank God for this medicine that was given to me and for this faith that always I have had in him. He is the main thing to heal all and thanks to him for this spring of life that returned my health."

World-wide Case Histories of Urine Therapy by Gary Ward

## EPILEPSY

Jose Manuel Fernandez { Hermigua, Soltero Country}

"I am 35 years old. I have had Epilepsy from the age of 8 years. I have been taking my own Urine that created a change in my life of good health and the analysis proves that I am well. Good food, good living gives you great Urine and a good body. I hope that it leave peace and love for all of you all. HASTALUEGO"

jose manuel fernandez dwells hermigua, unmarried country  
Sunday, March 18, 2001

World-wide Case Histories of Urine Therapy by Gary Ward

## EYE DISEASE

A former victim of eye disease writes: "I had severe pain in the eyes for the last six years. There was irritation in the eyelashes. I had to rub the eyes constantly, and this caused excessive pain. A treatment from the Local K.E.N. Hospital for two months gave me no relief whatsoever. Then I consulted a private doctor. The relief was there as long as the treatment continued, but the pain revived as it was stopped.

I started Urine Therapy on August 3 rd, 1960. I purchased an eye-cup and washed my eyes with urine four times daily. Within a couple of months, there was relief. Within three months, complete cure was secured.

Previously, I suffered from far-sightedness, but now my sight is normal. The glasses are necessary only when some work is to be done close at hand. My constant complaint of headaches has also vanished. Now I have no discomfort whatsoever."

## EYE DRYNESS

"I am presently using 'Holy Water' [urine] with drops under the tongue, and had results as

early as 4 days with a sore dry eye at night and morning completely disappearing.”

Urine: The Holy Water by Harald W. Tietze

## EYE INFECTION

“In 1996 while traveling in Central Australia, my eyes became very infected and painful. I woke one morning and they were glued shut with infection. As I had nothing with me for eye infections, urine was all I had plenty of.

I bathed my eyes twice that day and healing took place very quickly. The next morning my eyes were quite clean and healthy again.

After that we used our urine for any little cut or scratch - nothing ever became infected.”

Urine: The Holy Water by Harald W. Tietze

## **EYESIGHT**

A 65-year-old man from India had weak eyesight. He wore glasses for correction. He began putting urine in his eyes. He also put urine in his ears. He massaged his skin with urine for fifteen days each morning and evening. Within 40 days, he could even see in the darkness. His eyesight had improved.

from *Manav Mootra* by R. M. Patel

## **EYESIGHT**

A man decided to put urine in his eyes to improve his eyesight. He washed his eyes for 10 minutes each morning. He can now see without glasses up to long distances. Gargling his mouth with urine daily also helped his teeth become strong and free of any toothache.

from *Manav Mootra* by R. M. Patel

## EYESIGHT

“A gentleman phoned me some months ago and told me that urine saved his eyesight. When the Germans used mustard gas in the way, the only chance they had to avoid blindness was to urinate in the eyes. He told me that this is well documented at the war



museum in Canberra, Australia.”

Urine: The Holy Water by Harald W. Tietze

EYESIGHT

“Just want you to know I went to the eye doctor today and he said that I have the eyes of a 40-50 year old and not 65. I didn’t tell him my secrete of putting urine drops in every morning for the last year. I also have been putting urine up my nose every morning and have not had a cold since. I still drink a glass every morning. I really believe in this. You can use this letter for testimony but just use my initials. Thanks, FMS.”

Urine: The Holy Water by Harald W. Tietze

EYESIGHT

Washing eyes with urine thrice daily makes them bright and healthy, eye-sight improves, and in many cases use of spectacles becomes unnecessary. I have myself experienced this. In 1965 I was using spectacles whose number was minus two and a half. After two months of eye-washing with urine the number came down to minus one and a half. Further continuation of the treatment brought the number down to one only.

Those who want to leave spectacles altogether and forever should apart from washing the eyes with urine, drink some through their nose. This process is known as Mutra-Neti in Yoga. It is simple and can be learned even by children. Shri Ranjitbhai, whose case has been referred to earlier, got rid of his spectacles in five months. The number of his glasses was two and a half.

"Miracles of Urine Therapy" by Morarji Desai

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**FACIAL SKIN BLACKENING**

“Shri Rank Bandhuji, manager, Gandhi Smarak Bhawan, Chandigarh, told me on 1-12-1976 that a girl's face had become partially swarthy (dark). Even prominent physicians could not give her any relief. A doctor started taking her urine for examination

and would return it in his own bottles. She was asked to massage the part with this as also to drink it. In 20 days her blackness vanished.”

from *Manav Mootra* by R. M. Patel

## FATIGUE

Ms. T.M.K., The Netherlands

"A year ago, I started drinking one glass of morning urine per day on an empty stomach. I still do, not because it tastes good but because this has caused a number of symptoms from which I was suffering to diminish and even disappear.

The first few sips were nothing like broth, like everybody says. It simply tasted disgusting - salty, bitter and lukewarm. I followed a healthy diet, so that was not the cause. Even so, it was not too disgusting to drink, and I was sufficiently motivated.

I have had M.E. (chronic fatigue syndrome) for a good four years. Besides being chronically fatigued, I often contract infections (particularly of the bronchial tubes), suffer from muscle and joint pain, and have splitting headaches which last for up to five days. The past few years, I was sick every six weeks for three consecutive weeks - a nasty cold complete with infected canker sores, followed by bronchitis.

This year, since I started drinking urine, I have had the flu a few times, but without that horrible stuffed nose and bronchitis, and only had one infected canker sore. The muscle and joint pain gradually diminished and is now completely gone! My headaches have not disappeared, but they do not last as long, are less severe and occur less often. The fatigue has not decreased, but I do sleep better.

I must add that none of this can be proven scientifically. Maybe these healing processes spontaneously and magically occurred - who knows?

I clearly remember that the first few weeks after I started drinking my morning urine, I had an unusual vibrating feeling in my head, as if a current of energy had been released. It was a very relaxing feeling. This lasted a few months, and I later heard that other 'urine-drinkers' experience this as well. The most amazing thing is that the head colds have completely disappeared. My intuition tells me that urine therapy definitely helped cure me of those nasty head colds.

I believe that my body lets me know when I have drunk the exact amount of urine that I need. I always get the feeling, "Hold it, stop! Enough is enough." If I keep drinking to see how my body will react, I usually start to gag.

I practise urine therapy as a kind of ritual, with a fixed order of doing things. For example, I could never leave the lavatory with my glass of urine and drink it in the living room or wait until it has cooled down - I would not be able to drink it. I stay seated on the toilet and drink

my urine lukewarm until I reach the 'enough is enough' point. I sometimes drink a few sips of water afterwards. Drinking a glass of spring water or weak herbal tea in the evening makes the urine taste milder.

To your health!"

The Golden Fountain by Coen van der Kroon

## FATIGUE

Mr. B. Georgia

"I am a PWA (person with AIDS). I have been doing Urine Therapy for three months. My fatigue and dizziness dissipated within the first month. I experienced intense eye itchiness. A few drops of fresh urine stopped it immediately. If I forget to take the urine one day, the next day I will pay for it with fatigue. Also my lymph gland swelling is reduced by 50%."

World-wide Case Histories of Urine Therapy by Gary Ward

## FEVER

"Lourdes V. had a fever of 104 degrees two days in a row. She did not want to go to the emergency room because during a previous visit to get treated for food poisoning she ended up getting three operations. The standard procedure hospitals use turned a simple problem into a life-threatening condition that nearly killed her. By the time her mother was notified of the situation, Lourdes was desperate. Her mother insisted on taking her to the emergency room at the local hospital, but she refused. If you don't want to go to the hospital, her mother replied, then you must do something else: You must drink a glass of urine right away. Crunching her teeth she complied by drinking all the urine she passed the next time she had to do. Within 20 minutes, she started sweating and the fever started going down. Four hours later her temperature dropped to about 85 degrees and she slept for six hours. Upon awakening she had diarrhea and her temperature was normal. Now that she has seen first hand how powerful this treatment is, she uses her urine regularly."

Uropathy by Martin J. Lara

## FIBROADENOMA

Mrs. Queta Aguilar { Mexico }

"I initiated the method of therapy the 8th of May of 1998. I am 40 years of age and my

disease is fibroadenoma in left breast and painful fibroma in right breast. I was diagnosed by two doctors. Studies have not made the problem solvable because I lack economic resources. I knew of the Urine-therapy but I did not try to do it because it made me sick. A doctor friend tried to get me to start the method of Urine-therapy because of the gravity of my problem.

I started a fasting but it was hopeless because of my headaches yet God and I pushed on to the end. When finishing the fast the fibroma along with varicose veins disappeared on the right leg. I wanted to be able to help with my testimony for others. I am not going to stop Urine-therapy ever. Thanks to Sonia I am cured."

World-wide Case Histories of Urine Therapy by Gary Ward

## FILARIA

One patient of age 72 was having filaria. Walking always caused swelling and fever. The patient came to know of urine therapy and tried it upon himself. After five months his pain reduced greatly and he was able to walk for one and a half mile without fever and swelling. He continued the treatment and improved further. He was able to walk. Three miles at a stretch without any ill effect. Considering his age, long standing of the disease and the fact that the patient did not observe full restriction, it can be said that urine therapy is capable of curing filaria.

Miracles of Urine Therapy by Morarji Desai

## FISTULA

### BOIL

"Shri Chhotabhai D. Chauhan (Nava Deesa, Gujarat) developed a small boil on his anus in September 1976. This later turned out to be the dread disease of fistula, which dissipated his zest of life. Two operations and several injections were fruitless. The wound would fester non-stop.

At last in 1977 he came round to adoption of auto-urine. He dutifully put urine-packs on the wound. The deep wound of about three -fourths of an inch gradually was reduced. Thought yet the wound is not completely cured he has at least not to change his clothes twice or thrice a day, and he has firm belief of his complete recovery. Western medicines cost him thousands of rupees and yet no benefit was gained. On auto-urine treatment he had

nothing to lose except his discomfort. Urine therapy has such miraculous powers.”

from *Manav Mootra* by R. M. Patel

## **FISTULA**

“My close friend Shri Sitaramji Chaudhari was suffering from fistula for 15 years. On the seam between thighs there was an ulcer about two inches long. He used to insert cotton-wool about 20 gms. in the wound and put five or six layers of khadi cloth on it over which he would wear his loin-cloth. He felt acute discomfort. Cotton-wool had to be replaced twice or thrice every day. When he told me that even after two operations the sickness only aggravated, I told him that if he followed my advice he would certainly be cured. I prescribed soft cloth soaked in his own urine as a fresh pack every day on the wound and drinking of auto-urine. He followed it for two months and was relieved of much of the trouble. Pus formation was stopped and the occasional dirtying when he walked some distance also was stopped. Chaudhari's faith in his cure was strengthened. After seven months most of the morbidity was cured. He had then to go out of jeera. He wrote from his new abode that his complaint was not completely cured. So he was advised *dashang* ointment and he was completely relieved of the trouble.”

from *Manav Mootra* by R. M. Patel

## **FISTULA**

“S. Chaudhari suffered from fistula for 15 years. He was operated on twice, but the disease prevailed. He took to Urine Therapy and began to apply urine-soaked cloth to the wound. In seven months the disease vanished.”

Urine Therapy by Dr. John O'Quinn

## **FEET SORES**

Ms. M.v.L., The Netherlands

"In my opinion, Shivambu Kalpa (urine therapy) is the most miraculous and effective way to treat all physical ailments and illnesses. The best thing about this therapy is that it not only eliminates the symptoms, but also works on the causes. That's how I see it: truth, simplicity and love.

I was first introduced to this therapy approximately twelve years ago. In the Babaji's ashram in India where I was staying, I came across an Australian man standing on a ladder,

painting the temple walkway. His feet were on eye level, and I could see that they were covered with wounds and sores. I called to him, "Hey John, you've got to do something about those feet of yours." He answered, "Yes, yes, I piss on them." I said to him, motherly as I am, "Come on, John, don't be angry, I have some powerful calendula ointment." He answered once again, "No, no, I simply piss on them." After calling back and forth to each other, he came down from the ladder and explained his therapy to me. I did not believe a word of what he said, and kept going on about my calendula ointment. "There is a book in the library you should read," he said. I was completely baffled when I read it, but I felt, I knew it was good.

After a week, his feet were as clean and smooth as a baby's bottom. I used urine when I had a sore throat and for small scrapes, and started to tell people about urine therapy. Later, however, I more or less forgot about it and started using other medication again. A few years later, I hiked through the jungle in the 'wrong' shoes, as I had lost my good shoes. When I got home, my right foot looked terrible-- the big toe was completely open and full of dirt. I tried calendula. The second day, my foot was terribly swollen and was very painful. The local doctor said that I either had to take antibiotics or my foot would have to be amputated. I suddenly remembered John and his wonder drug. I placed a cloth soaked in my own urine on my toes and foot, up to the ankle, and wrapped a plastic bag around the cloth. I was a sight! But I knew it would work. Within a few hours, the pain was gone, although the wounds on my toes and the swelling were still there. The doctor panicked and became angry with me. But I did not want to take antibiotics. The first two days, I changed the urine cloths every two hours and drank the rest of the urine. Within a week, my foot was better. The doctor was still angry, but surprised as well. I gave him Armstrong's book on urine therapy. Actually, he was already familiar with the therapy, but as an Indian doctor he thought working with antibiotics was 'more impressive'. Since then, this doctor has cured many people with Shivambu Kalpa (urine therapy).

In the last ten years, I have worked a great deal with urine therapy and have achieved spectacular results. Earaches, eye infections, fever, burns (also sunburn): urine therapy has helped heal all of these ailments. It changed the life of a German girl, whom I met in India. Whenever the temperature rose even just a little, she would be covered with eczema. I once asked her, "Why do you always wear long-sleeve shirts and long skirts when it is so hot?" She rolled up her sleeve and said, "That's why." A terrible case of eczema covered the skin on her arms and legs. Following my advice, she started to rub her own urine onto her arms and legs. The pain and itching disappeared immediately, and after a few days, her arms were only red. She plucked up the courage to drink urine, and gained so much faith in her healing that she even started drinking extra water so that she would produce more urine. After two weeks, the eczema had completely disappeared. And it has not come back since!

Urine therapy has convinced me of the healing power we all possess within ourselves, not

only metaphysical but also physical. Thank you, my body, for the magical power of your water. I bow in respect for the water of life!"

The Golden Fountain by Coen van der Kroon

## FEVER

"Sheth Nagindas Vidyavihar is a famous and popular school of Ahmedabad. Its former Principal, the renowned Gujarati *litteratuer*, Shri Jheenabhai Desai (snehrashmi) was attacked by infections virus giving him instant high fever. When not relieved by Western medicines he resorted to auto-urine. With a urine-fast of about ten days his fever subsided. But at some allopathic physician's instance he took *moong* soup which resulted in a relapse. So the soup was given up and the urine fast was resumed for several days. This relieved him of the fever."

from *Manav Mootra* by R. M. Patel

## FLU AND BURNS

Mr. H.V., The Netherlands

"Last year, I started washing my hair with urine. I still do, because my limp, soft hair has more body than when I use shampoo.

I have been drinking urine for six months. The first time I drank it, I mixed my urine with water because I thought it was disgusting, but since then I have got used to the taste and even think it tastes good.

I am in good health, but two or three times a year I have the flu and have to stay in bed for a few days. I started drinking my urine particularly during these periods to see if it could help strengthen my resistance to the flu virus. I was greatly disappointed when I felt the flu coming on. I thought, "I was wrong- it doesn't work." However, I rested up for one afternoon and felt fine. This happened again the second time the flu was going around. I stayed in bed for one day, took it easy and felt completely healthy. This never would have happened so quickly in previous years.

Three weeks ago, I accidentally spilled boiling oil onto my hand. I immediately ran ice cold water over my hand. "I need a miracle drug," I thought, "but what?" Of course: urine! Fortunately, I had not urinated in the previous few hours, so that was no problem. I hesitated- shouldn't I let the urine cool down? When I placed my hand in the bucket of urine, it felt healing. I later applied Propolis to the burned area, an ointment which contains Urea Pura and Allantoin (both of which are found in urine). I had second-degree burns. Because I was afraid that the burn would leave a large scar on my hand, I wrapped a bandage

soaked in urine around my hand at night and covered this with cling film. I never saw a wound heal so beautifully!"

The Golden Fountain by Coen van der Kroon

## FLU PLAGUE

"Credo Mutwa said that 70 years ago urine therapy saved thousands of lives in South Africa. Not many people remember the terrible flu at the end and after the first World War. This flu claimed around 100 million lives, many times the loss from the war itself. He said: 'A man had two women, a black one and a white one. These women cared for the people infected by the 'flu and eased their suffering in the few days until they died and buried the dead. Anyone else who had worked so close to infected people would have got the 'flu themselves but not these two women. They told others to start urine therapy, the only protection against the killer disease. The word spread fast and many thousands started the treatment. Not one, not one of the people drinking their own urine died.' "

Urine: The Holy Water by Harald W. Tietze

## FRACTURED COLUMN

Maria Elena Villanueva { Mexico }

"Seven years ago, I had an accident. Since that time I consulted several doctors. My accident was in a water drainage system called "Of the Eagles." I fell from the bridge and broke my clavicle, knee, ankle and a little of my spine. I was very damaged and very swollen. I could not walk. I weighed 123 kg.

I drank urine three times a day. In two months, I lost 20 kilos and I feel very good. Thanks to God. Today I feel healthy."

World-wide Case Histories of Urine Therapy by Gary Ward

## FROZEN TOES

"In Lapland for instance, [urine] is used against frostbites. If you came with frozen toes into the igloo of a Lapland family the women would disappear quickly behind a curtain and after a short while would come back with a wet and smelling cloth. A grin on her face would let you realise it is urine. She would place the cloth on the frozen parts of your feet."



Urine: The Holy Water by Harald W. Tietze

## FUNGI

Mrs. Rosario Avalos { Mexico }

"I cured myself of fungi in my fingernails and nails of my feet. Also I was losing eyelashes, eyebrows and hair on my head. All this was happening with time. I have done 4 fasts and it has taken me 1 year."

World-wide Case Histories of Urine Therapy by Gary Ward

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## GANGRENE

" Mr. Ellis Barker, a practitioner of Urine Therapy, reports the following cases which gangrene was cured by urine treatment:

Mrs. E., Gangrenous feet and toes followed by paralysis after vaccines had been administered. 48 day fast. Urine healed feet and toes in the first 20 days.

Mr. D., Diabetic gangrene of the left forearm. Fasted 48 days for the diabetes. Arm completely normal after 18 days. No scars.

Mr. J.W.B. (60 years of age). Gangrene of the first and second joints of the thumb, caused by a hammer blow in mason work He was treated for 18 weeks as an out-patient at a hospital. Bone removed up to the first joint. Discoloration spread towards the wrist. Fasted according to my method, applied urine compresses to the whole hand, wrist and arm. Cured in one week.

Miss C.A. (age 10). Anaemia, Gangrene of both legs following suppressive treatment for psoriasis. Large areas of skinless and livid flesh in both calves. Fasted 18 days. Cure complete. No more anaemia, no more psoriasis, no scars from gangrenous legs. She grew 1 1/2 inches during the fast.

Mrs. B., Gangrenous finger, also severe conjunctivitis following a year's use of atropine.

Fasted 12 days for gangrene, then a week later undertook a second fast for the conjunctivitis which cleared up the 23rd day.

Mr. J.I. (age 54) Thumb cut by fish-bone. Doctor attended him the same day. Gangrene ensued. Surgeon's decision to amputate rejected. Fasted 14 days. Body rubbed with urine, finger poulticed in very strong urine. Improvement after three days of treatment. Cure complete after twelve days.

Mr. N. (age 55). Tubercular gangrene of both legs. Surgeons wanted to amputate the limbs. His wife refused. Condition of the patient very emaciated. Great depression after much drugging. Fasted 42 days according to my method. Now walks as well as any man, and enjoys the exercise.

Mrs. L. (age 48). Gangrene of both legs and feet after spilling a large vessel of boiling fat over them. Treated with plaster during three weeks by the physicians. Result disastrous. Fasted 28 days, with the usual treatment advocated. Marked improvement after ten days. Returned to normal health after a fortnight.

Gangrene is often much quicker to respond to Urine Therapy than many other major, or "killing" diseases. I should mention that nearly all these cases were treated after the physicians had urged amputation. Once we understand that urine is not dead matter, but so to say, flesh, blood and vital tissues in a living solution, then its usage should be greater and its acceptance easier."

Urine Therapy by Dr. John O'Quinn

## GANGRENE

"The patient was a lady of fifty-three. She had been in the care of a well-known Bradford physician who was an authority on fasting and dietetics. Anemia had developed, the lungs showed signs of grave disturbance, and there was a gangrenous condition in one foot, with a number of skin eruptions of varying dimensions on each leg. There was also a jaundiced condition which had turned her complexion to that of an Eurasian, and the whites of her eyes yellow. Her abdomen was distended and hard, and her body had become thin and scraggy almost to emaciation.

By fasting the patient on her own urine and water, and rubbing urine into her body and applying urine compresses, at the end of ten days the kidneys and bowels were working "overtime" and though the eruptions had increased, they were less irritable. The breathing

became normal and easy, the patient slept better and above all, the gangrenous foot began to show signs of healing. .

By the eighteenth day of the fast the foot was quite normal; the urine had formed new skin, and there was no trace whatever of the livid abrasions. The foot had healed without even leaving a scar.”

Urine Therapy by Dr. John O'Quinn

## GANGRENE

“ Margarita Reyes, 70, had gangrene in one leg and doctors wanted to amputate it. She was directed to apply a urine-soaked towel to her leg three or four times a day, and to drink seven to 15 ounces of urine per day. Although skeptical, she started to follow the instructions and noticed an improvement by the second day. Her condition improved every day and her leg was almost normal two weeks later.”

Uropathy by Martin J. Lara

## GANGRENE OF LEG

“Another case involved swelling of the ankle which had begun nearly two years previously. This condition had been ascribed to her occupation, which entailed much kneeling on a hard stone floor. She had submitted herself to many treatments, both orthodox and unorthodox, but her afflictions merely increased. She suffered from severe constipation, piles, eczema, anaemia, insomnia, tic nervous, general depression, sore mouth and tongue, faceache, eruptions at each corner of the lips, and above all, more cavities had occurred in the gangrenous leg. In spite of her tribulations, however, she was a woman of great spirit, and she had no difficulty in being persuaded to fast on all the urine she passed, and up to six half-pints a day of cold water, which she always sipped.

During the first five days of the penance the eruptions began to disappear, and the skin in every part of her body began to look healthier in every respect. The faceache vanished by the second day, on the third night she slept soundly after weeks of insomnia, and by the end of the first week, the bowels and kidneys were working "overtime," and the piles were cured. In a fortnight there was no sign of the gangrene, and new skin had grown in place of the cavities. The diseased leg, which previously had become twice the size of the other one, was completely normal. Not even a scar remained anywhere to remind her of what she had suffered. The patient was subsequently put on an exclusive diet of grapes, bananas

and raw tomatoes for a week in small quantities, added fresh unpasteurized milk for the second week, and in the third week finally got her back on a normal diet.”

Urine Therapy by Dr. John O'Quinn

GAS

Shri Prem Lal Ahluwalia of Ram Nagar had constipation and gas in the stomach. Whenever he had a fit of gas, his pain and restlessness was unbearable. Once or twice I suggested him urine therapy and told him the technique of using urine. He had a double mind about it and although he wanted to experiment he could not summon his courage. However it so happened that he was alone in his house one day and his trouble started. In the middle of suffering he remembered my advice and decided to give it a try. He went to bathroom with a glass and urinated in it and drank it then and there. Effect was miraculous, within three minutes all his pain and restlessness vanished. He came to me same day in the evening and told me about his experience. I encouraged him to drink urine regularly for few days so as to destroy the root of the trouble. He said that he now needed no encouragement as he had himself experienced the effectiveness of urine and had decided to apply this treatment religiously. He still drinks daily in the morning after five years of this incidence and is free from all stomach troubles. Besides, he has a tendency to catch cold in winter and rainy season very easily which has also been cured as a side benefit. He has procured a copy of Armstrong's book 'The Water of Life' and calls it 'The Gita of Health'.

"Miracles of Urine Therapy" by Morarji Desai

GAS TROUBLE

“Hemraj Manaji Chavada (Raipur, M.P.) could get rid of his gas-trouble by auto-urine by following the treatment methodically.”

Manav Mootra by R. M. Patel

GASTRIC TROUBLE

“Shri Jayantilal C. Shah lives in Shamlani Pole,' Raipur, Ahmedabad. He has sent me the following report on 24-9-59 of his cure:

I have gone through your book, Manav Mutra, given to me by Shri Ambalal K. Patel, a store-superintendent in Ahmedabad Municipal Corporation. Thereupon, I decided to

experiment on myself.

Since long I suffered from gastric trouble and constipation and sometimes I had pain on the left side of my stomach. Uneasiness was constantly felt and occasionally I suffered from cold and cough. I began with a glass of urine early in the morning. From the next day onwards I increased the quantity and frequency of drinking urine. I took one glass of urine early in the morning. From the next day onwards I increased the quantity and frequency of drinking urine. I took one glass of urine about three times a day and thus taking total quantity of 12 to 14 oz. a day. Next day in the evening, I had two loose motions with lots of gas coming out. This continued for five days and then I had regular motions in the morning. After an experiment of seven days, gas-trouble, constipation and severe ache stopped altogether."

Manav Mootra by R. M. Patel

#### GASTRIC TROUBLE

"Shri Laljibhai H. Patel, aged forty-three, is a resident of village Aslali near Ahmedabad. After two months of urine treatment on his own for his ailments, he came to me with an acquaintance and narrated the story of his experience :

I had been suffering from mild asthma which has now disappeared after urine treatment. Only faith and self-control are required in this treatment. Lack of will power always failed in giving up the use of refined sugar and cigarettes. Had I left these two, I feel I would have attained benefit much earlier. During the first 8 days, I took entire urine passed during the day-time. After that I used to drink it only four times a day. In the last ten days, I took it only once a day. As a result, there was much improvement in my gas-trouble and constipation. With the rubbing of urine, the colour of my skin became faire, the perspiration of the soles stopped. Moreover, the pimples on the face due to heat also disappeared backache also was no more. Now I can work a good deal without any difficulty."

Manav Mootra by R. M. Patel

#### GASTRIC ULCERS

Mr. Jose Luis Z. Alvarez { Mexico }

"He had problems of gastric ulcers and some stomach problems. He also suffered very strong pains in the head that really have diminished."

## World-wide Case Histories of Urine Therapy by Gary Ward

### GASTRITIS

Maria H. Iniguez. Mexico.

"My testimony is that I have been healed of gastric ulcer. I was suffering for 30 years. Now, thank God, with 3 fasts, I am healed of gastritis and arthritis; I have noticed that I can move my joints and I no longer have pain.

I thank God that through urine therapy, I have healed myself."

## World-wide Case Histories of Urine Therapy by Gary Ward

### GLAUCOMA

"V.M. Shukla, age 68, is a retired man and had chronic glaucoma for the last six months. No eye-specialist could cure him of his disease. On doctors advice, he began Urine Therapy on August 1964. He drank half a pound of urine and massaged with old urine daily for 15 days. He used to wash his eyes in an eye-cup 12 times daily. He did not fast at all. Within one month, he got rid of his disease, and it has not recurred for the last four years, and he does all his writing and reading work regularly."

Urine Therapy by Dr. John O'Quinn

### GONORRHEA

Mr. S. New York

"One and one-half months ago I was diagnosed with gonorrhoea, anal sores and herpes. I took medication and the condition improved but two weeks later the herpes came back even worse. So I started Urine Therapy. Within two or three days, everything cleared up totally. What was even more amazing to me is the parasite problem I suffered for quite some time got resolved inadvertently with Urine Therapy, while treating my herpes."

## World-wide Case Histories of Urine Therapy by Gary Ward

### GOUT

"Shri Purushottambhai S. Patel (nephew of the late Sardar Patel), resides in. the New

Brahmakshatriya Society, Ahmedabad. For the past four years, he was suffering from gout. The finger joints, shoulders and knees, etc. developed stiffness and there was pain too. Gradually the trouble affected the whole body and lost its suppleness. Though he used to take medicine, there was no relief at all.

He came to know of my efforts regarding urine therapy and paid me a visit. I advised him and gave instructions. In the meanwhile he went on a visit to Hardwar along with his family. He stayed there for a month on the banks of holy Ganges and started urine regularly because of his going outdoors frequently for sight-seeing. Thus during his stay at Hardwar, he rubbed for 20 days in all which completely eliminated the pain in his knee-joints. Even after his return from there, he continued drinking urine twice a day with very good results. Now he is quite comfortable and happy.”

Manav Mootra by R.M. Patel

## GOUT

“I suffered from pleurisy, gout and stiffening of the vertebral column (spondylitis); whitish grey phlegm, frothy in appearance was produced in large quantities. As soon as I would leave my usual work, lesion would start. Such was my condition since 1952. From 15-5-58 to 21-5-58 I rubbed my whole body with urine and from 22-5-58 I started drinking urine and continued it up to 27-5-58 along with fasting. During this treatment, heat eruptions appeared on the whole body, but as I knew that it was only a reaction due to this treatment, I did not get alarmed. Within a short time, the eruptions subsided of their own accord. Rubbing and drinking of urine produced a wonderful effect. On the last day of my fast and the later two days, i.e. 30th & 31st, urine was tasteless like distilled water. The trouble of phlegm disappeared on the very first day of taking urine. Cold and pain in the ribs also vanished. I could sleep in the nights without covering myself because there was no trace of cold, phlegm and pleurisy. Gout and stiffness (spondylitis) also became extremely mild. Stiffness in my neck also disappeared and it became flexible again. The skin became responsive, tender and healthy. In brief urine treatment gave me excellent and unique results. Still I occasionally drink and rub urine and my health is maintained normally.”

Manav Mootra by R.M. Patel

## GRANULAR CONJUNCTIVITIS

“A college student had granular conjunctivitis. He was advised to wash his eyes with urine. He started it at once, but the eye became red in the beginning, but the patient continued to

experiment with patience, and he was completely cured within a month. He began to read even more after the cure, and still he has no complaint.”

Urine Therapy by Dr. John O'Quinn

## GRAY HAIR

Ma. of Light R. { Mexico }

"I am 47 years and 5 months old. To begin, my gray hair, varicose veins, problems of circulation and fungi disappeared. I feel like thanks to God very well am cured."

World-wide Case Histories of Urine Therapy by Gary Ward

## GYNECOLOGY

Declaration from Dr. Jagdip Shah, renowned doctor in Bombay and speaker at the First All India Conference On Urine Therapy, India 1993.

I am a gynaecologist, and started taking an interest in urine therapy after six years of clinical experience. During this period, I became aware of the limitations of allopathy. After having become acquainted with urine therapy and having received my Naturopathy Diploma, I started applying this knowledge in the treatment of several of my patients- not only gynaecological and obstetric patients, but with other patients as well.

I was astonished by the results of this therapy on several diseases which allopathic science cannot treat, let alone cure. Within two years, I have treated the following diseases with a combination of urine therapy and dietary changes with astonishingly good results: herpes genitalis, prostatic enlargement (benign), multiple kidney stones, hypothyroidism, rheumatoid erosions and leucorrhoea, chronic sinusitis, allergic dermatitis, and many more.

Scientific base: Research conducted in many countries has proven the nutritional value of urine due to its high level of proteins, hormones, minerals, vitamins and other valuable substances. These are easily assimilated and recycled by the body without any loss of energy.

Urine contains immunologically active substances which fight viral and bacterial infections and boost the immunological potential even if one is immunologically weak, as is the case with AIDS, cancer, or any debilitating illness.

Urine is a powerful cleansing agent which detoxifies and eliminates all poisonous elements. Urine therapy combined with a fast and/or a diet of raw fruits and vegetables greatly helps eliminate these toxic substances from the body within a few weeks.



Urine has an anti-cancer activity- many substances have been isolated from urine which have been scientifically proven to be effective in preventing and reducing the growth of cancer.

Dr. P.D. Desai is of the opinion that the harm done to humanity by modern, potent drugs, vaccines, radiation and unnecessary surgery is far greater than the damage resulting from the atom bomb. The damage from the atom bomb is confined to the place where the atom bomb explodes and for a limited period of time, while the damage done by potent drugs, etc. is spread through every country of the world, throughout the year, day and night.

The Golden Fountain by Coen van der Kroon

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#### HAIR DAMAGE

Ms. A.O., The Netherlands

"My hair was dried out due to a perm and colouring. After rubbing four-day-old urine into my hair and letting it soak in overnight, I noticed that it had become softer and more manageable. I also massaged myself with fresh urine for a week, and then started drinking it with orange juice. The first few days, I felt quite healthy, but subsequently began to feel less fit. My sleeping pattern changed --I sometimes needed a lot of sleep, sometimes very little. I also felt depressed from time to time. I see this as a purification process."

The Golden Fountain by Coen van der Kroon

#### HAIR LOSS

"Umacharan Sersvati ( Village Sinhpur, Dist. Narsinhpur, M.P. ) cured his major and minor troubles: like loss of hair, slow digestion, and yellowness of the eyes in 50 days with Urine Therapy."

Urine Therapy by Dr. John O'Quinn

#### HAIR LOSS

"Vina Panikar (Government Officer's Colony, Ahmedabad ) had headaches and suffered from hair loss. She visited the Nature Cure Clinic at Uruli-Kanchan and got some benefit

there, but the problem continued. She took to Urine Therapy and cured both of her troubles within a month. Along with this, her other minor troubles also vanished.”

Urine Therapy by Dr. John O'Quinn

#### HAIR LOSS

“An elderly man cured falling hair with urine. He experimented with Urine Therapy to cure his arthritis, and he not only got rid of it but also stopped his hair from falling out.”

Urine Therapy by Dr. John O'Quinn

#### HAY FEVER

Ms. E.C., The Netherlands

"For a long time I have been suffering from strong hay fever attacks. Among the symptoms are itching and swollen eyes, asthmatic conditions and constant sneezing.

I started to clean my eyes every morning with some cotton wool soaked in urine. From that moment on, the itching and swelling of the eyes disappeared, the sneezing stopped and the asthma attacks have become bearable."

The Golden Fountain by Coen van der Kroon

#### HAY FEVER

"Mr. J.B. – 44 years of age. Since childhood severe hayfever at the end of May.

31/5/46, 2 cc. fresh urine injected.

8/6, new injection of 2 cc.

9/6, slight running and burning sensation of the eyes began but the hayfever did not develop further and disappeared entirely on 20/6/46."

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

#### **HEADACHE**

“I was suffering from headache for years. When the veins of head dilated, the whole body

would tremble. On occasion during cold catarrh there was bleeding through nose and throat. All treatments - allopathic, homeopathic and nature cure - proved fruitless. Due to homeopathic medicines nose-bleeding stopped but sores erupted on my head.

I was in Momasar to nurse ailing Sadhvis (nuns). Once I was suddenly down with catarrh, bleeding through nose and mouth started, veins of the head dilated. I was averse to drinking urine. I opposed for sometime but my opposition failed against the persuasion of the sisters of the Ashram, and as Acharya Pravar had sent us there specifically for the urine therapy my opposition was without logic. At last in keeping to the word of the elders I began drinking urine, putting wet packs of urine on head as also massaged with urine. After three days' treatment satisfactory progress was registered. My faith became firm. The treatment continued for several days.

Whenever now I am attacked by cold or headache I have recourse to this treatment and get well for the last five years I have not taken any medicine as such. This simple and easily available remedy has become my favourite now."

from *Manav Mootra* by R. M. Patel

## HEADACHE

"A gentleman of Dahlni Pole, Ahmedabad, suffered from headaches every morning for the past few years. There was much irritation and it prevented him from doing any work. He used to take certain tinctures which intoxicated him and rendered him immune from any feeling of pain. He started Urine Therapy on the advice of a friend. On the first day, he had vomiting. He continued urine for three days, which relieved him of his old chronic headaches."

Urine Therapy by Dr. John O'Quinn

## HEADACHE

Sardar J.S. Ahuja was a chronic tea-taker. Ten to twelve cups a day was normal for him. His digestion was very bad and headache was a constant companion of Shri Ahuja. Ahuja used to keep aspirin and Etvobioform tablets always in his bad. People knew it and whenever anyone had headache of slight fever he would go to Mr. Ahuja for aspirin and was never disappointed. Ahuja's daily quota of aspirin was 4 to 5 tablets. Complications other than headache started developing and Ahuja was running from doctor to doctor. Doctors would prescribe further medicines. Condition did not improve and Mr. Ahuja

reverted to Ayurvedic treatment. The first condition of the Vaidya was to stop tea and aspirin and other medicines as well. Ahuja agreed. Vaidyaji prescribed some Ayurvedic laxative and blood purifier. But since headache would not stop Ahuja again took aspirin etc. and could not get well. One of my friend told him about urine treatment and referred my name in case he wanted to know more about.

After hesitating for some days he once came to me. I asked him to take leave for three days as the reaction might set in. He took leave and at home drank urine and water whole day without taking anything else. He told his family members that he was on fast. Next day he had a violent vomiting and loose motion also. But he continued his fast second day as well. By evening he was feeling extremely restful and slept like a log in the night. Third day he broke his fast and took fruits. Fourth day he again took fruits and milk only of course he continued drinking urine. From fifth day he reverted to normal diet. but he has left the tea and aspirin forever and is free from headache and constipation.

Miracles of Urine Therapy by Morarji Desai

## HEARING PROBLEMS

“ Vipul Chinubhai Shah of Pushpakunj Society, Ahmedabad, is a boy of 10. For the past sometime, he suffered from pain and ringing in the ears. He was also hard of hearing. Some allopathic medicine relieved him of the trouble temporarily.”

Manav Mootra by R.M. Patel

## HEART DISEASE

“He was suffering from asthma since 1946, heart disease since 1948, eye trouble since 1955, for years pain in knees and shoulders and pyorrhea. Attending to all these complaints with western medicines, he was frustrated. Homeopath Dr. M. Kathadani advised him about urine therapy and he proposed to try it.

From 9-9-1973 he began drinking his urine twice or thrice daily and applying twice to the eyes also. He could not massage with urine but he followed the dietetic restrictions. Gradually all the complaints were cured. Within a year and a half some of them were completely cured. Asthma was cured 90%. He used to have heart attacks twice or thrice a month. Now they came once in five or six months. The white leucodermic spot on the tip of his nose has contracted to a very small size. Soles of feet do not chop of crack. His heaviness has also decreased by about 12 lbs, body became lighter and hence more active.”

from *Manav Mootra* by R. M. Patel

## HEART DISEASE

Shri Raojibhai had a history of heart problems, including heart attacks and intense coughing. He read Armstrong's book 'The Water of Life' that was gifted to him at an ashram. He decided to experiment on himself with urine therapy. He then called a doctor on whose intelligence and integrity he had much faith and told him about his decision. After this consultation he started his treatment.

From 18th February he started anointment of his body with five days old urine. His son Shashikant did this with enthusiasm. As a result in four days his urine was passing without any difficulty. Earlier he was taking tablets for this purpose. After seven days his pain of back subsided and he was able to get up and walk without assistance. Raojibhai itching a burning sensation and feeling of numbness in his legs. He feared eczema. But all these symptoms vanished in nine days. He continued anointment. In fifteen days coughing stopped, throat cleared and he was enjoying restful sound sleep daily. Apart from these changes his general appearance was greatly improved. His face became bright and skin clear and soft. Doctor and family members were astonished to see these changes in him. Raojibhai was encouraged very much with the result of urine therapy. He wanted to fast with urine. But before taking this step he wanted to be on sure grounds. He, therefore, decided to get medically checked and take the advice of doctor before starting fast.

On medical examination it was found that the size of the heart has reduced. Lungs were clear and dry. There was no trace of cough. Heart rate was 80, B.P. 140 and temperature normal.

Although heart rate was normal but its movement was irregular, showing heart disease. However, since there was no coughing, doctor hoped that heart would now get rest and its condition would therefore improve.

Raojibhai now asked doctor's permission to fast. Doctor allowed fast for two days only. He started the fast and wanted to continue after two days. Doctor did not permit him for this so he broke his fast with pulse water. Anointment was stopped and Raojibhai kept on taking his urine in the morning.

His condition was found improved. There was some change in the E.C.G. of heart. Doctor was very happy. He continued taking drinking urine and casual anointment also. He was not cured all together but was living very happy life.

Miracles of Urine Therapy by Morarji Desai

## HEART PROBLEMS

"Mr. F. – 43 years. At 20 years of age polyarthritis with chorea (nervous disorder). Mitral insufficiency which led to an enormous dilation of the left auricle. Severe attacks of heart weakness. In the last four years repeated fits of pulmonic edema with bloody sputum. For the last two years this condition is aggravated by bronchial asthma.

First injection 12/1/46 with 3 cc. fresh urine. On the day of injection patient feels much better, after 24 hours severe attack of asthma. Heart becomes weak and must be treated.

Only slight asthma; on 3/3 2 cc. fresh urine injected. Severe attack of heart weakness, sleep is disturbed.

Since then patient recovered; not only have his attacks of bronchial asthma ceased, but the condition of the heart has also improved substantially. He is able to lie down again and can take some exercise. Since the last injection patient does not require any cardiac medicine."

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

## HEART TROUBLE

" Shri Ramanial was suffering from heart trouble for 7 years. He took to Urine Therapy and cured himself completely. He has regained so much vigor, that he rides a bicycle without any strain. He became a firm believer in Urine Therapy and cured a friend of his deafness just with urine."

Urine Therapy by Dr. John F. O'Quinn

## HEART WEAKNESS

"Shri Pranlal N. Modi of Bombay, aged 36, suffered from weakness of heart. He read a about my experiments and wrote to me a letter :

'All the symptoms you have related in your article are visible in my body. I was also prescribed the same medicine by the doctor. I got the first attack of this trouble in 1955. Now with the second attack I am confined to bed for the last five weeks. On 2-6-1958, condition became serious but God saved me. The doctor has diagnosed the disease as

'Mitral heart disease.' But another diagnosed it as Rheumatic Mitral Stenosis with congestive cardiac failure', while in your case it had been diagnosed as asthma.

I am writing this because I, too, want to begin a similar experiment on urine. The physicians have declared my disease as incurable and I am tired of it. My doctors are not permitting me to begin this experiment. I shall be highly obliged if you advise me whether I can adopt urine treatment. I shall not hold you in any way responsible for the consequences.'

In reply to this letter, I wrote to him about my experience along with some instructions. He began the treatment and he felt a gradual improvement. At the end of August, he had recovered and felt himself strong and vigorous enough to attend his office daily."

Manav Mootra by R. M. Patel

#### HEART WEAKNESS

"A man from Bombay had excellent results with this therapy. He cured himself of his weakness of the heart, and his heart is now strong enough to allow him to work with full vigor."

Urine Therapy by Dr. John F. O'Quinn

#### HEART WEAKNESS

"N. C. Chashmawala of Surat was suffering from weakness of the heart for the last six years. His age was forty-three. Up to the age of thirty, he had experienced no disease. At the age of thirty-six, he suddenly felt severe pain starting in the back and bringing pressure on the heart. That made him quite uneasy and weak. He could not walk a few steps without having to rest on the way. Friends and relatives told him that the pain was due to a cold. Doctors could not cure it. By chance, he took brandy for its cure and got some relief for a while. But after a month, the pain reoccurred and he had to take recourse to a European Specialist. From cardiograms, it was found out that he was really suffering from heart disease. He was advised to take a month's rest.

He started applying Urine Therapy by drinking and rubbing urine. He took only boiled food without condiments and fruits and milk at night. He used to take sunbathes after rubbing urine. After one month, he got relief from pain. Even for six months he had continued drinking urine and stopped its rubbing. He could take normal food. His digestion had much improved. The members of his family also began to use urine. His baby of 3

years of age fell down and became unconscious. By using urine, she was brought to consciousness and in five minutes began to play. His friends could get rid of high blood pressure by urine treatment.”

Urine Therapy by Dr. John F. O'Quinn

#### HEARTBEAT IRREGULARITY

“Dr. Salaria operated a woman of 45 for appendicitis in May 1958. An hour before the operation, she was given her own urine to drink instead of usual injections for controlling heart-beats and then the operation was performed. Her heart-beats were maintained during operation. Dr. Salaria was encouraged with the success of the experiments and decided to try it on other patients also. He did accordingly in nearly 15 cases of operation of tonsil, lipoma (a case in which there was tumour weighing 2 lb. on the shoulder), cancer on the right side of the chest and dropsy. In one of the cases, the patient suffered from a big boil on the region between the right thigh and abdomen where the rotten skin had to be excised through surgery and a new piece of skin was grafted. In all these cases, the patients were given their urine to drink before operation which maintained the regularity of their heart-beats.

This account clearly proves that the use of urine maintains the heart-beats of the patient and his blood-pressure also remains normal. I'm certain that drinking and rubbing of urine together regulate and normalize the high or low blood pressure as the case may be.”

*Manav Mootra* by R. M. Patel

#### HIGH BLOOD PRESSURE

“Shri Manila! V. Desai lives at Navsari. He suffered from diabetes and high blood-pressure. He took doctors treatment without any benefit. He entered Prachin Mutra Chikitsa Kendra at Ahmedabad for treatment on 20-4-65 and started urine treatment. Thereby he was completely cured. On examination of his urine, there was no sugar. His blood-pressure became normal and swelling on the legs disappeared.”

Manav Mootra by R.M. Patel

#### HIGH BLOOD PRESSURE

“Shrimati Saralaben R. Desai, (Vadifalis, Store Sheri, Surat) aged thirty years, had high blood-pressure during pregnancy. Blood-pressure during pregnancy is certainly a serious



symptom. Doctors could not bring it down. She began to take auto-urine in 4 oz. dose. She could not fast nor did she rub urine. Even then blood-pressure became normal and delivery was quite easy. She recommended all pregnant women to take auto-urine to keep free from big or small ailments during pregnancy.”

Manav Mootra by R. M. Patel

## HIGH BLOOD PRESSURE

“Shri Ratilal Mody (7, Triveni Plot No. 62, Sion, Bombay) had tried this therapy in full faith. He was suffering from blood-pressure for the last 30 years and had diabetes and eczema too! He could bring under control blood-pressure and diabetes and could cure eczema. This is a case of three-in-one-cure treatment. It IS no wonder urine therapy is really an all-in-one-cure treatment.”

Manav Mootra by R. M. Patel

## HIV/AIDS

Mr. A., Georgia

"I am a PWA (Person With AIDS) and have been doing Urine Therapy for two-and-one-half months. My Lymphadenopathy was gone within 48 hours after starting the urine. I had a severe acne problem on my back. After five weeks the skin is clear. My energy levels increased enormously within a few days of drinking my urine."

*Personal Pharmacy*, by Gary Ward

## HIV/AIDS

“Several years ago, Mas Caicedo was in Puerto Rico visiting his family for what he believed was the last time because doctors had given him a month or two to live. Mr. Caicedo was dying from opportunistic infections caused by AIDS. He had been taking medication for several years and was close to death. he was very weak and needed a wheelchair. A loving niece in New York had faith that he would recover, somehow. She recorded a lecture I gave on radio in New York and rushed the tape to her uncle. There was no time to lose; Mr. Caicedo had lost faith and had already paid for funeral services and a cemetery plot. Mr. Caicedo listened to the tape and decided to try it since he had nothing to lose. He threw away all medications and started to drink his urine as suggested. This is a decision that he will never regret because it saved his life. Within three days, he had

eliminated more excrement than in the previous six months. All his aches and pains were gone by the first week and his appetite and desire to live were back 100 percent. Within 10 days he had no need for the wheelchair and was gaining weight. Six weeks after the radio interview, he attended one of my monthly lectures to describe his positive experience with uropathy. Caicedo was a new man who had gained 30 pounds. six months later, he had visited Mexico, Miami and was on his way to Spain. he visited his doctors occasionally to make sure everything was okay and to see the baffled looks on their faces when they saw how healthy he was.”

*Uropathy*, by Martin J. Lara

### **HIV/AIDS**

"I laughed when I first heard about this therapy (urine) and didn't take it seriously. My main concern at the time was about my full-blown case of AIDS that had just been diagnosed and the Kaposi's sarcoma lesión (cancer) in my mouth that was supposed to spread throughout my body. But I decided to try the therapy (urine) topically on my vicious case of ringworm and not only did the ringworm condition totally disappear after a few weeks, but the dry, cracked and painful skin all around my toes and foot had totally changed. New skin had grown in and was as soft as a baby's. It had a beautiful new color and just did not appear to be my own skin!

“I then tried the therapy internally each day and over the next 7 months the Kaposi's lesions became increasingly smaller until they disappeared totally! The mouth ulcers and genital herpes that used to plague me have not returned even once. I have NEVER felt better in my life.”

— Mr. Q., New York, *Your Own Perfect Medicine*

<<<NOTE>>> (((((Is this ^^^ the book by Martha Christie?))))

### **HIV/AIDS**

“ ‘That most devastating disease AIDS, can be cured by the patient’s own urine’. Very recently we have received a letter from Victoria Seme of Tanzania where she writes that she tried UT on 10 AIDS patients as per the directions given in the book written by Dr. Thakkar and amazingly, all were equally benefited with the remission of several AIDS symptoms. The same opinion is expressed by Lynn Stabenrauch of USA in her letter dated 13/4/94.

So far around 100 patients have consulted us for using UT, and almost all of them

are progressing well with it.”

From *Urinews* (Volume 1, 1995)

<<<NOTE>>> **What’s the title of the article? Who wrote it?**

### HIV/AIDS

Mr. E.J.P., The Netherlands

"I think we can also expect a lot from this method in the fight against AIDS. I have seen AIDS patients start urine therapy in spite of such trying circumstances, and these experiences are certainly encouraging. Two years ago, a friend of mine was examined for a stomach ulcer and was diagnosed as having 'full blown' AIDS (she had a T4 of 80; according to her doctors, she had three to six months to live). She reacted badly to AZT and could not tolerate other medication. Two to four months after starting urine therapy, the spots on her skin disappeared, including the candida fungus which had turned her throat entirely white. Her energy returned, probably due to urine therapy combined with a healthy combination of plant-based remedies which strengthened her resistance. Now, more than two years later, she is entirely capable of maintaining her household and caring for her child. These last two years have certainly not been easy, partly due to the fact that the doctors did not cooperate. They kept warning her that without AZT, and considering her general condition, she would not live longer than six months."

from *The Golden Fountain*, by Coen van der Kroon

### HIV/AIDS

Sonia Rodriguez Testimonial

“As a result of a supernatural fact in the year of 1994 I found that when ingesting my own urine, we can have an amazing and incredible treatment of our diseases.

I am cured of cysts in the breast, problems of the right mitral valve of the heart and pain in my shoulder. I also had an accident of being infected with a needle from a patient with AIDS.

I began to take my own urine and fasted for four days and after the third fast of four days, the cysts of the bust disappeared. The problems of the heart faded with no future pain. I have never had problems with the infected needle accident of the H.I.V. I must mention that my examinations are completely negative. I have recovered my health, thanks to God. I

promised to God to present this therapy to as many people as possible without any interest of profit. As a result of this fact, I began to distribute conferences all over the Mexican Republic, without receiving a cost for admission. I make this with love to so many of my Mexican Brothers and Sisters and worldwide friends. Within my experiences in the conferences I have had attendance that vary between 500 to 2500 people. My eyes saw something very important. All my brothers and sisters are ill who come to my conferences. I have requested them to raise their hand who are patients under medical treatment. It is incredible the amount of ill people. All raise their hands. My question is how would it be in this world if all would have this knowledge of urine therapy? I thank God for this knowledge and I request him to bless all who are sick as he gave me when giving me my good health.

By feedback, I successfully obtained an endless amount of testimonies from thousands of people who have cured themselves and others who have shown remarkable improvement in different diseases. Incredible information, began to arrive from different parts of the world. There were different book authors in all languages, sending such valuable information here in Mexico. I have information from France, Italy, Germany, Japan, India, USA, Nicaragua, Cuba, Spain, and Brazil with testimonies of incredible and wonderful treatments with the therapy of the urine. My Internet site brought 34,000 pages of interesting and abundant information that speak of the urinary therapy and that thanks to God are curing many people only and nothing more but taking its own urine.”

from *Personal Pharmacy*, by Gary Ward

### **HIV/AIDS**

“Mr. B -- Age 38. HIV positive. T4 210. Lymphadenopathy, mild fatigue, severe acne on back. Commenced urine therapy and gland swelling reduced entirely within 48 hours of treatment. Fatigue gone within days. Acne dissipated dramatically over the following two weeks and more so once topical application of urine was begun --- three week course of tetracycline (500 mg. 4 x/day) had negligible results. When urine therapy is skipped for more than two days, gland swelling and fatigue return. After urine therapy, I am feeling much better, normal again. No other treatment used. I am so grateful for this gift of life.”

from *Your Own Perfect Medicine*, by Martha Christy

### **HIV/AIDS**

Mr. L. New York

"I have been doing Urine Therapy for four months now. I am a PWA. My only symptom was a low T-Cell count. My last test showed my T-cell count went up from 285 to 489."

from *Personal Pharmacy*, by Gary Ward

### HIV/Aids

Ms. R.G., The Netherlands

"More than two years ago, a friend told me about urine therapy. I immediately started a fast for a few days and afterwards felt much better. Moreover, I had gained a great deal of faith from this experience: I suddenly realised what a great influence attitude has on health and well-being.

Although I knew I was HIV-positive, I did not think about the possible consequences. At one point, I started suffering from itching around my vagina; my doctor told me that this symptom often occurred in people who were HIV-positive. The doctor gave me an ointment, but I soon stopped using it, as I could not stand the idea of being dependent on an ointment. I realised that since urine flows in and around that area anyway, perhaps it could help take away the itching. Apparently, the thought alone was sufficient the symptom quickly disappeared.

Some time later, I started suffering from sinusitis again, an old and familiar ailment. At that time, I did not drink my urine every day. Over a period of a few weeks, the sinusitis developed into a nasty, chronic, common cold. I could not shake this cold, and constantly had a splitting headache. My homoeopathic remedies were ineffective, and so I stopped taking them and at the same time started drinking my urine. At that time my urine was quite dark. A friend told me this indicated a loss of vitamin B, and so I started taking extra vitamin B and C. This was the only 'extra' remedy that I took. I dripped old urine into my nose and supplemented the treatment with meditation and breathing exercises, such as pranayama. I gradually got better, and after a while all of the symptoms disappeared.

This was a rough period for me. I was confronted with my fears, especially my fear of death. Afterwards, however, I was not afraid any more. I was very peaceful, had more faith, and developed a new attitude towards life, all of which I nurtured with meditation. I learned to let go of my expectations, even of meditation. Of course, at times my faith also failed me.

Six months later I developed a number of spots under my arms. It seemed to be a kind of allergy, and it itched like crazy. I scratched many scabs open and it was very painful. When I started to dab the spots with urine, the scabs closed up in no time and the spots disappeared. Since then, I use urine for every scrape and wound, and it works excellently. I massage urine into my face, and blemishes disappear quickly. Whenever friends ask me how come I look so good, I just answer, "Urine does it!"

I also plan to get my T-cell count tested regularly to see if anything has changed.

I trust urine therapy based on what I have heard and read, but most of all based on my own experiences. I realise that only my own experiences can teach me anything, not within a month or a year, but possibly over a longer period of time."

The Golden Fountain by Coen van der Kroon

## HYPERACIDITY

"Shri Bhavasukhlal B. Mehta (Village Saras, Taluka Olpad, Dist. Surat) could cure his own hyperacidity, piles and other ailments at a time by auto-urine."

Manav Mootra by R. M. Patel

## HYPERTENSION

Richard R. Ruvalcaba. Mexico.

"I learned urine therapy in a seminar in the month of February, 1996. from then to date, June 13, 1996, I have been taking my urine up to four times a day.

And I have definitely given up my eyeglasses. My cardiovascular system was regularized, as had hypertension. And physiologically I feel very good. I also used to suffer from gastritis.

I even healed my dog, who was infected with scabies, already hairless. With my own urine, I bathed him and on the third day, the scabs and scales fell off. Then his skin and hair regenerated."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## HYPERTENSION

Dr Teresa S. Rivas {Mexico}

"I practice different alternative therapies. Days ago my mother called me by telephone telling me, 'Daughter, I am very sick. I feel that I will die. I have very high pressure and my pupils are very expanded. My stomach feels very inflamed. I feel that I am going away to die ...'

Then I said to her, "Mother, fast for three days and drink your Urine. Mix the Urine with mud

and rub it on the stomach and kidneys."

I was very surprised when she called me on the following day to say that she felt like she was 15 years old."

World-wide Case Histories of Urine Therapy by Gary Ward

## HYPERTENSION

Mr. Jose P. Atilano { Mexico }

"By means of my brother who attended a conference with the Dr. Sonia, I found out that he was cured. My brother cured himself of hypertension. My mother with three valves of the heart and my sisters with colitis and migraine. I cured myself of nerves, could not sleep and now I sleep like baby. Thanks to God and the Dr. Sonia we are curing ourselves."

World-wide Case Histories of Urine Therapy by Gary Ward

## HYPERTENSION

Robert { Mexico }

"My name is Robert and I am 37 years old. For approximately two years I have been having problems with arterial hypertension due to the excessive tobacco consumption, alcohol and bad feeding. More than two years ago, one night, I felt I was going to die because my pressure raised, raised and raised, to a degree it was a the point of a heart attack.

They took me to the hospital of the Mexican Institute of Social Security. The first electronics that they processed, I heard them say what a serious cardiac problem I had. I was hospitalized one week in total. The arterial pressure did not lower (sometimes 150-90 or more) and the doctors changed me to the floor for serious critical patients stay. On the fourth day they controlled the pressure and on the seventh day they released me. Nevertheless, already nothing was the same.

When leaving the hospital they said the hypertension crisis was my fault. Doctors thought that these problems were to the esophageal flow and others to a problem of the brain. I saw many doctors as cardiologists, gastroenterologists, neurologists, iridologist, acupuncturist, etc. All made a concerted effort, but they did not manage to standardize my pressure to tranquilize me. Until recently he took Tenormin every night. They are blockers of the pressure to avoid the nocturnal hypertension crises. Sometimes I felt that I was going to die.

Already for several years a friend whom he is more than 70 years old but he appears he is as healthy as an individual of 50 years suggested me to take age calmly with Urine. Without great excuses I every day took a glass of my Urine in the mornings, but not gave importance to this. Recently, I found a book and I decided to investigate. What I read was much more interesting and I continued investigating. I then bought the book named the Curative Power of Urine, (the liquid gold of Health), by May Ana, and the Water of the Life, by J.W. Armstrong. But what I decided was to drink my Urine as to what I read in this page, and yet really, I began the therapy 18 days ago. It clarified that I did not need to consult any doctor. What could I lose if the Urine is sterile and it does not produce any disease?

Today, after 18 days I have initiated the therapy and the anxiety and the fear which proceeds to a hypertension crisis have disappeared 90 percent. In general I feel far better and I am recovering my original perception of things much better. I also encounter better flavor of foods. I have better digestion and little by little I have been recovering my tranquillity. My pressure has been normal 115-80 118-80 with a pulse of 75 per minute. That I did not even have before the crisis of two years ago. I suppose that still I am not cured, but have taken the first step towards my definitive treatment. I offer my testimony to those in case it serves to them as something. I hope that they are animated to put in practice this therapy that is free, in benefit of its health. Greetings and that God bless them."

Roberto { Mexico }  
Thursday, March 08, 2001

World-wide Case Histories of Urine Therapy by Gary Ward

## HYPERTENSION

Alicia De Higareda {Mexico}

"I am cured of hypertension in only three months. I have not taken a single pill, only Urine. After doing a fast of 3 days, I feel very well and I am already working, thanks to God."

World-wide Case Histories of Urine Therapy by Gary Ward

## HYPERTENSION

Octavio S. Avila {Mexico}



"For 13 days after taking my Urine, my high blood pressure and diabetes disappeared. The Urine no longer tastes sweet. I do not feel weak nor with hunger. I am cured but I have not made the fasting, but I will."

World-wide Case Histories of Urine Therapy by Gary Ward

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### INFECTION IN NAVEL

Mrs. Maria Castel D. { Mexico }

"I cured myself of an infection that I had in my navel and also the conduit healed that unites the navel to the bladder. It did not close by itself but could be united with surgery. With the Urine It sealed itself."

World-wide Case Histories of Urine Therapy by Gary Ward

### INFLAMMATION

"Mrs. Pashiben (Ramnagar, Sabarmati) got inflammation on her entire body. She was admitted to the urine therapy centre on 25-4-61 for urine treatment. She was 25 and had been suffering from inflammation for the past 1 1/2 years. She had consulted a number of doctors and Vaidyas without any success. At last; her father-in-law came to know about urine treatment and decided to admit her in the centre for treatment.

She remained in the centre for 19 days up to 14-5-61. From the day after her admission she was given the following treatment for 19 days:

1. Complete fast for the first two days during which she was given to drink the entire urine and when thirsty she was given boiled water.
2. From the third day, water was stopped and she was given cow's milk to sip a spoonful every time she was thirsty. Later the quantity was gradually increased to 3 pints and then to 5 pint. Drinking of entire urine continued as usual during all these days.
3. She was daily rubbed for about an hours with urine which was 3-4 days old.

With this treatment for 19 days she was 75% cured and on morning of the 20th day, she took leave from the centre but continued the treatment at home. On 2-7-61, her father-in-law Shri Mohanlal Tulsiram came to the centre and reported that Mrs. Pashiben was

completely cured of the inflammation within 12 days after leaving the centre. Her general health had also considerably improved and she had resumed her normal diet.”

Manav Mootra by R.M. Patel

## INFLAMMATION IN KNEE

Juan M. Velazco {Mexico}

"I am approximately 5 days old in taking Urine and thanks to God everything has marched well in my life. Before my left knee hurt so much that I began to use a cane, because without I had very strong pain and inflammation. The doctors said that only with an operation could I heal because the knee was with retention of liquids. Thanks to God and the Urine I have cured myself."

World-wide Case Histories of Urine Therapy by Gary Ward

## INFLUENZA

“Ranjitbhai Baladevabhai Parikh is a man of selfless service. He has benefited by Urine Therapy, and he is giving his treatment to others. There was an outbreak of influenza in 1958. As he was drinking urine daily, Ranjitbhai was saved from any contamination, but one of his nephews, Dihp, fell prey to it. Ranjitbhai advised him to drink his own urine. After half an hour the patient had a strong vomit of some yellow and black substance. His chest and stomach became light and influenza disappeared. The patient did not feel further necessity to drink urine again. In this way, Ranijitbhai cured a number of patients but never cared for any publicity.”

Urine Therapy by Dr. John O'Quinn

## INFLUENZA

“In 1931, when I was in Africa, this disease spread out among the aborigines residing in forests of Uganda. I was anxious to know about their methods of its treatment. For this purpose, I investigated and was surprised to know that some Protestant priests were treating them by the application of their own urine. By this treatment, Africans had recovered their health in a short time. Then I took some interest in this method of Urine Therapy. I can not forget the love and sympathy of those priests. They gave me two books on urine cure so that I could understand the scientific method of this therapy. In 1942, during the military service, I myself and other European officers of my rank adopted Unne Therapy

against a number of diseases."

Urine Therapy by Dr. John O'Quinn

## INFLUENZA

Ms. LT., The Netherlands

"I am forty years old and work as a journalist. The first three months that I worked with urine therapy, I wrote a book, moved, and kept my routine going as a single working mother. This should give you an idea about the enormous amount of energy I possessed. At the time, there was also an influenza epidemic in the Netherlands and almost everybody I knew had been sick, myself excluded. One night it began, starting with a pounding, infected feeling in my nose and gums (a weak spot), a dry throat and teary eyes. I figured it was logical that I break down once the greatest pressure was over. I gargled and rinsed my gums with fresh urine and doubled the daily dose of urine I normally drank. A day and a half later, I was completely recovered, and did not even have a runny nose any more. The flu, or whatever it was, had not intensified.

In the initial phase, perhaps the most remarkable effect of urine was on my moods.

Drinking my own urine helped me break down barriers I never thought I could, and gave me a delightful feeling of inner freedom. It was something like, 'If I can do this, I can do almost anything.' Like go to Australia, or whatever. That feeling of freedom has remained."

The Golden Fountain by Coen van der Kroon

## **INTESTINAL PROBLEM**

"Shri Bhojraj Sancheti stays in Momasar (Dist. Churu, Rajasthan). He is 58. For the last 15 years the meals in his home have been cooked bland - without chillies, spices and beverages like tea and coffee have been given up. He has been doing social service and welfare work for the last decade. Hundreds of patients have been benefited by his nature cure treatment and urine therapy based on his own experience and have been relieved of their complaints and are leading healthy and useful lives. He narrated his findings of the urine therapy on January 11, 1977, as follows:

At the age of 47 my digestive system became weak and the intestine almost stopped working. Any amount of the customary treatment would not bring any relief. In these days of desperation my attention turned to yoga. Yogic practices gave me much relief and so my faith in them grew stronger.

Resolved to effect complete cure, I submitted myself to the treatment of Dr. Ravindra Chaudhary of Ranipabia, Dist. Purnea (Bihar) and thus I was initiated in the nature cure therapy. By the almost three-and-a-half-month treatment I derived many benefits but could not be said to have restored completely to health. This was the period when I had the opportunity to make a regular study of nature cure.

In 1970, I had occasion to visit Bombay. There by the Jain monks and other I was introduced to the urine therapy and developed a desire to apply it in my own case. On returning to Calcutta I read twice the book *Arogyaka amuly Sadhan - Swamutra* (The Priceless Panacea for Health - Auto-urine) and that led to a firm faith in this therapy and I resolved to bring it into practice. I was then a victim of influenza and it was raging. About four-five days auto-urine treatment drove away the fever. When I returned to Momasar I was caught by typhoid .Which was driven by 21-day auto-urine regime.

The experience I gathered during these days of suffering formed the basis of my application. This invaluable and simple remedy in hundreds of cases of various ailments which invariably resulted in complete cure and restoration of health and had I kept a record of these cases it would have run into useful and welcome book of reference to the public. I can vouchsafe on my experience of hundreds of cases that during their treatment there never was any untoward effect or harmful reaction as a result of this treatment.

All other medication, both indigenous and foreign has been banished from my home and members of my family are profited by this therapy.”

from *Manav Mootra* by R. M. Patel

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JAUNDICE

“This case took 10 days to clear up on a urine-fast plus tap-water. Ten days or less have usually sufficed to clear up a jaundiced condition, that is provided it has not been due to cancer of the liver.”

Urine Therapy by Dr. John O'Quinn

JAUNDICE

“Miss M. —14 years old.

At school several attacks of icterus (jaundice). Since 2/1/45 depressed, headaches, no appetite, coated tongue, somewhat increased temperature. Blown up feeling in the abdomen, pains in the right hypogastrum

13/1, Fully developed jaundice, urine dark brown.

16/1, Intragluteal injection of 1/2 cc. own urine. No local reaction.

31/1, Jaundice symptoms in the skin, sclera and urine disappeared entirely. Feeling well again.”

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

### **JAW LOCK**

“My right jaw was rendered so immobile that my mouth would not fully open on the right side. While eating it made noise similar to one heard while chewing ice pieces. I was not able to properly masticate *roti* (bread) for about one month, as chewing involved pain. Mostly I was on liquid or semi-liquid diet. I underwent allopathic treatment of tablets, capsules and injections and even radiation treatment, but it was of no avail. At last for a fortnight I drank urine, massaged with urine and placed urine pack on the cheek. This gave complete relief.”

from *Manav Mootra* by R. M. Patel

### **JELLYFISH STING, PORTUGUESE MAN-O-WAR**

“...I was stung by a blue bottle jellyfish (Portuguese Man-O-War) while body surfing (unfortunately I had just relieved myself in the surf). I came straight home and rubbed some old urine into the site. (I always keep some 1-2 days old), the pain diminished to negligible in a matter of minutes, and with a second application half an hour later, the pain and the red welts caused by the sting completely disappeared.”

Urine: The Holy Water by Harald W. Tietze

### **JOINT PAIN**

“Another woman, age forty-four and somewhat fatty, suffered from pain in her knees, shoulders and other joints, and slowly the pain covered her whole body .. There was swelling on almost all the joints. There was difficulty in walking too. She started Urine Therapy on May 12, 1966. She felt relief in only four or five days. Then she fasted on urine for five days. There was an all-around relief to her body. Her weight was reduced by about 12 pounds, constipation disappeared, cold was no more, and she now feels quite normal.”

Urine Therapy by Dr. John O'Quinn

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KIDNEY DISEASE

“Rusi Malaowala had a wonderful cure of his almost incurable kindey disease. doctors could not cure him. He was very anaemic. His urine contained 390 mgs. of urea (normal is 30 to 40 mgs.) On Dr. Paragjibhai's advice he began urine treatment and in 2 months was almost cured.”

Manav Mootra by R.M. Patel

KIDNEY FAILURE

“How I Cured my Dead Kidneys - Naturally

I was always a huge believer in the “system”. I did everything the doctors told me to do, and that included every vaccine that was going and all the boosters. I also took antibiotics for two years, which I was given as a precaution for burns. I never enjoyed good health, constantly battling infections, both internally and externally. I spent a lot of time visiting both medical doctors and natural therapists, doing everything they told me. I took Panadol with my vitamin supplements.

When I got really ill, I would go on a fast of just fruit in the mornings and carrot juice all afternoon (absolutely nothing else) and no matter how sick I was (even severe ear infections) I was always better in 3-4 days.

As I was teaching severely disabled children, I was told to get my Hep B shots, which I did just before I fell pregnant. I swelled up like a balloon and did not lose weight after I had my daughter. Again I did everything I was told. I ate low fat everything and went to the gym regularly but did not lose an ounce; my bones became softer, more brittle, began to

break easily and I suffered several broken toes.

After her 3rd vaccination needle, my daughter, Helena became limp and floppy for a whole week. I switched to Homeopathic Immunisation, and she has enjoyed 5 years of PERFECT health!

The day after my cousin had a baby, she rang me and said that both her doctor and clinic sister had told her that homeopathically immunised children and unvaccinated children are a health threat to fully-vaccinated children for the first 5 years of the fully vaccinated child's life! So she said my daughter could not see hers at all! This led to me more fully investigating this vaccination issue, and I was totally shocked to find that the exact opposite is the truth! That all the evidence (found mainly in Medical Journals and Government Statistics) proves that orthodox medical vaccines are not only ineffective and dangerous, but even counterproductive!

I gradually became very ill, with a severe dry cough that would not heal. For the first time in my life fasting did not work. I became more ill and weaker and was coughing, sweating and dry-reaching 24 hours a day. My brilliant acupuncturist diagnosed failed kidneys. She said my lungs were fine, but my kidneys were not producing enough fluid for my lungs to function. Using a "hot" needle technique she turned my kidneys from ice cold to very painful!

Later at home I read in my "Yogic Management of Common Diseases" book that what I had was incurable, but that it is thought that up to 12 pears a day can remove kidney stones. Well, I thought that it may be able to get dead kidneys working again - so I tried it! For 6 days I ate 12 pears a day, plus heaps of fresh parsley, 4 litres of filtered water and kidney cleansing herbal tea. I blew my nose continually and I lost nearly 2 stone in stored fluid in a week! I then realised that I hadn't had a fat problem, but that my kidneys hadn't worked properly since I had those Hep B vaccinations, and I was simply storing fluid. So, with the help of pears, kidney tea and gentle yoga that massaged my kidneys, I got them working again! I then switched to organic food and chemical free living (e.g. using white vinegar for all my cleaning and stain removal).

Then I turned 40. ...I felt fantastic, with the sole exception of a severe gum infection that I'd had for over a year, and that survived all my detoxing. My husband suggested Urine Therapy - so (after a bit of persuasion) I rinsed my gums with fresh, midstream urine, and miraculously, after only a couple of days, my gum infection was totally cured! I also put 50 drops of fresh midstream urine under the tongue, 3 times a day for 3 days. My urine changed from thick, dark, cloudy, and smelly to thin, light, clear and sweet during this short period of time (so I knew my kidneys had improved). BUT my acupuncturist was amazed at how all my internal organs were now working perfectly! That was last April - and I have never felt better. I have not had to see my acupuncturist (or indeed any health practitioner) for over 6 months and I have just experience my first winter ever without having to deal with colds and infections!"

Urine: The Holy Water by Harald W. Tietze

## KIDNEY FAILURE

“Patient: Mrs. Minal Munkund Pednekar. Aged 32 years.

A nurse working in Chembur Hospital, Mumbai, suffered from kidney failure. The left kidney had stopped functioning totally, whereas the right one had failed 70%. Days were very painful for her as urine was passed very slowly. She was using allopathy treatment but was not satisfied with the results. She was brought to our auto-urine therapy centre at Goregoan with the help of three women from an acupressure centre. It was also very difficult for her to walk.

The persons coming with her were all non-vegetarian, hence I gave her my fresh urine to drink. At that time she did not know that she was given urine. After a little while she urinated properly and she felt great relief from pain.

Later on I treated her with acupressure for a year. She even drinks her own fresh urine regularly. For the past four years she is still working in her daily routine without a single dialysis, with only her one kidney working at 30% efficiency.”

Urine: The Holy Water by Harald W. Tietze

## KIDNEY INFECTION

Gpe. Teresa of the T. Barba. Mexico.

"I have a daughter who, from 8 months of age, suffered high temperatures of 41C degrees. I heard on the radio about a conference, but I did not take much note. Shortly after, the father of my temple said that a conference in the temple would occur and I went. After the talk, I left very convinced and I began to give the urine to my daughter. The 20th of May of 1996 I began to give my daughter the therapy and by 28th of May I had to do tests on her. We found that my daughter had problems of the "reflux urevolateral". The Doctors set up an operation in 4 months. At this time I had to give her antibiotics. She got worse and the drugs did not convince me she would get better. My Daughter was very anemic.

My husband and I then decided to give her urine each month. We did the procedure for her each month and the pediatric Doctor was very surprised to see that the girl was better than



a person that had ever been ill. So on every month I did the procedure to her and she no longer has infections. During the infection in an entire year she only gained 1kg. Taking the urine, in the following 4 months, she gained 3,800 kg.

My daughter is now healthy and has not returned to be anemic. I thank God and to the Urine-therapy. The name of the girl is Mariana."

World-wide Case Histories of Urine Therapy by Gary Ward

## KIDNEY SURGERY

Marcelino LI. Barragan {Mexico}

"Surgically, I lost a kidney. I began the treatment of Urine-therapy. In the third week of therapy, I did fasting for 3 days, and another fasting one month after. With the therapy, I have changed my ways of eating. Now, I like many vegetables and fruits and others foods cautiously. I have felt more energy and I give thanks to our Christ who gave me my health."

World-wide Case Histories of Urine Therapy by Gary Ward

## **KIDNEY STONES**

"On May 30, 1977 I began feeling pain in my stomach. And then for the whole day I could not pass urine so got myself admitted to Civil Hospital. The surgeon declared that I was a case of kidney stone. For thirty days I took medicines and injections which gave considerable relief. During this period in the hospital a book on auto-urine therapy came to my hand. I followed it and practised auto-urine experiment. After continuous three months' practice of the therapy I have been completely free from the ailment."

from *Manav Mootra* by R. M. Patel

## **KIDNEY STONES**

"Shri S. K. Pandit. C.I.B. Officer, Raipur (M.P.) aged 45. From 1970 he had pain in his right kidney. After trying all types of treatment in 1975 under the supervision of Shri K. G. Pandit he resorted to urine therapy, He was kept for a month on urine, water and milk, as he could not sustain a fast. He would eat greens and fruit in ample measure and would take *triphala* (an Ayurvedic medicine) for bowel movement. He would drink urine thrice and massage with old urine. His pain has gone. For the last two years he feels no complaint. But since a fourth of the hardened substance (stone) still remains he is advised to continue the urine

and massage.”

from *Manav Mootra* by R. M. Patel

## KIDNEY STONES

“Shri Pratap Jethalal Kantharia is an artist. He is thirty-five. He suffered from kidneystone for 7 years. Doctors could not cure him. He did not accept doctor's suggestion for operation. He got advice from Dr. Paragjibhai Desai at Bombay urine cure centre. He started urine treatment in May 1966. He used to drink auto-urine three times a day, 1/4 lb. each time. He massaged his body for 75 minutes each day for seven days with old urine and kept urine pack on the painful part. In one month he was cured. There is no trouble for the last two years and is completely all right now.”

Manav Mootra by R.M. Patel

## KIDNEY STONES

Shri Pratap Jethalal Kantharia, an artist of Bombay aged 35 was having stones in the kidney for seven years. He got treatment from many doctors but all advised operation to him to which he did not agree. At last Dr. Parag D. Desai, Director, Bombay Urine Therapy Centre treated him. He was advised wet pack anointment and urine drinking and the patient got cured.

Miracles of Urine Therapy by Morarji Desai

## KIDNEY STONES

Alicia R. Castle. Mexico.

"I want to give my testimony about how the Urine-therapy acted in me. When I took it for 15 days, 3 small kidney stones left me, resembling gravel. In truth, I did not know what was wrong with my kidney, but I suffered pain in my back.

Most wonderful is that my legs no longer hurt me. The suffering came from my bad circulation. So much time I spent treating myself with homeopathy and I see it does not cure. Now I give thanks to God that urine therapy has me healed."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## KIDNEY STONES

Daisy M. Torres {Mexico}

"I am 39 years old, and thanks to God I found out what urine cures, by means of my sisters-in-law and my daughter, who went to a conference. For one month now I have been using the method of Urine-therapy and I already did one fast in which I rid myself of kidney stones and I lost 4 kilos of weight. I thank God for this treatment that I received because I also had colitis and already I am healed."

World-wide Case Histories of Urine Therapy by Gary Ward

## KIDNEY TROUBLE

"A man had no relief from kidney trouble stopped all medicine and began taking urine three times daily. With the intake of urine he had clear motions, and there was no difficulty in urination. He also started massages with old urine, after which he used to take baths with warm water. The experiment continued for a month and the following benefits were obtained.

Constipation had been removed to a great extent. Now the stools were of a natural color. Piles were eliminated altogether. Appetite was revived, and he began to enjoy his meals. A scar of dry ringworm was cleared by rubbing urine. Back pain alleviated. Urination is easy, but slight burning sensation is still there, due to the narrowing down of the passage. Eruption near the left ear has gone. Two small spots on the right hand, affected with white leprosy, have been almost cleared. Itching sensation disappeared by urine massages in the very beginning. Everything digested has no ill-effects.

The gentleman says, 'Thus I have been benefited in a number of ways, and there is no exaggeration in what I have stated.' "

Urine Therapy by Dr. John O'Quinn

## KNEE INJURY

"A fifty year old woman accidentally had some hard impact on her right knee, and so the cartilage's there were injured. She could not walk properly and afterwards she developed arthritis. It was then very difficult for her to stand erect for a few minutes. Bone specialists gave a verdict that it was a very hard case. By chance, she came to know about Urine

Therapy. She fasted on urine only for two days and massaged her knees for about two months and is quite all right now.. If there is any pain, she applies Urine Therapy and cures it at once. She can now climb 300 steps in a very high building. She is adept in Urine Therapy and she has cured a young woman of her tumor by this treatment.”

Urine Therapy by Dr. John O'Quinn

**KNEE PAIN**

“I am of 70 years. I was suffering from constipation for years. My knees and sleeves were giving me pain for the last 20 years. It was with great difficulty that I could stand or sit down or move about. There was pain and sprain in my chest and stomach, high blood pressure .and hypertension, insomnia and loss of appetite. Allopathy could not give any relief. Ayurveda no doubt gave some but not of lasting nature.

Thus I had to resort to urine treatment in 1974. Drank urine several times and massaged with it for 30 minutes every day. Took meals only once every day. Within a week I had some relief; by a month's time I was halfway to recovery and by about ten weeks' time I was free from all ailments.

For the last 20-25 years I used glasses. But I had to take medicines for blurred vision. But since initiation into urine therapy, I have stopped taking medicines. I apply urine to eyes also. I also persuade others to have course to this invaluable remedy and be profited by it.”

from *Manav Mootra* by R. M. Patel

**KNEE PAIN**

Jesus Solorzano R. { Mexico }

"I healed pain in knees and feet (putting Urine compresses on the affected areas). It also improved my vision. The irritation of the eye went away. I now can see better. Also, I wash my hair in urine and it is now growing, after being bald. I have taken it for 8 months."

World-wide Case Histories of Urine Therapy by Gary Ward

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## LARYNGITIS

Ma. Conception R. Rodriguez { Mexico }

"I began the 16th of July 1996 and with one fast of two days, thanks God I am alleviated of an acute laryngitis which I had for 25 suffering years. Now with the blessed Urine and God, it has been already eliminated completely."

World-wide Case Histories of Urine Therapy by Gary Ward

## LEARNING DISABILITY

Martha L Lopez { Mexico }

"In the second week of my Urine-therapy, my vomiting along with chronic difficulties disappeared in the morning.

My daughter of 9 years with learning problems, improved her grades. She knows the tables and already she multiplies with ease."

World-wide Case Histories of Urine Therapy by Gary Ward

## LEPROSY

"Recently a gentleman was attacked by leprosy. He started this experiment and the pain was checked. Besides that other troubles of the body, i.e. cold, constipation, indigestion, etc. have also been totally removed."

Manav Mootra by R. M. Patel

## LEPROSY

Mr. J. W, United States

"At the International Conference on Complementary Medicine in Madras, I was sitting next to a physician from Israel who had come to India with an interest in working with lepers. Literature on urine therapy was passed to us which mentioned that urine had been used successfully in the treatment of leprosy. Naturally, he was interested in learning more about it. And of course there is really only one way a person can know about something like urine therapy. We both laughed...

It just so happened that I was coming down with travellers diarrhoea. So I thought I would put the unmentionable therapy to the test. I did and I have to admit that first cupful is etched

in my memory. Needless to say, I didn't die, I got over my problem very quickly and will never know for sure if it was the urine that did it. After that first shot, the rest was downhill. I can testify with absolute confidence that the practice of drinking my morning overflow has benefited me greatly not only physically but in mind and spirit. It has made a steady and profound improvement in my health. I am not as moody as I used to be and this has been corroborated by my friends. I've been without any viral conditions since I began, but more importantly I am confident that this practice will help keep me healthy."

(From: Widening Circle; A Newsletter from John M. Wynhausen, Doctor of Chiropractic, 1992)

The Golden Fountain by Coen van der Kroon

## LEPROSY

Letter from D. Satyamurthy  
Employee Bethany Colony  
Bapatla, India 27 December 1992

I am a paramedic worker at Bethany Colony where people with leprosy are treated. I was told of this treatment by a woman from England, Sister Margaret Deleney. Together, we treated several leprosy topical ulcers and some chronic asthma cases and skin disorders. We achieved good results with this treatment. Since then, I have treated many cases, and the treatment has never failed. Also, hip baths and drinking urine daily is the best treatment for chronic and painful piles. The problem is that the patient is often unwilling to drink his or her own water. Therefore we mix it with some juice and serve it at breakfast.

I can honestly say it is the best treatment for leprosy ulcers, asthma and several skin disorders. I am extremely grateful for this therapy and plan to start a small clinic for urine therapy.

D. Satyamurthy,  
The Golden Fountain by Coen van der Kroon

## LEPROSY

"Once, while on evening walks, Kaviraj met a person named Kehra suffering from leprosy. He requested Kaviraj to treat him and started weeping. Kaviraj consoled him and told him that the disease can be treated provided Kehra was ready to follow his advice strictly.

Kehra agreed to do anything to get cured. Kaviraj advised him to drink all the urine and anoint the body with it. After three weeks of his treatment Kehra's body started oozing a

foul smelling water. Condition worsened so acutely that the patient wanted to leave the treatment. After much persuasion he agreed to continue it. Kaviraj used to go to him daily and encourage him. One day Kehra had a strong fever and remained restless throughout the night. Next day morning a miracle happened. Kehra's skin came off his body like snake's slough. He was made to lie on ashes of cow-dung cake. He remained deeply asleep. by evening ashes were changed four times to soak the offensive secretions. After two days he became conscious and was given cows milk with honey. His body was cleaned with a piece of cloth. He was then made to lie on a cot. The patient felt well and painless. He continued urine drinking for few days and got cured completely.”

Miracles of Urine Therapy by Morarji Desai

### LEPROSY DEGENERATIVE

“Kanajibhai Wolanial, age 32, is an inhabitant of Ahmedabad. A skin expert had taken him for a patient of degenerative leprosy and treated him as such for a long time but failed to cure him. His hands and fingers now bore the wounds, and he always felt a piercing and burning sensation in his fingers. He was unable to lift anything with his hands. The nerves of his hands were strained and had contracted. He had already begun rubbing with urine on his hands for a week and felt considerable relief from the burning and piercing sensation. He was advised to continue rubbing regularly and also start drinking urine the next day and to fast on urine and water after a couple of days.

Next week, he reported an improvement in his condition. He fasted for three days and continued the rubbings for three months. He was extremely happy with the results. Here is a short account: ‘Before the treatment, I was unable to move my hands up and down, but it is possible to do so now. Moreover, I was unable to do work with them but now it is possible to do so. On the whole I have been considerably benefited by urine treatment, and the wounds of leprosy on my hands and feet have disappeared. The piercing sensation in the fingers has also vanished.’ ”

Urine Therapy by Dr. John O'Quinn

### LEUCODERMA

This case was of a girl sixteen years of age. There was only one white spot on her back. The spot was of nearly one inch diameter and two months old. As the girl and her parents were much worried and ready to follow any schedule however difficult, I asked them to let her daughter fast with urine and water for three days and keep on anointing the body with

urine for at least two weeks. The girl was advised to take no spices and unnatural food during the treatment. I am happy to record that the girl and her parents followed the instructions religiously. The white spot started changing its colour just after five days of treatment and vanished in another five days. However they continued the treatment for five days more. Not only the girl got rid of her white spot, her skin became exceptionally clean and transparent.

Miracles of Urine Therapy by Morarji Desai

## LEUCODERMA

Shri Ranjitbhai Parikh, aged thirty two was having white spots in all parts of his body for the last fifteen years. Even his hair became white due to leucoderma. Ranjitbhai used to go in search of saints and talk to them about yoga and other spiritual matters. In due course he became intensely interested in yoga and read 'Hath Yoga-Pradipika'. In this book 'Shivambu Kalpa' was referred in connection with 'Amrauli Mudra'. After much effort he could find the 'Shivambu Kalpa' in Sanskrit. He experimented on himself many formulae of urine therapy described in this book. He got his eyesight improved by drinking urine through nose. But his major success was treatment of leucoderma which is described below.

Proper urine drinking and anointing with urine started affecting his leucoderma in stages. White spots started decreasing in size and then vanished gradually from many parts of the body. Spots of head vanished and hairs became black. Face, neck, stomach and hip became spotless and skin changed to natural whitish colour.

When Raojibhai saw him after the treatment, he could not recognize him. Young sadhu of Arvindashrama, his long black hair and long beard were magnificent. Raojibhai was wonder-struck and after listening his story, became all the more convinced of magical powers of urine.

When Raojibhai saw Shri Ranjitbhai, there were few white spots left on the extremities of his hands and feet. However Ranjitbhai was convinced that these too will vanish after some time.

The above case-history shows that if rules are followed rigidly and a natural life is led, wonders can be done with urine therapy.

Miracles of Urine Therapy by Morarji Desai

## LONG LIFE

Adrian Llamas {Texas, USA}



"I am a young adult. I AM very interested in the urine-therapy, since my maternal grandfathers believes this. The only difference is that he asks me for my urine. He lives very healthy and is now 92 years old. I hope to have the same fortune that my grandfather has. Confide in my faith and the Urine-therapy."

Adrian LLamas,  
the Step, Texas E.U.Friday, October 13, 2000

World-wide Case Histories of Urine Therapy by Gary Ward

#### LOSS OF LIFE

"Shri V. S. Nimbarkar (The Janata Cloth Market, Tulsi Pipe Road, Dadar, Bombay) could free himself and his friends from diseases like loss of hunger, pain in the stomach, and other ailments by urine therapy."

Manav Mootra by R. M. Patel

#### LOW BLOOD PRESSURE

"Shri Devdas Pandya of Nadiad (of Kala Mandir) suffered from low blood-pressure and was feeling discomfort and weakness due to it. He had a relative who was a Vaidya and wanted him to undertake urine treatment. He devised a trick for this. He used to collect urine of Shri Pandya on the pretext of its examination and returned the same telling him to be cow's urine! Shri Pandya used to drink it thinking it to be so. As a result, his blood-pressure went up from 110 to 122 and weakness diminished.

Had the Vaidya asked him in the beginning to drink auto-urine, he would not have done so. So he was compelled to give it in the name of cow's urine. Now he has overcome nausea and can participate in a number of activities without feeling any exertion."

Manav Mootra by R. M. Patel

#### LOW BLOOD PRESSURE

Beatriz Eugenia F. { Mexico }

"The last year I suffered low blood pressure. My counts lowered me to 30 to 50, and I now have migraines. When I went to the supermarket they had to take me in a wheelchair. Taking Urine, I improved remarkably. In the beginning, I stayed with my drugs. Later I was

stopping the drugs little by little and increasing the dose of Urine. I have not done a fast and perhaps that is the reason I have not cured myself of nervousness. God and am going to do one."

World-wide Case Histories of Urine Therapy by Gary Ward

## LUPUS ERYTHEMATOUS

Ivon M. Gonzalez. { Mexico }

"I have big thanks to God a very great testimony with the Urine-therapy. I was ill with Erythematous Lupus for 6 years. The Doctors said to me that it was an incurable disease. I felt very sad and looked for alternative for health. Thank God I found eastern natural method.

At the moment I have 3 years in taking my own Urine and my studies already left negative disease here in Mexico and the United States. I do not have words to be thankful to all the aid that it has offered me. God bless them."

World-wide Case Histories of Urine Therapy by Gary Ward

## LUNG CAVITY

" N.Thanker, age twenty-eight, had a cavity on the left lung. She was vomiting blood and had fever and cold and gasping. She took to Urine Therapy, and in 13 days blood vomit stopped without any reaction. Gasping and cold vanished, and she felt far better. She could eat, as appetite increased. Ultimately she cured herself completely from this fatal malady."

Urine Therapy by Dr. John O'Quinn

## LUNG SMOKE

Fireman Michael Maloney was concerned about the smoke that he was breathing daily and the effects it could have on his health. He heard a radio interview I gave in 1992 and attended one of my lectures. To test his endurance, he would time how long he could hold his breath, which was usually about a minute. To clear his lungs he decided to breathe the vapors of boiling urine five to ten minutes every day after work. Four days later, he developed a severe "healing crisis" that forced him to stay home three days. Two weeks later, he started breathing vapors again, but this time he had no healing crisis. Uropathy had increased his oxygen absorbing capacity so much that he held his head under water

for more than three minutes to show his coworkers what urine had done for him.”

Urography by Martin J. Lara

## LYME DISEASE

Urine Therapy is Healing Me From 7 Year Battle with Lyme Disease

“I just wanted to let anyone out there with lyme disease know that I'm being healed of lyme disease with urine. I didn't expect to be recovering this quickly. I've only been doing urine therapy for a little over a week. The muscle pain and arthritis that was KILLING me is now easing up considerably!! Although I have been improving with natural supplements, nothing has helped me this drastically ever! I thought I was going to die with this, now I know I won't! My whole family has lyme but only me and my son are doing the therapy. He had kidney stones and was in terrible pain and now he has NO stomach pain. I am a believer in urine therapy and I will do it until I completely recover and even after I do. This has been my best friend and the biggest blessing from God!!”

Username: MichelleT

Date: 1/23/2006 6:27:57 PM 984

From curezone.org

“I have been doing UT for about 3 weeks. I had thrush for several years after taking antibiotics for lyme disease for many years. I now no longer have thrush since I've been doing UT. The yeast problem is going away for me in a very short time period. I don't know how much you've read about UT but it is the oldest medicine. It has been known to cure just about any disease. Like everything, you must stick with it and don't stop doing it when a Herxheimer comes. I had one yesterday after getting a shot of UT. I feel much better today.”

Update from MichelleT

Date: 2/2/2006 1:42:47 PM

From curezone.org

## LYME DISEASE

“Lyme Disease- Muriel had been suffering with Lyme Disease for more than 5 years when I met her accidentally. I was supposed to visit 515 W26 Street and 512 W29 Street to investigate complaints concerning the plumbing work in the buildings. I ended up going into

515 on W29 Street and while there I started talking to the super about my book and the treatments I suggest for viral diseases. That is when Muriel walked into the elevator. I explained to her that I was not a doctor or a physician but the treatments suggested had worked for a man who had Lyme disease for 10 years and subsequently cured himself with one injection of fresh urine intramuscularly. It sounded a little bizarre to Muriel but the disease had just flared-up keeping her out of work for a week or so and she was desperate to try anything.

Lyme is a viral disease deemed almost incurable by doctors requiring a strong dosage of antibiotics for a year. The virus is hard to kill because it hides in the nervous system where it mutates and flares-up every three months or so. A urine injection is effective against this and all other viral diseases because urine passes through the brain barrier and help the nervous system's cells build resistance against the virus.

I suggested she do a Urine Therapy search on the Internet and that she purchased my book to get more information. She read more about the treatment and applied as suggested. Four weeks later I met the super of the building in the subway and he told me that Muriel was doing great with a single application."

From curezone.org

## LYMPH GLANDS

Mr. D.v.K ... The Netherlands

"I started using urine therapy when I stopped smoking. I had read that urine therapy has a detoxifying effect, and that was just what I needed. I carefully started drinking the urine in small sips (literally shivering with disgust), massaging myself with five-day-old urine, and even sniffing it into my nostrils. The whole day I thought I smelled urine everywhere a strange experience! After a few days my kidneys started to hurt, as if somebody were wringing them out by squeezing them. I regularly suffered from shooting pains and after a few days my urine contained fine grit. The grit could have been caused by the contraction of the kidneys, but I cannot be sure of this.

After a week, I had enough of this arid so I stopped. After eight weeks I cautiously started again: the first few mornings I only rinsed with urine and thereafter started to gargle. From time to time I drank a small sip; I started to massage my face with fresh urine, and later with old urine. After two days, I noticed that the urine had an unusual effect on my skin. My pores, which were often oily, were much cleaner and my skin softer.

This second attempt at using urine therapy went much better. After a few days, I started drinking urine. I also drink some of my last urine before going to bed, and this seems to make my morning urine lighter in colour and milder in taste.

After five days I started to have bad breath, and I sometimes had a grey film on my tongue. I had the feeling that my body was being cleansed (apparently through the breathing

process). This was inconvenient when I was in the company of other people: I constantly had to use breath fresheners or mouthwash.

After a week, my lymph glands were swollen, especially in my right underarm. For years, I had a small, hard lump under my arm. This had become a soft bump half the size of a hard-boiled egg. It was painful and frightening.

I felt uneasy about the swollen areas under my arms and slept poorly. Two nights later, however, I felt much better. The bump under my right arm was still swollen, but it had decreased in size. On the other hand, I had severe pain under both of my arms, and from time to time in my groin. I started a urine fast.

Two days later, I still had a grey film in my mouth and probably still had bad breath. I took a break from urine therapy: for one day, I did not drink urine or massage with it. Strange - it seemed like I was more tired, as if a kind of clarity disappeared.

The swelling under my arm had almost completely disappeared! I felt a bump the size of a pin-head instead of a large bean. Fantastic!

A day later, the small bump had completely disappeared. I fasted the entire day on urine and a few glasses of water. Another hard bump in my underarm was becoming softer. The hard bump suddenly shrank to one third its size and it was as if I had a marble under my arm.

Ten days later, I started drinking a cup of urine every morning and used it to wash my face and underarms. My skin was still grainy, my pores clearly undergoing a cleansing process. Sometimes when I looked in the mirror, I really noticed how good my skin looked. The rest of the day I also regularly drank my urine, particularly before going to bed. My urine is now almost always light in colour (also in the morning) and smells and tastes milder.

The large lump is practically gone, and the small bump has not even left a trace. I believe that my body has found a balance and has got used to my daily dose of urine."

The Golden Fountain by Coen van der Kroon

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MALARIA

"M.Q. (athletic type, very temperate and a small eater) contracted malaria out East and had it for three years. During the year before treatment, he had suffered from thirty six attacks. He dosed himself regularly with quinine. He finally cured himself completely with a urine fast lasting ten days. Hence, no more quinine. He has never had another attack, and has kept in

fine health by adhering to his temperate habits and freely partaking of urine.”

Urine Therapy by Dr. John O'Quinn

## MALARIA

I myself got malaria 4 years back. By that time I had used urine-treatment in many cases with success and was fully convinced of its power. I fasted with urine for only three days and got cured completely. One of my relative who too was down with malaria almost on the same dates did not follow my suggestion and took quinine. Just after five weeks he was again down with malaria. This time, however, he agreed to fast with urine and continue for three days. He was cured but continued to drink urine every morning in a month as a precaution.

Miracles of Urine Therapy by Morarji Desai

## MENOPAUSE

Marisol Manges { Mexico }

"I am 45 years old and when beginning to take my Urine-therapy. I suffered from menopause. At 28 years old I had my tubes tied. I had shame, insomnia, nerves and smoked heavily. Today, after 6 months I can say to everyone, I now do not smoke and I feel perfectly well."

World-wide Case Histories of Urine Therapy by Gary Ward

## MENOPAUSE

Light of the Carmen D. Sierra { Mexico }

"I attended a conference that a friend invited me to go. I went to learn to practice the fasts with much love in Christ. In fifteen days I have alleviated myself of many things. I diminished the menopause, lost 10 kilos (23lbs), and on the 2nd fast, the pains in my chest and arms disappeared. My vaginal infections that stained my undergarments disappeared in one month. After the 4th fast, I built my blood and my skin recovered the elasticity in the ankles like when I was young.

I have always liked to study and to read a lot. Now I feel that I understand more, which makes me feel closer to love God and myself. The value of knowledge is more to

fellowman and to love of life. Thanks to God for the form in which it has made me arrive my healing."

World-wide Case Histories of Urine Therapy by Gary Ward

### **MENORRHAGIA**

"I was for several years a victim of menorrhagia (heavy menstrual bleeding). I was operated for that at the Dungargarh Government Hospital. But it gave no relief. On the contrary it created hysteria in me and I began to get its attack. Alternatively doctors and Vaidyas tried their skills on me but without any effect. I was daily growing weak. I was kept in the Ratangarh hospital also for one-month and I was operated upon for a second time. But the complaint would not leave me. At last with the consent of the family members, I began Urine therapy. For some days, I was on urine fast. About two hours' urine massage and thrice urine drinking every day for a month drove away both menorrhagia as also hysteria. By Shri Sancheti's grace I had almost a new life. I, therefore, request all brothers and sisters to give up recourse to Western medicines and benefit with this remedy."

from *Manav Mootra* by R. M. Patel

### **MENSTRUAL IRREGULARITY**

A young woman who incurred an internal injury due to a sudden fall was suffering from irregularity of menses. Her digestion also was affected and she got constipated. As a result poisons got accumulated in her body. First allopathic and then Ayurvedic treatment were tried. But neither her constipation nor her menses improved. Then some of the relatives of the woman advised her to come to Nature Cure Hospital Malad. She was brought to the experienced doctor of that hospital Dr. Krishna Verma.

the condition of the woman was very serious at that time and it looked as if she is not going to live for a day or two. Dr. Krishna Verma first refused to tackle this case. But the case was brought to hospital by a Vaidya who was a chromo-therapist. He said that if the patient was allowed to make use of the facilities of the hospital along with chromotherapy then he will be responsible for the life and death of the woman. The husband of the woman also agreed to take the responsibility. At last she was admitted to the hospital.

the Vaidya who was instrumental in getting her admitted went to Bombay to bring his equipments but never returned. Dr. Krishna Verma then took the responsibility of treating her himself.

At the time of admission, her menses were stopped. She was fully constipated and her urine was scanty, deeply colored and foul smelling. her hands, legs, chest, and eyelids

were swollen.

It was decided to give her urine treatment. She was given urine and hot water to drink and her body was anointed with urine. After few days, she was given coconut water to drink in place of plain water. Slowly her urine increased from 5-6 ounces to 70-80 ounces per day. Swelling of the body diminished and other complaints subsided. At some parts of her body there were black spots due to deposits of impure blood. This was taken out by leeching the patient. Thus the woman was cured and lived a normal life.

Miracles of Urine Therapy by Morarji Desai

#### MENSTRUAL PROBLEMS

“Shri Amrit N. Wadia, B.A., aged fifty-two, wrote that his wife Prabhavati aged 45 oozed mu& blood by bleeding during menstruation and there was sickness at the same time. She used to put cotton soaked with urine in vagina along with the usual urine treatment. She was completely cured of her trouble by this treatment.”

Manav Mootra by R.M. Patel

#### MENSTRUAL PROBLEMS

A woman named Prabhawati aged 45 was suffering from bloody leucorrhoea. At the time of menses she used to bleed too much and it then continued for a long time. She was made to fast for eight days. Anointment with urine and urine drinking was continued for a month. At the same time urine soaked cotton was put into her vagina daily four times a day. In one month woman got rid of her disease completely. She was treated under the guidance of Dr. Paragji D. Desai.

Miracles of Urine Therapy by Morarji Desai

#### MENSTRUAL PROBLEMS

Another young girl, recently married was suffering from irregularity and acute pains during menses. Advice of urine therapy came through her mother worked and the next menses was in time and painless.

Miracles of Urine Therapy by Morarji Desai

#### MENSTRUAL PROBLEMS



Without name. { Mexico }

"I am a homeopathic and I am 39 years old. I started the method of Urine-therapy only to understand the effects of this method since I take care of many patients of diabetes, hypertension, etc. Before understanding it as a therapy, I wanted to know its effects.

I experienced its curative powers improving my power of understanding remarkably. The texture of my skin cleared up. In addition I healed a growth of my matrix that caused to me bleed constantly outside my menstrual period. Actually I have not returned to take a echo sonogram, because the improvement of my symptoms speaks more than a thousand examinations."

World-wide Case Histories of Urine Therapy by Gary Ward

## MENSTRUATION

Ma. of J. Gutierrez {Mexico}

"I had difficulties in my fingers. I no longer could close them well and it felt as if I touched electricity. After my fasting my fingers work better. I no longer hurt and I can close them well. I also discovered that my menopause was better. My normal menstruation was every three months and now I can menstruate every month. I feel very active, without laziness. My blood pressure is normal and I am very happy, Thanks to God."

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

"Lady H. – 32 years of age. Married. Complaints since childhood. Complaints about distention, flatulence, digestive troubles...attacks of severe migraine (which) occur regularly before menstruation.

4/4/45, 2 cc. of fresh urine injected. Injection repeated on 10/4 and 17/4. In the last two years no digestive troubles, no migraine attacks any more before menstruation. Other spastic symptoms have also disappeared."

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

## MIGRAINE

Mrs. B. Florida

"I had been suffering from migraine headaches for 35 years. In addition, rheumatoid arthritis had plagued me for the last 15 years. The pain and swelling in the joints of my hands was unbelievable. I could not leave the house without painkillers. For four months, half of my foot was covered with a fungus. I tried many different treatments. Unfortunately, it only got worse. At 198 pounds, I was overweight as well. Needless to say, I was not the picture of health.

Then a friend told me about Urine Therapy. I soaked my feet in urine, and within a week, the fungus cleared up. Then I started drinking my own urine. The result was just incredible. Four and a half months later, my weight was down to 130 pounds. I have lost 68 pounds! My arthritis is gone, and my headaches are gone. I feel like I am 20 years old again. Thank you for telling me about Urine Therapy."

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

Gloria Vazquez. {Mexico}

"I have been many years suffering from migraine, and since I began to take my blessed urine, I began to feel the benefits because the strong pains in the head were taking from me.

Today I can say that thanks to God I am cured completely and I feel with great desire to make many things out of my life. I am more dynamic and I feel perfectly well, thanks to the Urine that gave me tremendous energy."

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

Ofelia Margarita Flores M { Mexico }

"I had listened to Urine-therapy with my best friend. She did not take it serious. Later I had the luck to listen to a talk of it and Chemistry on the radio.

Recently they diagnosed me with migraine, diabetes, arthritis, uric acid, cholesterol and outgrowth in my right eye. This time I took the Urine and my headache is

gone, my eye has improved remarkably and I do not think of quitting my therapy."

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

Javier T. Quintero. Mexico.

"I suffered from headaches for more than 20 years. I took my urine and on the fourth day I rid myself of my blood clots. When I did the urine fasting, the headache went away. Now I have taken 4 fasts and I am cured. Thanks to God. Before I took medicines daily and today, no longer."

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

Maria de Jesus M, Mexico.

"I had migraine headache and colitis, in addition to fingernail that fell off. For 2 months, I drank the Urine. The headaches are gone. The broken nail that I had for years is already growing and the colitis does not affect me more. I no longer have inflammation in the stomach.

World-wide Case Histories of Urine Therapy by Gary Ward

## MIGRAINE

Maria Elena M.

Thanks to God I cured myself of migraine, I began to take the Urine and the headache has not returned. It also hurt me to walk and no longer do my feet hurt. May God bless to Chemistry. Sonia, thank you very much. I am now a vegetarian and feel much better. Thanks to God I am cured.

World-wide Case Histories of Urine Therapy by Gary Ward

## MITRAL STENOSIS

" P.Batta of Navagam (Dist. Kheda) had a dilated heart and suffered from Mitral Stenosis. She used urine, living on simple food. She took urine as well as rubbed it. She could cure

herself of the heart trouble, and at the same time got rid of cold and liver trouble.”

Urine Therapy by Dr. John F. O'Quinn

### **MOLES**

“Some months ago, my wife's wrists were overgrown with small moles. A famous Dermatologist was consulted who prescribed costly medicines and tablets and also frightened by the warning 'if enough caution is not observed the body will be covered with them.' I gave up the plan of purchasing the medicines and asked my wife to keep her affected parts dipped in her fresh urine daily for some time. After a month's treatment all the moles disappeared and the wrists were again as soft and smooth as before.”

from *Manav Mootra* by R. M. Patel

### **Morning Sickness**

“Before we got our distiller, we were buying Crystal Geysers, a bottled water from a known spring, or getting it from a friend who had a reverse osmosis system. When we got our distiller, I was three months pregnant with my fourth baby. All my previous pregnancies I had constant morning sickness throughout each of the previous three pregnancies, the whole pregnancy! My morning sickness instantly disappeared when we started drinking the distilled water. Absolutely nothing had worked before, not other purified water, not herbs, not any tricks or medication (that was the only diet modification we made at the time and when I took a week trip to family and was drinking their purified water, the morning sickness returned until I got back home and started drinking the distilled water again).”

--- from the comment section of Dr. Mercola's article, "Avoid this Type of Water Purification"

### **MOSQUITO BITE**

“Lisa L. had mosquito bites on her back and the urge to scratch was driving her crazy. She placed a urine soaked t-shirt on her back and after a half hour, the itch disappeared.”

*Drink Your Own Water* by Tony Scazzero

### **MOTORCYCLE ACCIDENT**

“I was in a motorcycle accident, breaking my arm in three places, scraping the skin on my

shoulder, arm, trunk, and leg. One side of my body was road burned several layers deep. I had no insurance so went home to heal myself. All I had for healing was my own urine. I applied it all over the open wounds. I never had a scab. My healing was from the inside out. The body filled in from the bone to the muscles, and finally pink smooth skin. The regeneration on my head and eyebrow cannot be noticed today. I was back at work within one month.”

*Drink Your Own Water* by Tony Scazzero

## MULTIPLE SCLEROSIS

“Jim had multiple sclerosis since 1981 and had tried everything to fight the disease. He heard about urine therapy and attended a lecture in 1992. The next day, he drank one ounce of urine. He felt a burst of sublime energy that made him feel very good and energetic for about three hours. During this time he did several things he wanted to do around the house. After the three hours, his wife ask him to take her out to run some errands, but he was feeling a little tired. Then, she suggested that he take another ounce of urine. He did and off they went. He had the same burst of energy the second time around. He has been drinking his urine ever since and doing fine.”

Uroopathy by Martin J. Lara

## MUSCLE PAIN

Abundia O. Garcia. Mexico.

“Two months ago I took my urine and I was full of bruises and muscle pain. I could not walk, and I would fall often. I have diabetes, I just stopped my medications and my intestines improved completely. I took my urine 3 times a day. I have not fasted, but I’m going to do it.”

World-wide Case Histories of Urine Therapy by Gary Ward

## MUSCULAR DYSTROPHY

“Kalavatiben Jain is a religious and pious lady. Her predominant motive in life is service. This selfless motive of service inspired her to take up a very hopeless case of muscular dystrophy. Her brother-in-law, Shri Jinendrakumar, fell victim to this disease. He remained imbecile for sometime and at last came to such a hopeless condition that doctors lost all hope for his life, and he was hardly to live a few days. In his condition, Kalavatiben took up

his case and began Urine Therapy to cure him.

At that time, his limbs were benumbed, hands were shaking, and there was vomiting. He was quite lusterless, and he was reduced to a mere skeleton. The Urine Therapy was begun on March 17th, 1972 by Kalavatiben and her sister. They began rubbing 20 days' old urine for 5 hours till late in the night. A plethora of dirt began to be rubbed out as urine-massages went on. Massage treatment was carried out for 10 hours daily and 1 bottle was used for the purpose. In four days, there was seen some marked improvement, and so the patient agreed to drink his urine. He began drinking urine on March 20th, 1972. His rectum was cleared by urine enema. There was a cement-like excreta deposited in the rectum, so it was to be cleared by fingers in the beginning, and about one pound of excreta came out in this way. Enemas were given thereafter, and urine pads were placed on the stomach for one month. Light food was given in the beginning, and slowly, it's quantity was increased. In the first seven days, the patient's legs became free and he began to sit up in his bed. In 20 days, he began to stand, and in 1 month, he started walking with a stick. In four months, he was completely cured and began to go to his shop with a physique and health which he never enjoyed before. Can there be any better "instant cure" than this?"

Urine Therapy by Dr. John O'Quinn

## MUSCULAR DYSTROPHY

Martha Pacheco { Olando, { Florida USA }

"My name is Martha Pacheco and my testimony is about of my son that was born with Muscular Dystrophy. I started to give my own Urine to him since he was three years old. I gave him in his baby's bottle and I was taken it normally. In five weeks we started to prove good results for he was able to move his joints a little and every time he moves them a little more. It was possible for him to stand up for a few second but at least that is something."

Matha Pacheco

Trimming, Florida U.S.A- Saturday, June 09, 2001

World-wide Case Histories of Urine Therapy by Gary Ward

## MYOPIA

Olga Z. de Rodriguez { Mexico }

"I have been diabetic for 13 years. Three weeks ago, I began fasting with Urine-therapy.

Today I feel very improved. My dizziness has disappeared. Pains in my body, fatigue and a cyst that I had in my arm is now gone. My vision is recovering and now I can read without glasses.

I thank to God and the Urine therapy, and to the people who recommended it to me."

World-wide Case Histories of Urine Therapy by Gary Ward

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#### NASAL BLEEDING

"Raghava Panikar is 43, and he suffered from nose troubles for seven years. There was a burning sensation, and sometimes blood came out with a sticky substance from the nose. He used urine to cure his nose trouble and was completely cured by merely inhaling urine through his nose twice or three times a day. Raghava was soon completely cured."

Urine Therapy by Dr. John O'Quinn

#### NEPHRITIS

"Shri Maheshkumar V. Joshi (Vile Parle West, Bombay 56) had nephritis for the last three years. He was treated by specialist and was given treatment in Harkishandas Hospital too but he was not cured. He started urine treatment on 1-2-60 and for 15 days drank all the urine for 1 1/2 hours daily for one full month. He fasted on urine for 4 days. There was swelling on the body and so he mixed urine with black clay and applied on the swelled parts. By such full treatment of urine, he cured himself completely."

Manav Mootra by R.M. Patel

#### NEPHRITIS

"Shri Ambalal K. Patel, B.sc., L. L. B., is the store-superintendent in Ahmedabad Municipality. He applied urine therapy on his younger daughter who was a patient of nephritis and cured her."

Manav Mootra by R.M. Patel

## NEPHRITIS

"M.V. Joshi (Vile Parie West, Bombay 56) had nephritis for the last three years. He was treated by a specialist and was given treatment in Harkishandas Hospital also, but he was not cured. He started Urine Therapy of February 1st, 1960 and for 15 hours, drank all the urine he passed. He massaged his body with warm urine for 1 ½ hours daily for one full month. He fasted on urine for 4 days. There was swelling on the body so he used urine compresses applied to the swelled parts. By such full treatment of urine, he cured himself completely."

Urine Therapy by Dr. John F. O'Quinn

## NERVE DAMAGE

Maria L. of Orozco, Mexico.

"Thanks to the urine therapy, I escaped surgery. The neurologist said I had an atrophied wrist ligament and I was pressing on the nerves. They were strong enough discomfort so I had already decided to surgery, thanks to God I'm fine.

I started urine therapy on the day January 31, 1996 and in less than two weeks I began to feel enough improvement. Also, in my right hand I had an allergy to detergent, which always caused irritated and cracked skin. All of this totally disappeared.

I also feel great on my nerves and makes me sleepy. Before this, it was difficult to get to sleep."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## NEUROPATHY

Ma. of the Refuge of Aldrete, Mexico

"I am 50 years old, was born in Guadalajara, Jalisco, Mexico, and later moved to Veracruz and had 5 children. From youth, I suffered from low blood pressure. There were times it would be only as high as 60. It later rose and now it gets up to and 180 \* 120.



In November of '94, I my feet started to go numb. Then the legs and it continued to spread over the whole body and then I couldn't move and the body was very swollen. I was in bed for almost a year. I was diagnosed with diabetic neuropathy, and I took drugs 8 to 10 tablets per day.

With much work and much pain, I was beginning to me. My sister came to my house in Veracruz with her husband and family. They gave me the news that God our Lord, through urine, was healing the sick and incurable. We invited another diabetic brother who lives in Orizaba diabetic and they taught us all about urine therapy. Then I started the treatment, offering the sacrifice of Our Lord Jesus Christ. Then we decided to come to Guadalajara to listen to the conference in order to learn the treatment better and take it to Veracruz. During the 3 weeks of taking the urine, I was taking high blood pressure medicine and one day I felt so down I could not move. I stopped the medicine and the next day I was in perfect health. Before, whenever I stopped taking the medicine, an hour later I felt a tachycardia (fast, irregular heartbeat). Now I am without any medicine and in very good health.

With treatment, the swelling disappeared, I can walk on my own, since I only used to walk with the aid of someone or in a wheelchair; and nervous system would give me insomnia, now I feel very relaxed, I sleep well, thanks to God and the Urotherapy " .

Testimonials of Patients Cured by Urine Therapy  
<http://paraisodelasalud.org/testimonios.htm>

## NUMBNESS OF HAND

“ A woman from Jodialaguru was forty-five. Her forehand used to become numb at night, such was her condition for 12 years. Slowly the numbness increased. On pressing the hand there was pain also. She could not get any benefit by doctor's treatment. So she started Urine Therapy in 1965. She fasted on urine for five days, and massaged her hands with urine. She felt complete relief, cured numbness of her hand, and is quite normal now.

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## OBESITY

M.R. from Austin, TX, USA

“I started urine therapy at the beginning of November, on my way back to London from

Sydney, when I stepped off at Bangkok for one month. Week one I did water and urine only then I introduced small meals. All went really well and I lost weight, and felt great. By the time I got to London my friend said I looked 15 years younger. All in all I had increased my food intake by then, consumed the odd pint of Guinness and consumed all urine passed and still felt good.

I came to the USA on the 12th December. Within two or three weeks I felt that I had started bloating even though I was consuming all urine. I had to go away to California for a week and was sensing that I would not be well as I should be. The long and short of it, I came down with flu last week with such vengeance the like that I have not experienced since a child. I was bed ridden for two full days and it took me over a week to get over it. Further more each time I tried to go back on the urine I felt like I was getting worse. My conclusion: this apartment is a new block, the carpets are toxic with all sorts of xenobiotics on them, formaldehyde, Toulon, arsenic, benzene, etc. I do not have the best of immune systems, and I think the urine therapy was recycling the toxins. The bloating was the body retaining fluid to dilute the toxins as much as possible to render them harmless in my body.

Anyway I am not going back onto the urine therapy until we have moved from here, which I am looking for another apartment at this point in time, with hardwood floors. It is shocking that these deadly carcinogenic chemicals are allowed into our home furnishings. And if they are not clued up they could deteriorate your health totally. I would like to say that these things are allowed through ignorance, but I am afraid that you can pick up any poison book from the library and you will see that for decades these things have been categorised as toxic. Just another part of the drop-feed genocide that most of the general public prefer to believe as ignorance.

Any way Harald, thank you for your book, and I have enclosed some USA stamps if you would be good enough to send me your newsletter. Oh by the way, I have persuaded quite a few people in London to get on the therapy, and they love it and are doing great. Keep up the good work!"

Urine: The Holy Water by Harald W. Tietze

## OILY PORES

"I started to massage my face with fresh urine, and later with old urine. After two days, I noticed that the urine had an unusual effect on my skin. My pores, which were often oily, were much cleaner and my skin softer."

## *Drink Your Own Water* by Tony Scazzero

### OLD AGE

“Dr. Maganial Salaria is a qualified doctor as well as a Vaidya of Ahmedabad. His dispensary is located on the crossing of Saraspur, and it has an accommodation for outdoor patients. He has deep faith in Urine Therapy. Now he is 65. He is healthy and knows urine to be a harmless drink for one's health. To prove the fact that urine is a perfect safeguard against disease-pervaded atmosphere, he took his urine for four months, and during the interval, he took a digestible, light diet once a day only. Within three months, he gathered great strength and vigor in his body, and his skin became lustrous, due to increased blood circulation. Wrinkles due to old age also disappeared, and there was an increase of 14 lbs in this weight. He has no trouble whatsoever, works hard for 12 to 15 hours a day and does not feel tired.”

Urine Therapy by Dr. John O'Quinn

### OLD AGE

“Ms. Angy, 70, had been in a hospital for three months with ailments associated with old age. Her friend attended one of my lectures and told Mrs. Angy to start drinking some urine mixed with juice every time she went to the bathroom. She remembered her grandmother using urine to treat ailments when she was a child and decided to give it a try. She quickly recovered her appetite and within a week, she was out of the hospital. She attended one of my conferences soon after and increased her intake to about three ounces of urine every day. A month later, she discontinued her medications and was very active in church. She was eating very well and gained about 20 pounds. Three months later, I saw her at a New Year's party. She had dyed her hair and she was dancing happily. A year later, she was doing fine and was very happy to be able to take care of herself. She explained that what motivated her was the thought of going to a nursing home and not being able to be on her own.”

Uropathy by Martin J. Lara

### OVERWEIGHT

“I know the case of a gentleman (Travelling Executive) who had grey hair, weak eye-sight (using specs), hard of hearing, dark complexion, some difficulty in articulation, easily excited, costive bowels, excessive urination at times (not due to diabetes), loose teeth with

bleeding gums and host of other complaints including over-eating and obesity, effort onset dyspnoea (breathlessness even on slightest exertion), etc. I could visit that area after eight or nine months. I asked one of his company's mates as to wher their colleague was. All of them spoke in one voice that the gentleman whom you wish to speak, met me in the stairs (while I was climbing the stairs, he was going down). Any way we happened to meet next evening, and I was surprised to see the gentleman. His hair was not so grey now, his hearing power improved. Complexion wore a sparkling and fair hue, articulation better, look like a trimmed person (no more extra fat). This is how he looked to me. He told when asked, that he finds a renewed Vigour as if he had a 'Kaya kalpa' (Rejuvination of body). No constipation or frequent urination, no loose teeth or bleeding from gums, cool and calm temperament, regular bowels and no dyspnoea. In a way he was an overhauled person and seems as if he has returned to his teens. He has shed about 18kg (39lbs) of weight and this by adopting Urine Therapy. He further disclosed that he still continues use of Urine and shall also continue the same in further too. I could not believe how such a transformation had taken place, so soon and without even an iota of expense.

I was told he used to drink fresh urine daily, washed his eyes, massaged his scalp and shampooed his hair with Urine. He used to rinse his mouth and wash his face with Urine. He gave up smoking, drinking and meat in any form. he turned a total Vegetarian -- rather a selective and choosy Vegetarian. Ina way Urine Therapy had transformed his figure, habits and life for the better. I was told he also improved his eye sight."

Miracles of Urine Therapy by Dr. S.K. Sharma

## OSTEOPOROSIS

"The Miracle Drug Against Osteoporosis

My story is indeed like so many others, really quite simple. A traumatic diagnosis from the medical profession and an easy solution and resolution by native osteoporosis was my teacher in this case. Aged 47 years I was diagnosed after bone density tests at the Austin hospital in Melbourne with osteo at the rate of 75% bone loss throughout the skeletal system. The usual drugs were recommended urgently, as I was told I was at a self fracturing stage. Even turning over in bed or stepping could result in fracture or breaking of bones. Oh Boy! What a picture for my imagination to dance with and feed something called fear. I asked my doctor within for help rather than depending on the doctor without (nice pun). A small book arrived next day from an Indian friend in his 70s. I do not practice this she said but I was told in my meditation to give this book to you. The book of course was on urine therapy. I started immediately. First washing myself, then drinking a small amount. My food

intake was vegetarian at that stage with no alcohol, sugars etc. I noticed an improvement in my energy after the fasting on urine for only two days. A detoxification followed and lasted for six weeks. Full steam ahead after that! (I must admit I was tempted to give up, the cleansing was simply horrible yet great).

I believe to a degree I was well again. My back is still rounded but health and energy fantastic. In 1996 I had a serious head-on car accident. Broken bones, arms, ankle, skull, knee injury, facial injuries, fractured ribs.

My recovery in every way was absolutely wonderful. Bones healed beautifully and quickly wounds healed in the same way mentally, physically & spiritually.

X-rayed from head to foot while in hospital, evidence showed no osteoporosis. I feel this result is the combination of many things, such as spiritual, mental and physical looking after each area. The food I chose to eat, the thoughts I had, taking time out to laugh bringing joy back to this life so wonderful.

Shivambu is for me, all of this. Lots of water and urine, clean air and happy living at 55 years it's never been better.

Thank you Harald for the wonderful work you do to bring everyone together in awareness through wisdom."

Urine: The Holy Water by Harald W. Tietze

## OSTEOPOROSIS

Mrs. Maria Of The B. Martinez { Mexico }

"From the 11th of February 1996 I was taking Urine because they diagnosed me with severe osteoporosis and deformative arthritis of the fingers, shoulders and back. Two years before they were going to operate on the bones, but a specialist doctor commented that he did not have a case to operate because the problem would return soon.

My fingers continued becoming deformed. I began with this Urine-therapy 4 months ago and approximately 2 months ago I noticed that the balls that were forming in the knuckles of the fingers disappeared. I no longer could sleep with my mouth up because I woke up with a headache and pain in my back. My back was twisted with pain, my knees lost strength and I could not last 10 minutes to walk up stairs. I had to cut my hair because I no longer could comb my hair in the back of my head. I also felt that my shoulders left their place. I had colitis and stomach aches.

Now already I can do everything without feeling more than natural fatigue.

Today I no longer take large amounts of medicine and I no longer have any of my diseases, thanks to God."

## OVERDOSE

“There was a person who illegally dealt in opium. This was disliked by his wife, and she always asked her husband to give up his illegal profession. But he would not listen. Finally the wife became desperate. In the absence of her husband, she took nearly 30grams of opium, dissolved it in water and drank it down. Consequently she fainted within half an hour. As soon as her husband returned home, he was at once very startled. Evening was approaching as he began to give his wife urine orally. This continued through the night, and in the morning she came to her senses. Her life was saved.”

Urine Therapy by Dr. John O'Quinn

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## PARALYSIS

“My greatest achievement in the field of auto-urine therapy can be the miraculous recovery of my elder sister. She was bed-ridden for three months. Not to talk of getting up from bed she could not even ,move her body below waist. Her left leg was slowly losing its tone. Even touching her affected part would give excruciating pain. Some bedsores also had erupted. In this condition I massaged her for two or three hours daily with urine, occasionally. even with fresh urine. Giving up all medication she was given her urine twice or thrice daily. Within a fortnight she was half way through recovery and by the end of the month she could get up and move. Today she is fully recovered. It is now only four months since she began her treatment. Her left leg which was getting thinner Mas regained its natural tonal shape and is fully healthy.”

from *Manav Mootra* by R. M. Patel

## PARALYSIS

“Shri Pritam Singh works in Gandhi Ashram, Hapur (Dist. Merath). His right arm was paralysed and the neck had turned to his left. Both the parts pained. A month’s allopathic treatment proved futile. Chaudhri Nekiram, the Ashram Manager, advised him to try urine treatment. After 15 days of thrice or four times in take of urine and its massage in the sun

her was completely relieved of both his complaints.”

from *Manav Mootra* by R. M. Patel

## PARALYSIS

“A male patient, age 60, was treating his paralysis with Urine Therapy. His treatment included daily rubbings with urine, which included his head. After he was cured of paralysis, his hair was no longer gray, but instead returned to its original color.”

Urine Therapy by Dr. John O'Quinn

## PARASITES

Mr. M. New York

"I am a PWA. My major problem was parasites. My stool sample contained pus, large amounts of yeast and several parasites. My last test came back totally clear. No more pus and no more parasites!"

World-wide Case Histories of Urine Therapy by Gary Ward

## PENIS INFLAMMATION

“A strange case came to doctor Maganlal Salaria. The patient Natha Kesarji is 35 and belongs to Pavaiya class. When 21 years old, excision was performed on his penis. This resulted in obstruction in urination. There was great inflammation in the passage of urine and he had to be admitted to the Civil Hospital. Medical efforts made the patient almost dead with pain. At last some person acquainted with Doctor Salaria, sent him to the latter's clinic. On 5-12-59 he was admitted there. An examination of the doctor revealed that the passage of urine was totally blocked due to high inflammation. Anyhow Doctor Salana decided to have a trial with urine cure before operation.

Doctor Salaria gave his own urine to the patient three times up to 11 p.m. in the night. At 2:30 a.m. in the night he visited the patient and was surprised at what he saw. The patient was enjoying a sound sleep and his bed was drenched with his own unne.

Urination continued but the patient was not at all aware of it. When he awoke, he felt great comfort. After that, he was made to drink his own urine. Such is the miraculous power of urine. Natha Kesaraji was cured within a couple of days and with a smiling face he returned

home after thanking doctor Salaria.”

Manav Mootra by R.M. Patel

## POISON

“The Ahmedabad Municipality had started killing stray dogs by poisoning. Unfortunately, a young boy's dog also got involved in that by chance. Consequently, he too was poisoned. As he came staggering home, the boy's father suspected that he had been poisoned. Immediately he made him drink a glassful of urine. Within a short time, the effects of the poison had disappeared.”

Urine Therapy by Dr. John O'Quinn

## PHYSICAL DISABILITY

“Shri Chandrashankar Purani (Rama & Sons Watch House, Ravpura Road, Baroda) experienced disability. He felt exhaustion by walking a few steps, had indigestion and felt despair in life. He had constipation too. He took to urine treatment and he got rid of all his troubles and disability too and regained youth as it were.”

Manav Mootra by R.M. Patel

## **PILES**

“I was suffering from bleeding piles. My condition was gradually deteriorating due to this disease. I was growing weak, had giddiness, would feel darkness and faint. Several indigenous remedies were tried. I was opposed to an operation. Fate intervened and I was shown the book *Arogyaka Amulya sadhan : shivambu - swamutra*. I read it and steeled myself and gulped down a full glass of my early morning urine resolutely. For the whole day I was on nerves. I took only kedgerie (khichri) and milk that day. In the evening I had clear motions without bleeding or pain. With one glass of urine I was instantly cured of the four-year-old complaint. With a week's urine treatment the chronic ailment was totally uprooted.

Daily on waking up, I have replaced my urine for the celebrated cup that cheers: tea. When I miss my morning glass of urine I feel restless throughout the day. By urine massage, my complexion has become radiant and colour has brightened. A few of my acquaintances also have become devoted to this therapy.”



from *Manav Mootra* by R. M. Patel

## PILES

“S. Tribedi cured his major and minor troubles by Urine Therapy. He cured his piles, got rid of his glasses and nocturnal discharge by drinking urine and urine massages for one month. He is now perfectly healthy even at 70.”

Urine Therapy by Dr. John O'Quinn

## PILES

“Kantilal Shah had chronic constipation and he suffered for a long time. It soon resulted in piles. The soft anus core scratches and there was unbearable pain and burning. He started Urine Therapy by rubbing his body, but he was so allergic that it resulted in nettle-rash. On advice, he stopped rubbing with urine and began taking it orally twice or three times daily. He did accordingly and got rid of the problem within a week, Nettle-rash still troubled him, so he continued the treatment, and ultimately the constipation was removed and the nettle-rash cured. His allergic condition was also eliminated.

In the case of bleeding piles, bleeding stops if a piece of cloth soaked in urine is kept on the piles regularly.”

Urine Therapy by Dr. John O'Quinn

## PROSTATE

“Andrew Douglass, 60, had prostate problems and 10 specialists had recommended surgery as the only means to alleviate the problem. Although the chance of impotence was slim, he still chose to try alternatives before submitting to surgery. There was also the emotional problem of an orgasm without ejaculation as a side effect of the operation. He was advised to apply rectal implants using pure urine every day along with the ultimate universal remedy. At the time, he used a douche bag like the one women use.

Two months later, he visited all the specialists who examined him before and they were all shocked to find him recovering without surgery or medication. His doctors wanted to know how he did it, yet he was reluctant to reveal the protocol followed. But, knowing that they would never reveal the information to other people, he told them how he used his urine. Of course, they did not believe that urine could be so effective, but Douglas gradually recuperated and a year later had no more problems. He enjoyed seeing the doctors so

baffled.”

Urography by Martin J. Lara

## PROSTATE

Mr. Aristeo Olive

"I suffer from prostate. It is not possible to be operated on at the age of 85 years. I have done several tests and I have had consultation with some doctors. My daughter, Maria Olive, who attended a conference, insisted on me taking Urine- therapy, which she did herself.

I started to take it and at first it gave me diarrhea. I continued with the therapy and I was able to rid my body of pieces of meat and skin along with filaments and mucous by the intestine. I continued taking the Urine and it cleaned me thanks to God.

My daughter lost 12 kilos of weight, she does gargling and applies it in the hair, which has improved. Also she is diabetic and she is already in control of her diabetes. Thanks to God and you Sonia who have taught us to know ourselves and to love God and others."

World-wide Case Histories of Urine Therapy by Gary Ward

## **PSORIASIS**

"I was suffering from psoriasis and pyoderma for about five years. I tried allopathic, homoeopathic, Ayurvedic and nature cure treatments without any gain. I was so desperate due to my ailment that I was planning to resign from my service and retire to my native place in Kutch. But then my friend Kanji D. Vaidya inspired and encouraged me to have recourse to urine treatment. I resolved to take up this treatment till I am fully recovered.

I followed instructions given in the book *Manav mutra* regarding urine intake and urine massage. In the beginning for a few days I felt nausea, restlessness and weakness. One day while in sleep, I passed urine in the bed. Its colour was like blood. I was frightened and so consulted the Vaidya, who was my well-wisher. He advised and encouraged me to continue the treatment with faith and patience I thereafter gradually recovered and by the end of fifth month I was about 95% cured. Even now I continue to drink urine twice daily, and take occasional massage with it. I am quite certain that I shall be completely cured."

from *Manav Mootra* by R. M. Patel

## PSORIASIS

“Doctors report that the further growth of psoriasis could be checked, but it was Impossible to cure. A man suffering from this disease retells his story: "I tried various medicines in allopathy to stop the disease from spreading with no results. On June 12, 1960, I began storing my urine in bottles for massages. As soon as three bottles of one pound capacity each were filled, I began rubbing my entire body with it. Next morning my skin appeared to be soft and tender, and it surprised me. The dead cuticles on the skin had cleared. I felt still more softness of the body and I took a bath. Then I thought of drinking urine. First I rubbed urine on my teeth, and on June 18th, I drank urine for the first time, and the next day, I submitted myself to my doctor for an examination. He was extremely glad to note the improvement.

Since June 16th up to this day I continued drinking and rubbing urine. Daily I rub myself from head to toe, do some physical work, and then take a bath. The dead cuticles have been entirely gone, my skin appears to be very healthy. I do not recall any itching sensation after June 16th. I got rid of psoriasis completely, and my constipation has also been eliminated. My body is active, and my appetite is good.’ ”

Urine Therapy by Dr. John O'Quinn

## PSORIASIS

“A middle-aged woman presented with psoriasis which had been a continuous condition only on her head for the last 12 years. Had also tried many and varied things. I went through the usual protocol of different natural remedies and talked openly to her about urine therapy. Reluctant at first, but managed to open her mind about it all and after that she left me with the suggestion of, each morning she wash her hair then rinse the hair with first urine collected from mid-stream. Leave on head for up to 20 minutes, then wash out. To her utmost surprise her condition has stopped and her hair is so soft. She now wants to stop taking the pill so she can take her urine homeopathically each day. Hurray for Urine!”

Urine: The Holy Water by Harald W. Tietze

## PUS in BLOOD

“Patient, male, 49, was extremely nervous and irritable; he had wandering pains all over his body, headache and general lassitude. He complained a great deal of pain in the lumbar

region and in the abdomen.

He improved on nothing I gave him...microscopic urine examination showed red blood cells, pus cells, renal cells and abundance of calcium oxalate crystals. The treatment consisted of a twenty minim injection of urine diluted 1 to 100 with distilled water. He improved with this to a certain point but did not entirely recover until I used a less diluted urine, after which he made a prompt recovery. Two months after he recovered a urinalysis showed absence of pus and renal cells and a normal volume of urine.”

Dr. Deachman, New York

### **PUS IN EARS**

Once a couple came to me with their son aged 7 years. The child was suffering from pus in ears for the last 11 months. Many Ayurvedic and Allopathic drops and other medicines were tried without much success. The effect of these medicines was temporary. The couple told me their problem and asked me to help them. I told them that I too have the same medicines which they have already tried and it is useless to try them again. However if they really want to get rid of this trouble permanently, they will have to take some radical measures which they may not like to hear even upon their insistence. I told them to wash the ear with urine four times a day and also to make the child drink one ounce of urine daily in the morning. They readily agreed to wash the ears with urine but drinking part did not appeal them. They were skeptical about this. However I told them that unless they follow my advice in toto, I can't take any guarantee of cure. They agreed to give it a try after some hesitation. After three days the results were so encouraging that they themselves came to me to tell that they were sure of the efficacy of the treatment. After fifteen days the child was all right. Urine drinking was stopped although washing was continued for few more days. Now the child is 15 years old and the trouble has never recurred again. The family has become convince of the power of urine therapy and have had many benefits from it during these years. This case was one of my earlier adventures in urine therapy which encouraged me a lot. Raojibhai has also described cases where loss of hearing has been restored. Although I have no first hand experience in this matter but I am sure that urine therapy is capable of working wonders unheard of.

"Miracles of Urine Therapy" by Morarji Desai

### **PUS IN URINE**

“Shrimati Kamaladevi Choradia, 30 years, of Sardar Shahr (Rajasthan) was suffering from

backache and pus in her urine. Having been thoroughly disappointed with allopathic treatment she went to Momasar to get treated by Shri Bhojraj Sancheti in May 1972. Listening her tale of woe Shri Sancheti warned her : "There are possibilities in urine therapy of reactions and aggravations. Only after patiently and firmly braving them can One acquire freedom from disease." On her amusing him of her eagerness and faith Bhojraj began treatment of urine therapy. On the first day she suffered from frequent vomits and motions. On the second day motions subsided but vomiting continued till three days. But Kamaladevi was not disheartened. On the 14th day the fast was broken with *mosambi* juice. For some days she was kept on juice. Later she resumed her light diet. To be relieved of the gases, headache, etc. the usual reactions of western medication she restored to hip-bath. For about two months she drank urine thrice and massaged for two hours. After three or four' months she was utterly well and completely regained her health and strength."

from *Manav Mootra* by R. M. Patel

## PYORRHOEA

Another young man, 30 years of age, had pyorrhea. His lower front teeth were very weak and loose and dentist advised him to get them extracted. On my recommendation he tried urine therapy. But this particular young man had a strong will and determination. He followed the instructions literally. In the two months his teeth became firm and gums healthy. Even now after four years of this incident his oral health is perfect. No offensive discharge from gums and no loose teeth, but the fellow is still not taking tea etc. He has understood the secret of health, which is natural food and natural living.

"Miracles of Urine Therapy" by Morarji Desai

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## RASHES

"My son's class-mate used to get rashes on his body. My son, who was studying in the Engineering College of Patiala, used to keep two or three-bottles filled with his urine. They were labelled 'Nectar of Life' 1, 2, 3. Whenever anyone had an injury he would treat it with botte No. 1, which had urine several days old. Bottle No. 3 contained fresh urine which he used in eye-trouble and similar conditions.

His class-mate came one day and said, 'You have some medicine called nectar. Give me some. I am at my wit's end owing to these rashes.' He gave some quantity from No. 1 and asked his class-mate to apply it both in mornings and evenings. With a week's application the rashes vanished."

from *Manav Mootra* by R. M. Patel

## RAT POISON

"A frantic mother called me because her daughter had ingested rat poison accidentally. The child was vomiting and she didn't know what to do. I advised the mother to pee in a glass and give the child eight ounces of urine immediately. Meanwhile I called 911 to get the poison control center and an ambulance to her. It was difficult convincing the child to drink the mother's urine, but by the time the paramedics arrived, the child was out of danger."

Uropathy by Martin J. Lara

## RECTAL BLEEDING

Mr. M. Florida

"If it is of interest to you for any research purposes, I nearly died from the reactions of several strong antibiotics administered over several months of lung infections. I have been hospitalized three times in the past year for the resulting gastrointestinal problems created by the medication. After the most recent hospital stay, I refused to continue with the medication. Most of the problems began to clear up within a few days. However, my rectal bleeding from colitis and internal hemorrhoids continued.

In the meantime a friend told me that in the Tennessee Hills, where he was raised, urine enemas were used for similar problems. On July 31, 1988, I began using urine for daily enemas. By the end of the following week, the bleeding had stopped completely, and as of this date (September 25, 1988), I have not passed a single drop of blood."

World-wide Case Histories of Urine Therapy by Gary Ward

## RHEUMATISM

Ms. H.P., The Netherlands

"I have suffered from rheumatism for years, especially in my hands. My son told me about

urine therapy and suggested I use urine compresses. This surprised me, but I started treating my hands daily with urine. The result was extraordinary. Besides the fact that my hands felt much smoother, the most remarkable thing was that the pain practically disappeared"

The Golden Fountain by Coen van der Kroon

## RHEUMATISM

Mrs. Ma. de J. Esparza { Mexico }

"I am cured of rheumatism, the vesicle, blood pressure and other several diseases that I had. I began with the Urine-therapy the 13th of August of last year and to date I am very well. Thanks to God and the Urine with its great power I have been healed as so many people who I know have been healed."

World-wide Case Histories of Urine Therapy by Gary Ward

## RHEUMATOID ARTHRITIS

"Patient: Mrs. Prafullaben Maklesh Singala, aged 35 years.

Suffered from rheumatoid arthritis. Almost every one of her joints was affected with rheumatism. The hands, legs and all the fingers were twisted. Due to this she could not even wear her own clothes

She used Ayurvedic, allopathy and homeopathic medicines for 2 to 3 years, but did not get results. She was advised to drink all the urine during the day and massage was to be done using the urine of her husband for 3 to 4 times a day. Urine bath was to be given on the joints. Initially she had to reduce her diet slowly to only liquids within one month. Then her liquid diet continued for six months, after which she was told to take light, easily digested foods only, which she is continuing until today.

Her husband worked very hard over her treatment and was 90 to 95% successful within 18 months."

Urine: The Holy Water by Harald W. Tietze

## RHEUMATOID ARTHRITIS

Hope F.:

"First, I give thanks to God and Mary, then to those who gave us the message about the conference. In the conference, they spoke of the great medicine that is urine. For one year,

I was suffering the pains of rheumatism in my hands. I could not hold anything in my hands, because I dropped everything. My hands would cramp and my fingers would begin to deform.

After just eight days of starting to take my urine, I began to remove such pain and all the trouble I had. I started treatment on April 15, 1996 and today I have no trouble, I have my fingers almost in place. I can control the pressure. And a few spots on my face went away."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## RHEUMATOID ARTHRITIS

Ms. B.A., England

"I had been suffering from migraine for twenty years. Because I also suffered from rheumatoid arthritis, I was often taking painkillers. Then I started drinking my urine. A few months later, my arthritis had disappeared and so did my headaches."

The Golden Fountain by Coen van der Kroon

## RHEUMATOID ARTHRITIS

Waldo Chavez {Tacna, Peru} Sunday, May 20, 2001

"I am 60 years old, Now retired. I am rejoiced and I was Bohemian, loving the celebrations, the good life and the meat. For this reason three years ago I was committed the military hospital in Lima for six months where they diagnosed ambulatory arthritis. {Rheumatoid arthritis}.

My normal treatment at the hospital did not make the intense pains go away and I suffered in the joints, knees, elbows foot and fingers, heel inflammation of the legs inflammation of the joints. I could not eat neither a piece of meat nor drink any type of liquor, and especially beer.

I had the luck to find the works of the WATER OF LIFE and URINE-THERAPY. Good luck for all the people who wish to follow this method, for it is a 100% effective."

World-wide Case Histories of Urine Therapy by Gary Ward



## RINGWORMS

“S. Shamalbhai had an allergy, impurity of the blood (which resulted in ringworm of his body, Its worst attack on his nose), and diabetes. He began Urine Therapy on his own in a faulty way. Without full consideration of his bodily condition, he did not abstain from taking saccharine in tea, even during the course of treatment. With-in a couple of days, nettle-rash appeared on his entire body, along with a few pimples. He was urged to stop sacchanne and do the rubbing of urine with slight pressure so that the pimples may burst. He did accordingly and his troubles disappeared within a couple of days.”

Urine Therapy by Dr. John O'Quinn

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## SADNESS

“Dear Harald, may I tell you how urine has changed my emotions; from a situation of hurts and sadness and uncertainties, I am now calm and peaceful. I am told this is the “S” factor in my urine. Thank you for writing your book ‘Water Medicine’. May you help many other people like you have helped me. PF.M”

Urine: The Holy Water by Harald W. Tietze

## SCIATICA

“Shri Malkiat Singh Gill is Sports Instructor at the Central Public School of the Pherozepur Cantonment (Punjab). He was suffering from nervous ailment of the hips and the thighs. He was also a patient of gastric congestion. He had very little appetite. Nature-cure could not give him complete relief. Urine therapist Shri Vijay Kumar Gupta, Advocate, treated him under auto-urine therapy and put him on a fast with urine. A fortnight urine intake and massage cured him of all his complaints.”

from *Manav Mootra* by R. M. Patel

## SCORPION STING

Consuelo MS. Mexico.

"In my family, my husband and children used urine therapy for cuts, blows, angina, cough,

etc.

For my husband, a scorpion pricked him. We took his urine and I put a compress on the bite. He resisted the poison. Thanks to God."

World-wide Case Histories of Urine Therapy by Gary Ward

## SEIZURE

"While visiting Palmira, Colombia, one of my students described what happened one afternoon when the 11-year-old child of a friend had an epileptic seizure. While the family hysterically looked for medication for the child, my student quickly went to the bathroom and put 10 drops of his urine in a dropper and immediately applied it under the tongue of the sick child. He activate the chronometer in his watch to see what happened since this was an experiment to see if the urine could help in this case. Within 30 seconds the epileptic attack stopped and two minutes later the child was back to normal. By the time the family obtained the medication the child was out of danger. They were baffled to see how quickly he recovered and wanted to know what on earth was so effective that the child recovered so miraculously fast. At first they thought my friend was joking, then they thought he was trying to poison the child. They could not believe that all this time they had been powerless to deal with the situation when they always had the treatment at hand. Six months later the child has not had another epilepsy attack after learning to drink a little urine (two to four ounces) every morning."

Uroopathy by Martin J. Lara

## **SEPSIS**

"Rampyari of thirty years had irritation in her right fingers and they had sepsis also. But a fortnight's urine-wash made her fingers return to their healthy normal state."

from *Manav Mootra* by R. M. Patel

## SHOULDER PAIN

"A religious minded lady suffered from pain and stiffness in her shoulders for three years. Doctors could not cure her, but Urine Therapy with regular drinking and massage cured her completely. Moreover, she got rid of her poor eye sight by applying urine drops in her eyes and washing them with urine. She has cured wounds and other ailments by the use of

urine.”

Urine Therapy by Dr. John O'Quinn

## SINUS

We shall now report a successful case of sinus, which was related to Raojibhai by the patient himself. The patient, Shri K.B. Patel is a spiritual person. His age at the time of narrating his experience was 58 years. Six years earlier he had some inflammation in his nose. A foul smelling thick watery discharge used to come out of the nose. Some times it was mixed with blood also. Nose used to pain. He got it punched in V.S. Hospital three-four times but the trouble didn't go away. He again got it punched by nose specialist Dr. Balage but the condition persisted. For eight months he suffered unintermittently. One of his well-wisher Shri Jitendra Ray one day gave him the book 'Manav-Mutra'. After reading it, he started inhaling first urine of the morning daily throughout both of his nostrils and continued the practice for seven months. As a result he got rid of his sinus trouble and remained free from it thereafter.

'Mutra-Neti' i.e. sucking urine through nostrils is an excellent practice for bleeding from the nose. In addition it improves the eye-sight also. A patient with the irritation and bleeding of the nose used to take allopathic medicine. In between sometimes he practiced Mutra-Neti for a day or two and his trouble subsided. He did not continue the practice and after two months bleeding recurred again. He inhaled urine from his nose again for two-three days and when bleeding subsided he left it. This was repeated thrice in the short duration of six months. However, even this much irregular application of urine therapy cured him of his trouble and he is now free from it.

"Miracles of Urine Therapy" by Morarji Desai

## SINUSITIS

Maria Isabel Covarrubias L { Mexico }

"I had sinusitis because I filled with pus during three years of the bone being infected. For a month, I have drank my Urine and I put drops in the nose. No longer does my body have fever. In addition, it served to improve my nervous system and to cure of colitis and gastritis."

World-wide Case Histories of Urine Therapy by Gary Ward

## SKIN CANCER

“Two years ago, a small sore appeared on my right inside lower arm. It was very small and, at the time, appeared quite significant. However, within three or four weeks the sore started itching, accompanied by a burning sensation. Within the following six months it had noticeably enlarged. I later self diagnosed it as possible cancer and kept an eye on it. It continued to enlarge and I consequently visited my doctor. He confirmed it was cancer and advised that it would require surgical removal as soon as possible. From my recent studies of cancer cases on alternative medicine regarding cancer cures, I was most reluctant about surgery in view of the fact that, in many cases, surgery has only served to aggravate the area in question on the body where it has been performed, thus weakening the region for further later invasion to take place.

However, my health did decline somewhat as time passed on, and, by Christmas 1995, this cancer sore was now accompanied by yet another one in close proximity which grew at an alarming rate and became in a short time linked with the original outbreak. Margaret nagged me incessantly to get the surgery done, and by the New Year my resolve was weakening along with my health.

It was following the release of your February-March 1996 issue in which you featured the “Urine Therapy” article by Martha Christy, which I read several times, that I decided to give this therapy a go myself, albeit in a slightly modified approach. If this brave woman could annihilate all her health dramas in this way, why should I not try it?

Immediately I devised a way whereby, I could apply the urine in an ongoing way so that the core of the cancer was saturated continuously with fresh urine. (Margaret threatened to divorce me!) I first of all opened my diary to Saturday 27th January ‘96 and entered “First treatment started”. All treatments and noticeable results were entered from then on. On Wednesday 28th February ‘96 entry reads, “Growths completely healed.” Saturday 9th March reads, “Area of growth now difficult to discern.” 16th March reads, “Now there is no trace of where growth originally existed, i.e. no scar.” The actual healing time was 32 days.

Margaret and I went down to the doctor’s and showed him the arm. He and his nurses could not find any trace of cancer and kept rubbing the hairs of my arm away to try to find it. One of the nurses at the clinic has become an avid reader of and subscriber to NEXUS magazine and, at the time, although the doctor demanded to know what self treatment I had taken, neither Margaret nor I would divulge that the application of urine did the trick, but the nurse in question (NEXUS reader) stood at the back quietly smiling to herself. Later she said when no one was about, ““You tried that urine therapy, I’ll bet! You old devil; trust you!” The nurse agreed to bring her issue of NEXUS into the inner sanctum of the clinic and leave it in conspicuous places in the hope the one of the doctors might just pick it up, read it and come to some sort of conclusion on their own. We are still waiting for some feedback news from “our nurse on the inside”.

Margaret and I still keep on monitoring the entire arm, but it seems remarkable that just one outbreak of cancer on just one area of the surface of the body can actually drain one's strength and affect one's general health the way it did with myself. I have, since the treatment, experienced a remarkable improvement in strength, health, and general well-being and, yes, quite a wonderful success story.

Duncan, I feel personally indebted to this brave woman, and you have my permission to give her a copy of this personal authentic experience.

Kind regard to all at NEXUS, Robert Adams, Whakatane, New Zealand."

Urine: The Holy Water by Harald W. Tietze

## SKIN DISEASE

"R.N. Patel, Nairobi, Africa, had a small eruption on his leg-joint and it slowly turned into skin-disease on the whole body. There was an itching sensation all over the body, and there was oozing of a watery substance at some places. Doctors could not cure the disease, even though he spent hundreds of dollars. He underwent Urine Therapy and was completely cured, even though he did not observe all the rules of treatment. Thereafter, he became a propagator of Urine Therapy and cured his wife's diabetes and his friend's burning sensation at the time of urination by Urine Therapy. His brother's disease, heart-disease and sinus problem were completely cured by this treatment."

Urine Therapy by Dr. John O'Quinn

## SKIN DRYNESS

"She has very dry skin to the extent that she gets deep cracks. They are very painful and do not heal easily. External use of urine therapy every two hours relieved the pain almost instantly and the cracks healed within twelve hours."

*Drink Your Own Water* by Tony Scazzero

## SKIN INFECTION

"Kalyanjibhai Mehta, the first Speaker of Gujarat State Assembly, had a skin infection. He had an itching sensation on the leg, and then there was burning, and blood began to ooze. He tried various medicines for a month, but to no avail, and was much harassed by the disease. He applied urine-soaked pads on the spot for three nights and was completely cured."

Urine Therapy by Dr. John O'Quinn

## SKIN LESIONS

Mr. T. California

"Seven years ago, I was diagnosed with a lymphatic disorder. The doctors first thought it was Hodgkin's disease. During a vacation in Brazil I contracted some parasites. One was Shigella and the other was Giardia. I was treated with penicillin and many other antibiotics. But I still lost weight and the diarrhea was persistent. Then the new testing for AIDS came out, and I tested positive. I had constant problems with thrush. I also suffered from Kaposi's sarcoma intermittently over portions of my body. My energy level was very low.

To make long story short, I started Urine Therapy. The first treatment with urine was on my skin. The second day I noticed that the KS lesions were starting to fade. Then I started to drink my own urine. I took about one ounce a day in the beginning. My thrush went away. Every time when I apply urine to any aberration or sore on my skin, it all but disappears. The KS lesion I was talking about is not even one-fourth the original size. Also, my energy level is much higher. I had colitis. I no longer have an inflamed colon. I am steady as a clock and do not suffer anymore from chronic diarrhea. So evidently this is working for me."

World-wide Case Histories of Urine Therapy by Gary Ward

## SKIN MARKINGS

"I have been washing my face with urine and I have taken all the black marks off my face. As I am very fair, I used chemical cream all my life until the last six years or so, when I woke up to the rot. Congratulations on your books for making them small and good."

Urine: The Holy Water by Harald W. Tietze

## **SKIN SORE**

"Last year a Jain Mulli told me that Shri Satyendra Muniji propagates the urine therapy. In somana Mandi (Punjab), I met him after Divali. He told me that at his instance several people had been free from their respective ailments. He also narrated his own case. He had cured but it turned into a sore. Western and indigenous medicines, even the so-called "germs-cutter" proved futile. He had to suffer from it for nine years. At last urine massage and urine intake drove away the nine-year-old complaint."

from *Manav Mootra* by R. M. Patel

## SLEEPING PROBLEMS

Mr. D. Georgia

"I am a PWA. Three months prior to starting Urine Therapy I experienced heavy night sweats, and I needed 18 hours of sleep daily! Also my skin was very dry and ashy looking. All these symptoms got resolved within 10 days of Urine Therapy. I now play one hour of basketball every day. What a difference!"

World-wide Case Histories of Urine Therapy by Gary Ward

## SORE THROAT

"Mrs. Mistri from Bombay (Karve Road), informs that she could cure her own sore throat and could get rid of tonsils of her son by the use of urine by taking it orally and by its garglings."

Manav Mootra by R. M. Patel

## SORE THROAT

"Shri Dinubhai Joshi (Advocate, Bombay High Court) advised his brother to take to urine therapy for curing his sore throat and tongue. In three weeks he was cured of his trouble."

Manav Mootra by R. M. Patel

## SNAKE BITE

"Ishwarbhai K. Mehta ( Gangasadan, Matave Road, Malad Bombay 64 ) had a good chance to treat a case of snake-bite. A young man of 25 had a snake-bite and was about to die. His blood-mixed urine was given to him constantly, and he was massaged with urine. His life was saved."

Urine Therapy by Dr. John O'Quinn

## SNAKE BITE

“Urine is an anti-poisonous substance and a good tonic. Snake-charmers keep a bowlful of urine handy while catching a snake, so they may be able to drink and apply it without loss of time in case of a snakebite. Jain monks say that one who drinks urine regular for six months becomes immune to snake-poison.”

Urine Therapy by Dr. John O'Quinn

#### SNAKE BITE

“A friend who lives in New York, told me that he was once bitten by a poisonous snake in the African bush. He knew that the bite of that snake was fatal and could kill him in a few minutes. He was so terror stricken that he could not control himself and started urinating. In that instant he was inspired to collect the urine in his hands and drink it. A few minutes later he started to feel pain and his leg became numb. He slept a few hours, had fever for two days, but did not die and had no permanent damage to his limb.

‘Drinking urine saved my leg and my life,’ he beamed.”

Uropathy by Martin J. Lara

#### SNAKE BITE, COPPERHEAD

In the thick jungle...

“A snake, most probably a copperhead, pressed its teeth deep into my lower leg. Blood was streaming out - the distance to the next hospital was at least one hour. Certainly, I remembered my mention on the front cover of my book and treated myself with the miracle juice [urine]. I went to the hospital and continued my treatment but had to give some of my urine to the doctor for analysis. The effect of the bite was to our surprise minimal. I left hospital without ‘modern’ treatment, on my own feet and not in a wooden box.”

Urine: The Holy Water by Harald W. Tietze

#### SNAKE BITE, COBRAS

“Following the first All India Conference in 1993, I met a man who had been bitten twice by cobras. I am sorry I didn't get the exact details of his treatment. How did you handle your snakebite... in detail? I kind of vaguely recall he had a local doctor inject the region of the bite along with drinking his urine and applying it topically. Urea has a mild de-naturing effect on proteins. That may be one of the mechanisms of the antidote. Our house has



always a lot of brown recluse spiders. I don't worry much about them... maybe its because I know pee."

Urine: The Holy Water by Harald W. Tietze

#### SPIDER BITE, FUNNEL WEB SPIDER

From B.J.K.

"I would like to share from personal experience, an effective remedy for treatment of poisonous bites and stings.

Firstly about two years ago I was stung by a blue bottle jellyfish (Portuguese Man-O-War) while body surfing (unfortunately I had just relieved myself in the surf). I came straight home and rubbed some old urine into the site. (I always keep some 1-2 days old), the pain diminished to negligible in a matter of minutes, and with a second application half an hour later, the pain and the red welts caused by the sting completely disappeared.

Secondly, I was bitten on the back of my hand by a funnel web spider about a year ago: the pain was excruciating. My hand swelled up near twice the size in a matter of minutes. I went straight inside and filled a glass full of urine and drank it (fortunately, I had a full bladder) and rubbed some old urine (from same morning). The pain went instantly and I was able to work after lunch for the next four hours as a massage therapist, although the swelling remained for about 48 hours -- it didn't move past my wrist and I had no systemic effect."

Urine: The Holy Water by Harald W. Tietze

#### SNAKE POISON

"Lord Sushrut has mentioned auto-urine as an anti-poisonous substance and a good tonic. Snake-charmers keep a bowlful of urine handy while catching a snake so that he may be able to drink and apply it without loss of time in case of a urine regularly for six months becomes immune to snake poison. The same is the opinion of may Jain monks and other *sadhus*."

*Manav Mootra* by R. M. Patel

#### SPEECH IMPEDIMENT

Juan Carlos G. Meza, Mexico.

"Juan Carlos is 8 years old and suffers mental retardation. He has been taking urine for six

weeks. He has improved so much in his speech. Already he can make sentences. He did not speak at all. In three years of the help from a specialized school, he began to speak, but in one month he began to make longer sentences. He is more wide-awake and mature mentally."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## SPLINTER

"A lady was suffering from a splinter of a wood-chip in one eye. The splinter had pierced the iris and was sticking out an inch or more. The splinter was removed she fasted for a few weeks on urine and water at the end of which time the trouble was completely cured and the patient had perfect sight."

Urine Therapy by Dr. John O'Quinn

## STAINS

"Over 50 years ago my (late) husband worked in the arrowroot industry, and later in the banana industry....all harvesting was done by hand. The sap of arrowroot blackened the hands and the men found this very difficult to remove, especially around the fingernails and any cracks in the skin. My husband was told by a work mate that urine would remove the stains - it did!"

Urine: The Holy Water by Harald W. Tietze

## STOMACH ACHE

"Shri Chaturbhai Bhailalbai lives in the village Mogari near Anand. His wife was fat and often felt pain in her stomach. As the daughter of Shri Chaturbhai was cured of her ear-trouble with urine therapy, he adopted it for the stomach-ache of his wife also and started with rubbing urine. Within a week of rubbing, there was considerable improvement. she felt some relief and a feeling of vitality and vigour in her body. After that she also fasted on urine. With the treatment of about a month, the stomach pain disappeared and she became healthy, active and strong."

Manav Mootra by R. M. Patel

## **STOMACH GASES**

“Whenever I had dinner, I developed gases in the stomach. I could not have sufficient sleep. When occasionally I woke up in the night I would remain awake. A few days before Diwali I began auto-urine therapy. Initially I felt revulsion. But after a week I had no inhibition. Since then my old complaint disappeared. Appetite picked up. I began having normal motions and sound sleep. Earlier I drank taking it in the blender in the morning and evening. But now without any hesitation I take it in my bare palms. I wish everyone will benefit by this nectar.”

from *Manav Mootra* by R. M. Patel

## **STOMACH HYPERACIDITY**

“I had been suffering from acidity for two years. Whatever I consumed was thrown out. Not a drop of water would remain inside. The head ached 24 hours; body felt as if it was on fire. I could pass very little urine. There was considerable discharge of leucorrhoea and I became very weak. Doctors and Vaidyas proved unsuccessful. At last my grandfather sent me in 1972 to Shri Bhojraj Sancheti to stay in his centre and undergo auto-urine therapy.

He put me on a four days’ fast. I began vomiting on the second day, thus ejecting all the settled phlegm and bile. On the fourth day the vomiting stopped. On the fifth day, I broke my fast with the juice of mosambi. Gradually I resumed normal food. during all this time auto-urine drink and massage were going on. Within three weeks I was my own normal self. Now I feel myself completely free from illness. I wish everyone should avail of this invaluable remedy.”

from *Manav Mootra* by R. M. Patel

## **STOMACH HYPERACIDITY**

“I am 42. I have been tilling land from my 15th year of age. due to overwork or operating the tractor in the hot sun gave me the ailment of acidity. I had to go twice or thrice for defecation as my digestion was impaired. I gave up allopathic medicine and began urine treatment on June 6, 1977. chillies and sugar were given up. Increased the intake of milk and reduced that of other food. I could not take massage regularly. Yet I gained 60% relief. Though I reduced my weight by two or three kilos I have retained my physical fitness. The inflammation of the oesophagus gullet was reduced by 80%. Now I have to go only twice to the w.c. in the morning. I hope to regain my full health and relief from this complaint within

two or four months.”

from *Manav Mootra* by R. M. Patel

### STOMACH HYPERACIDITY

“I used to suffer from severe pain in my stomach and tremors in my hands. A friend advised me to try Urine Therapy. I decided to rub my palms with my urine. With rubbing for three days, the tremors stopped. This encouraged me to continue the treatment persistently, I suffered from serious hyperacidity and had ulcers in my stomach. I had taken medicines for 20 years but there was no relief. I began gargling with urine and rubbed it on the entire body. Within a week, I gathered enough strength and decided to drink it. I used to drink a glassful of urine during the whole day in three or four installments.

Within a week I had such relief as cannot be expressed in words. I continued drinking it for a month and am now free from hyperacidity. The ulcers in the stomach have been healed and now I have a good appetite, and though I am 67, I have strength enough to do my usual work. All this due to Urine Therapy.”

Urine Therapy by Dr. John O'Quinn

### STOMACH PAIN

““For the last 10 years, I have been suffering from the pain in the stomach, and it continued to be more and more severe. Everything I ate was evacuated through loose motions. It appeared as if I was suffering from dysentery. My weight was reduced from 176 lb. to 126 lb. Daily I had to spend a rupee for medicines in order to sustain life. Thus I was extremely disgusted with life. Meantime a relative of mine gave me your book *Manav Mutra*. I went through it carefully and began the treatment from 1-5-60. For one month I did the rubbing and also kept two days fast on urine only. The result was the most satisfactory. Ten months have passed since then. My weight has increased to 170 lb. No medicine was taken thereafter. Now I take 40 ounces of urine every day in three doses and feel quite fit. If there is any trouble, it is instantaneously controlled with a day's fast on urine.

It has resulted in financial savings also. I was in the habit of smoking and chewing betels which I have given up. It has saved me nearly Rs. 250/- a year. In addition, Rs. 400/- were also saved which were otherwise spent on medicine. The time spent on doctor's visits has also been saved.”

Manav Mootra by R. M. Patel

## STOMACH TROUBLE

“Shri Triloknathsinh from Bombay writes that he got rid of his stomach trouble, old cough & cold by regular treatment of urine therapy.”

Manav Mootra by R. M. Patel

## STUFFY NOSE

“The benefits of breast milk are unlimited I'm currently breastfeeding my 11 month old and he loves it I would never give him formula..when he gets a stuffy nose I put it up his nose,when he has gunky eyes I put it in them its amazing,we have not had to visit the so called docs once yet and hope to not ever..his immune system is benefiting so much.”

Letter to Andrew Norton Webber

## SUN ALLERGY

Mr. L.C., Germany

"I was regularly suffering from sun allergy. Since I heard about urine therapy, I just rub my urine on the affected skin parts and usually the allergy rapidly disappears and the skin stops itching."

The Golden Fountain by Coen van der Kroon

## SURVIVAL

“During the nine-day war in Jordan, the Red Crescent, the Islamic equivalent of the Red Cross, advised people against drinking polluted water by radio broadcasts, saying, ‘Your children are expiring of thirst, we cannot help you except by telling you that you may be able to save their lives by letting them drink their own urine.’ ”

*Drink Your Own Water* by Tony Scazzero

## SURVIVAL

“...two men were forced to spend 13 days on a life raft after their fishing boat sank in the Gulf of Mexico. The article said the two men ‘drank their own urine to stay alive.’ ”

The Outdoorsman’s Emergency Manual by Anthony J Acerrano

## SURVIVAL

"A male cook was pulled out of the rubble of the Hyatt Hotel early Monday morning, 14 days after a powerful earthquake devastated the northern Philippines, officials said. Dry, with only minor bruises on his body, he told reporters he survived by drinking his own urine."

Kyodo News Service, Tokyo, July 30, 1990, World-wide Case Histories of Urine Therapy by Gary Ward

## SURVIVAL

“Luisa Mallorca and Arnel Calabia survived 11 days after being buried by the same disaster. (Hyatt Hotel earthquake)

All three survived in part by drinking their own urine.”  
Caribarena Antigua, January 27, 2010

## SURVIVAL

When Ferdinand Magellan's fleet of five set out to circumnavigate the globe in 1519, the manifest gave each ship "50 casks of water, fresh and pure." It wasn't enough. Of course his crew knew they would have to locate water along the way. Unfortunately, finding themselves in uncharted waters and out of water 18 months into the voyage, they became desperate. With no hope of a fresh water source, they took what was the only recourse. They drank their own urine. Wrote one crewman, "It was surprisingly not unsavory, having no worse a taste than a flagon most foul with rancid port, as many I have tasted before." And after all, it did save their lives.

--- From Heartland Healing Center,  
[http://www.heartlandhealing.com/pages/archive/urine\\_therapy/](http://www.heartlandhealing.com/pages/archive/urine_therapy/)

## SURVIVAL

"In Egypt, rescue workers found a 37-year-old man alive in earthquake rubble. He survived almost 82 hours by drinking his own urine. His wife, daughter and mother would not and they died."

---Tom Brokaw, NBC Nightly News, October 16, 1992, from World-wide Case Histories of Urine Therapy by Gary Ward

## SURVIVAL

"Four Sri Lankan commandos who drifted in a boat more than 1,000 miles to Thailand after they had been ambushed and given up for dead were given a rapturous welcome when they returned home. 'They managed to survive on the boat by catching turtles and drinking urine,' a military officer said.

Reuter Report, August 14, 1990, World-wide Case Histories of Urine Therapy by Gary Ward

## SYPHILIS

"One Hariji Shri Raja Arjan aged 35 had syphilis and he was fully cured by urine therapy."

Manav Mootra by R.M. Patel

## SYPHILIS

"Shri Chhaganlal (Mangrol) informs that a farmer aged 30 had syphilis. He was completely cured by urine treatment."

Manav Mootra by R.M. Patel

## SYPHILIS

"R. Chaudhari, age 60, had syphilis, and there was pus formation and burning sensation on the spot. He suffered from this disease for two years. He began Urine Therapy by drinking it three times daily and putting urine-soaked pads on the spot during the whole night. He

cured himself in only three weeks and cured himself completely from the deadly disease.”

Urine Therapy by Dr. John O'Quinn

## SYPHILIS

Raojibhai has described an interesting case of skin disease of his friend, Shri Juthabhai. He was an old but healthy man living in a jarijan Ashram. Somehow he got syphilis and its eruptions spread everywhere on the body. Shri Juthabhai started fasting with urine and anointing the body with two-three days stored urine. As a result his body became full of big yellow blisters. His appearance became horrible. It continued for six days. Blisters were not subsiding. He then asked one of his friend to anoint the body with force so as to break open the blisters. When his friend did this, Shri Juthabhai's body became white with pus. After this he took bath with luke-warm water and felt immediate relief.

Now his skin started regaining its normal condition and in six more days he was completely all right. Shri Juthabhai further disclosed that he had never fasted in his life and it was his first fast but he did not feel any weakness. Urine keeps body nourishing during fast.

Miracles of Urine Therapy by Morarji Desai

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## TEETH LOOSE

Once I advised a young man with loose teeth to rinse his teeth with urine. He followed the advice but after fifteen days when I met him, he seemed to be discouraged about the results. According to him there was no improvement in his condition and he thought of discontinuing urine therapy. On further inquiry it was revealed that he was taking very hot tea at least four times a day. Hot tea uses to burn his gums and tongue and they were in injured condition perpetually. I asked him how could he hope to get cured under these circumstances. He showed his inability to discontinue the practice of taking tea. However he promised to reduce the quantity and also stop taking very hot tea. After about a month I again met with him. This time he was happy that his condition was better. He was planning to stop the tea altogether to get full benefit from water of life.



"Miracles of Urine Therapy" by Morarji Desai

## TESTICLE PAIN

"B. Fande, had pain and swelling in his right testicle and thigh. Medicine could not cure him. He fasted on urine for two days, massaged with urine for 15 minutes daily, used to drink urine about four times a day, and was particular about dieting. He was completely cured."

Urine Therapy by Dr. John O'Quinn

## THORN IN FOOT

Shri Mangilal Malviya who is a naturopath related his experience of urine therapy to Raojibhai. Once he was going through a forest on foot. He was wearing a chapel. A long thorn suddenly penetrated into his left foot. Pain was unbearable. With great difficulty and force he could take out that thorn. Removal of thorn resulted in a gush of blood. He urinated on it and tied a piece of cloth at the spot. Pain vanished and was healed with any pus.

Miracles of Urine Therapy by Morarji Desai

## THYROID

Ma. Rosalba C. of Ramirez. Mexico

"I am 47 years old, I had 5 children. I give thanks to God for the knowledge of urine therapy. Want to give my testimony to all the people of how I am and how I healed.

In 1980, I had a very strong car accident, I had to remove the spleen; from there I became sick. In July 1993, after passing through a very sad situation, two brothers were killed and other family problems. I began to suffer from depression, headaches and neck, cramps in the hands and feet, also felt some palpitations too strong, my eyes were deformed, were swollen and exalted. There were nights I could not sleep and suffered from insomnia, I started to lose a lot of weight, I felt like I was drowning, I could not go to the bathroom alone and was very thirsty. I have a brother who is a doctor and started giving me medication, serum injected me and healed me. He had to stay in the hospital where he works after several studies, doctors there told me that my thyroid gland was not working well.

I was prescribed pills and was taking them for a year or so. I improved a little, but if I stopped taking the pills, I became shaky. I was sent to another hospital with a specialist to

see if he could cure this disease. By then I had a tumor in the neck that was growing and if I stopped taking the medicine the symptoms would return, but I could not take the medication, it was like a drug. In this hospital I was sent to another, to apply nuclear medicine. Radioactive iodine was what I had to take, with which I felt very tired and various other symptoms.

I was alone, I was still without strength, I wanted nothing more than to be dead. I went back to the Doctor, after 15 days, because the symptoms were the same. There was no improvement. The doctor told me to continue taking the medicine again. I felt that iodine I had done nothing, and as I frequently had sore throat and bronchitis, I was taking 6-8 daily medications. I was starting to hurt the kidneys and did not know whether to take the medicine or not.

One day my husband took me to hospital, and I was diagnosed with a tumor in the breast. I worried because I was filling diseases. One day, as in May of 1995, I was invited to be a witness, before a notary, to some scriptures. I gladly went along with neighbors and friends, and that was when a neighbor said the urine was good for all diseases and that was in the Bible. In Proverbs 5 verses 15 to 18. The next day I started taking just a little with water, because I did not know how to take it. When I started taking the urine, I had bronchitis and was taking thyroid medicine and antibiotic. I continued with the urine; at that moment the medicine disgusted me. It couldn't take it, and I gradually stopped taking the medicine. I didn't have directions, nor had I attended any conference.

Three months later, I came across a paper with instructions or directions and an explanation of all that urine cures. It was then that I started fasting for one day, then two days and thank God, I fasted for three days; before the fasts, I had the opportunity to go to a conference.

I'm cured of the thyroid, and that I have no neck tumor, I feel great, I'm not on drugs and breast cyst disappeared. Varicose veins in the legs are going away, and I can see without glasses. I wish everyone had this wise knowledge so that everyone can heal without spending money, you only need prayer to God and your water of life."

Testimonials of Patients Cured by Urine Therapy  
<http://paraisodelasalud.org/testimonios.htm>

THYROID

Ma. of Refugio S., Mexico.

"In 1990 I started with the issue of Thyroid. Every year I did analysis and x-rays to be able to shrink the tumor. It appeared that it wouldn't go away with medication. I took 3 radiation treatments and still it did not reduce the tumor. One day, I realized from the conferences they gave in October 1995. I started the urine therapy and that was my relief. Now I'm healthy. I thank God for therapy."

Testimonials of Patients Cured by Urine Therapy  
<http://paraisodelasalud.org/testimonios.htm>

#### TOE BLEEDING

Once I myself was walking on a rocky terrain with my friend. All of a sudden my right foot collided with a big stone. My toe started bleeding profusely and nail was half torn. I was in a fix as to what to do when my friend reminded me to urinate on it. I followed his advice and tied the toe with a urine-wet piece of handkerchief. I kept on wetting it for days and the toe was completely healed.

Miracles of Urine Therapy by Morarji Desai

#### TOOTH ACHE

"Banarsidas Brahmachari is a propagandist of Urine Therapy. He had a toothache in 1966. He began gargling, and he found great relief in only 20 minutes. In three days he completely cured his toothache by only gargling with urine."

Urine Therapy by Dr. John O'Quinn

#### TOOTH ACHE

Once I was on a train with my wife. It was night long journey. In the middle of night her tooth started aching severely. I had few tablets of aspirin with me but it did not work. I then asked her to go to bathroom and put some urine in the mouth and rinse for few minutes. She did not like the idea but pain was severe and there was no other way. At last she did try the remedy and was relieved like magic.

"Miracles of Urine Therapy" by Morarji Desai

#### TOOTH ACHE

Once one of my relatives came to me with severe toothache. He had a cavity in his molar tooth and that was the source of pain. I took a piece of cotton and soaked it in the urine bottle and inserted it in the cavity. Within a minute pain subsided.

"Miracles of Urine Therapy" by Morarji Desai

## TOOTH INFECTION

“Jose Martinez had a bad infection in a tooth that needed root canal or extraction. The infection caused his face to become inflamed and he had a lot of pain. He obtained temporary relief with pain killers, but he was getting desperate. He remembered reading in the urine therapy book that holding a mouthful of urine for a few minutes was an excellent treatment for this type of problem. He used the remedy every four to six hours as recommended just as if he was taking medication. He was desperate and wanted to see if this simple remedy would work before going to the emergency room at a local hospital. He recalled the taste of urine being repulsive, but the pain was unbearable. Besides holding urine in his mouth, he also put a rag soaked in urine on his face. within minutes, the pain started diminishing and two hours later the inflammation started subsiding. He prepared the ultimate universal remedy and used it as instructed, every three hours, for a few days before seeing the dentist and all the while the pain and the infection were under control. His dentist could not believe Martinez’s story and though she will never admit it in public, she now mentions the application to patients who are allergic to or do not like using antibiotics.”

Urography by Martin J. Lara

## TRAUMA

Marcelina L. Juan. Mexico.

"A month ago I fell off a truck. The impact was very strong, giving me a centón (spanish slang meaning "patchwork quilt") on my back. Before the accident, I was suffering 3 years from kidney and venous insufficiency. The impacts were throughout the body, except the feet, which are very delicate. In that moment, I felt a wet feeling as if it caused vaginal hemorrhage. I started bleeding and that night I could not sleep from the pain I felt in my right leg.

Thanks to my sister and the experience of other relatives, I knew about urine therapy. I decided not to take allopathic medicine, because it affects the kidney. The second day of taking my urine every morning, it did not hurt and I could move easily. I thank God for having

me arrive at this treatment, remedy or means of healing. Due to this, I have been able to sleep very well and no longer have pains like back pain, fatigue and wounds from the fall.

My son was suffering from cough that he would get rid of with anything, plus he suffer from very strong colds. I gave him the urine and stopped coughing in three days and he feels very energetic."

Testimonials of Patients Cured by Urine Therapy

<http://paraisodelasalud.org/testimonios.htm>

## TUBERCULOSIS

A woman was diagnosed with tuberculosis (T.B.) after 9 months of chronic cold and coughing. Hundreds of injections, tablets, and capsules were administered by the doctors, but the blood and phlegm continued to cough up from her throat.

She went to a special urine therapy center to try a urine-cum-fasting treatment. Over the course of 4 months, she did 2 long fasts of 19 days and 21 days length. After discharge of phlegm, she got back into eating food step by step. She reports: "I am now fully recovered and have experienced lightness of body. Since my recovery, I have never tried any medicine even when I am occasionally assailed by my old ailment, which I repel by dietary precaution and nature cure (urine therapy)."

from *Manav Mootra* by R. M. Patel

## TUBERCULOSIS

"Shri Harishchandra Desai from Baroda has informed that he could cure his brother's T.B. by this therapy. In addition he could get rid of his spectacles and piles too I He gained 15 lb. in one and a half month's experiment."

Manav Mootra by R. M. Patel

## TUBERCULOSIS

"Gopal Shah had T. B. for the last 4 years. Doctors despaired of his case. He started Urine Therapy on January 15th and continued it for three months. During the time he never fasted but used to take cow's milk, bread, and vegetables without any condiments. He cured himself completely and could walk two miles easily with vigor."

Urine Therapy by Dr. John O'Quinn

## TUBERCULOSIS

"M.Gupta wrote that he was at death's door due to T.B. but experienced a wonderful change for the better in only three days with Urine Therapy."

Urine Therapy by Dr. John O'Quinn

## TUBERCULOSIS

Judith A. Muñoz:

"I live in the Salto, Jalisco. I feel good. I was sick with tuberculosis. I was miserable. The circulation was also affected, colitis and hemorrhoids. I give thanks to God and the people who attended the conference and gave their testimony. I feel great. Thank you."

Testimonials of Patients Cured by Urine Therapy  
<http://paraisodelasalud.org/testimonios.htm>

## TUBERCULOSIS OF BONE

"Miss K. R. Shah, age seventeen, suffered from bone T.B. She was so weak that she could not get up from bed, nor was she able to turn on one side or the other. She had a boil the size of a golf ball on her left thigh. Doctors forwarded the case to me. I gave her one dose of homeopathic medicine and opened the boil, and about a pound of pus was discharged from it. This discharge gave her some relief, and she had some sleep after a long period of sleeplessness. I gave her homeopathic medicine for some time but there was no desired result, the disease could not be rooted out. It appeared that she would not survive, even for a week. I had to take recourse to Urine Therapy.

She was given to drink one ounce of her own urine three times a day. She was permitted to take a simple and easily digestible diet. She applied the pads of urine on the boil. On the third day, the discharge of pus ceased, and the patient showed some appetite. On the sixth day, she asked for food twice and began to sit without any support. On the ninth day, she insisted on the third meal also and began to walk in the courtyard of the house. On the twelfth day, she asked for more food, but it was not allowed. On the sixteenth day, drinking of urine was stopped. Now she was healthy and used to walking outside the courtyard. Thus in 15 days of Urine Therapy, Miss K.R. Shah regained her health. In addition, she

recovered her appearance, color, appetite, weight, and vigor for a normal girl her age."

Urine Therapy by Dr. John O'Quinn

#### TUBERCULOSIS OF LUNG

"A man from Bombay had an attack of T.B., but doctors could not diagnose it, and so a cavity developed on the left lung. The right side also showed some effect. Under x-ray, the trouble was traced out at last. He was admitted to the Sarodaya Hospital at Ghatkoper. On advice, he began Urine Therapy and cured himself completely by his own urine."

Urine Therapy by Dr. John O'Quinn

#### TUBERCULOSIS OF LUNGS

Shri Ramjibhai was suffering from T.B. of lungs for the last four years. First coughing and fever started. He became weak. He felt slightly relieved for four months when he was taking some medicines but again cough and fever was aggravated. Some other doctor treated him and he again felt better for three-four months. But soon condition worsened and he was advised operation.

In the mean time Ramjibhai had to go to one of his relative's place. That relative had a great faith in nature cure and also in urine therapy. He encouraged him to try urine treatment before going for operation. He started this experiment with anointment of the body with urine. After a week Ramjibhai started drinking it. After fifteen days he met Shri Raojibhai Manibhai Patel and as encouraged to continue it and observe relevant precaution. He continued the treatment and after three months his condition was appreciably better. At the time of conference he had already continued the treatment for eleven months with much improvement. He was working and during this period two-three times he was drenched in rain. But there was not adverse reaction. he was free from fever and cough. he hoped that further continuation of treatment will cure him completely.

Miracles of Urine Therapy by Morarji Desai

#### TUMOR OF ARMPIT

"Shrimati Mahima is a self-controlled lady. She had a very big tumour in her armpit. She cured her tumour by urine treatment in no time."

Manav Mootra by R.M. Patel

## TUMOR OF ARMPIT

“A middle-aged woman had a growth of some proportions situated near the armpit. Two surgeons advised an operation, but made a concession to her daughter's suggestion, that the patient might rest and take very light nourishment before the ordeal. The operation was accordingly arranged to take place in the hospital a week hence.

However, as the patient's daughter had derived much benefit herself from urine-fasting, she prevailed on her mother to try the treatment in the interim. In five days, not a trace of the growth was left.

I may add that two days after the patient should have presented herself at the hospital for the operation, the family doctor called. He was indignant at having his advice and arrangements flouted, in this "independent" manner; but when having thoroughly examined the patient, he found her condition entirely normal, there was nothing more to be said. Subsequently, he called in his colleagues, who, to express it mildly, were extremely astonished, and being human, were not altogether pleased.”

Urine Therapy by Dr. John F. O'Quinn

## TUMOR OF BACK

Renales Federico N. Orozco { Mexico }

"After a month of practicing Urine-therapy, I started the fasting. A very painful tumor disappeared of the center part of my back, which I had for over one and a half years. In addition I have been cured of insomnia, improving my average of sleep from 2 hours to 3 hours to a sleep of 6 to 7 hours. Even in a last attack of kidney stones, they dissolved with no need of drugs."

World-wide Case Histories of Urine Therapy by Gary Ward

## TUMOR OF BREAST

“ Here is a case which proves that operations merely deal with effects and do not remove the cause of the disease from the body. The lady in question was forty-five, stout, and had a growth of some size on her left breast, the right one having been removed two years previously for a similar growth. She fasted and was treated according to my method for nineteen days, and then reported that the growth had entirely vanished. As she was still too



fleshy she continued the the fast. On the 28 day, she was examined and no trace of the lump was found, plus she looked much younger and far less matronly in figure.”

Urine Therapy by Dr. John F. O'Quinn

#### TUMOR OF BREAST

“ A case may now be cited regarding a young woman who had developed a growth in her breast. She was put on a diet of her own urine, plus tap-water, and used urine compresses.

In a short time, four days, the growth had entirely disappeared.”

Urine Therapy by Dr. John F. O'Quinn

#### TUMOR OF BREAST

Ms. R.Y., Belgium

"I started urine therapy as a result of a breast tumour I had had for a number of years. I drink six glasses of urine daily and rub it into my skin. From time to time I do a fasting cure for two or three days. A couple of times the cure caused me to vomit terribly. I also use urine compresses at night.

The initial results were surprisingly convincing. The tumour reduced in size, the skin in that area regained its colour, the condition of my blood improved and according to a Touch for Health measurement, my energy on all levels was strong (it was previously quite weak). My skin and hair have noticeably improved. My eyes have improved and so have my ears, as I inject a few drops of urine into my ears and massage them.

The only thing I miss is the laxative effect of urine, and so I sometimes give myself an enema. Now, however, I seem to miss noticeable progress, even though I continue to use urine therapy. For one week, I had a strong aversion to urine and doubted whether it could help me. That has passed, and I now realise that working with urine therapy is not as simple as I initially thought.

I regularly tell others about urine therapy, particularly for external skin problems. People are more willing to try urine externally than internally.

Whenever I hear their reactions, I often think: If urine works as well internally as it does externally, then it is a fantastic remedy."

The Golden Fountain by Coen van der Kroon

#### TUMOR OF BREAST

Rose Alba P. Gonzalez { Mexico }

"By means of this testimony I want to thank God who gave me back my health and to say to the people who have my problem, that it can be cured. It is only the question of making the method exactly and to have faith in God.

I very was distressed by a cyst that was detected in my breast. The doctor said that the only solution to know if the tumor is benign or malignant is to do a biopsy, or to operate directly to remove it. It gave me much sadness to think about this operation.

Months later the book of Urine-therapy of Chemistry arrived in my hands by Sonia. I read and had such great enthusiasm, that I finished two fasts of three days. My cyst disappeared completely and bless it to God I was with the doctor and he was astonished but he asked me what I had done and when I told him, he was very interested in the method."

World-wide Case Histories of Urine Therapy by Gary Ward

### **TUMOR OF CHEST**

"For 25 years I carried on my chest a tumour which during one of my peregrinations suddenly began to discharge thick pus. There was pain also. Swelling and inflammation around it aggravated the condition. Doctors advised immediate operation as they suspected it to be of cancer and warned that failing it, the malignant matter will spread to other regions of the body. I firmly refused to be operated.

I removed myself to Mamasar (Rajasthan) as advised by Gurudev Acharya Tulshiji. Auto-urine therapist Shri Bhojaraj Sancheti prescribed massage on the tumour. Within a short time, I found miraculous recovery. Within five-six months' time, the tumour practically disappeared. Though there is a spot signifying the tumour I am not inconvenienced with it.

Auto-urine therapy indeed is an excellent and cheap remedy. If followed properly and according to its rules it gives complete relief."

from *Manav Mootra* by R. M. Patel

### **TUMOR OF CHEST**

"Shrmati Indumati Pandit is of 61 years. In 1968 she developed a painful tumour between her breasts. The civil surgeon on examination told that the tumour was not ripe for removal

and after about a week he would return from his tour and then operate. Shri K. G. Pandit began urine therapy. He started massaging the affected part with urine and put hot urine packs also. Within five days' treatment, before the civil surgeon's expected return. The tumour disappeared and not even any sign remained of the painful tumour."

from *Manav Mootra* by R. M. Patel

## TUMOR OF FACE

Mrs. Maria Navarro { Mexico }

"I had an ugly abscess in the cheek that was extended a little towards the ear. Then I applied the Urine several times day and little by little it disappeared. By the grace of God it disappeared. I am perfect."

World-wide Case Histories of Urine Therapy by Gary Ward

## TUMOR OF HEAD

MRS. MA CONCEPTION { Mexico }

"During two years and 5 operations they practiced on me. I had one tumor and another one was developing again. I already lost faith and then they prepared for the sixth operation.

A lady came to my room and said, do you want to be cured? I answered to her and she said me that I must leave the hospital and go to a conference in the temple of Our Lady of Consolation next Tuesday. I said to her what she was going to think it if I leave it to God.

When several Doctors got to review me I asked them, What if they were going to cure me by taking the tumor out, but again I would have another tumor grow? They did not answer. I only saw their eyes and I interpreted their silence.

Soon after I ask that I better leave the hospital and I want to go to my house. They said to me that was far better and there is a possible that I may live more time. They helped me to leave and to discharge me the from the hospital. When I arrived at my house I felt very alone and I thought, now what do I do? They will no longer operate on me, and here I am ill. Then I remembered what the lady said to me that Tuesday I should go to the temple.

I went to the temple and listened to the seated conference. Alone I was at the bottom and from that moment I knew that I was going to be cured. They gave a paper to me of how to do the therapy of the Urine. I did it exactly, including fasting. In two months I

healed totally of that tumor and now I live a normal life, work and I request prayers to God that blesses so many ill people."

## World-wide Case Histories of Urine Therapy by Gary Ward

### TUMOR OF INTESTINE

Guillermo R. Orozco {Mexico}

I am 59 years of age. I am an architect and work as a public servant for the government in the Jalisco state. As a student, I exceeded my sugar intake with cakes, taquitos, etc. In the year 1976, diverticulosis (mucus pouches) was detected in my intestine. It caused constant sourness in my stomach. I had to resort to any medicine. In 1980, gall stones by means of the ultrasound were detected. I was operated in October of 1995. In 1990 a tumor appeared in my left thigh, which was surgically removed.

In my recreational time, I played American football with the U.N.A.M. I got hit and I broke the partition of my nose that later caused chronic sinusitis.

This hit prevented me to breathe by the nose. I also underwent a break of the thumb of the left hand. In 1992, diabetes and high blood pressure was detected. To all this I add that I have been quite a nervous and apprehensive person.

In 1990 to January of the present year, I began to take excessive medicine from an allopathic doctor. I understand this medicine has destroyed my antibodies. Because I began with pulmonary diseases I had strong colds every year. They lasted up to two months and because of more antibiotics that they gave me, I could not be cured.

I had the luck to study " the Word of God " (the Bible). It was in the Catholic Biblical institute of this city of Guadalajara. Within this study, I found the faith that Jesus gave to me. Then I began to request: "Give me the desire to live Jesus. Take away my tumors, give me my health. I want to preach the word you have revealed to me. Remember I have my daughter and my wife and believe that I need to still do something for them."

Jesus said these words in Getzemani: "That does not become my will, but yours". The answer of my Jesus I did not believe. By the end of January to the present. Because of my work, I was commission to the town of

Sn. Martin de Bolanos, Jalisco, in the North zone. There like always, I arrived and I made a visit to a temple of the catholic church of that town. It is my custom that I repeated my request to Jesus Christ.

I even went to eat at a restaurant. I took care of one lady and bought myself food without fat and just vegetables. The lady ate with me and she asked me, are you diabetic? I answered her, yes. Then she asked me, when I finish, might I say something? I answered, yes why not? She said after we finish our food.

I ate quickly and I asked the lady about her comment. She said to me: I am diabetic and have been almost blind, but thanks to GOD and Urine I see well. I could not see 5 meters away. Please, I would like to take you to see a video with a teacher who lives close. I accepted and we arrived to the teacher, who took care of us and she gave her testimony of which she alleviated herself of hypertension with the Urine-therapy. The video did not have it, but she explained to me how to initiate the method of Urine-therapy.

After returning, I spent several days thinking. Then I included and understood that everything was not chance but that it was the answer of God to my request.

I initiated my method of Urine-therapy (first thing in the morning). From the second day I felt best for the therapy to be routine. I felt very well.

FIRST FAST: I was taking drugs for the sugar and high blood pressure. The second day of fasting at night I felt bad. I went to the emergency room of the hospital and they took a blood sample of me and my glucose level was at 110. The blood pressure was also low for me, {Normal}. The following day I was with the family doctor to whom I explained the method with Urine therapy. He said to me, it is your decision.

I reduced my allopathic drugs by half as I gained control of my health. I now had feeling in my hurt thumb. I could now breathe well from my nose. The small ball of my tumor was smaller. I no longer had sourness in my stomach. I felt better, reanimated, I saw my daughter and my wife with interest, as they used to be in previous days. Some symptoms are hard to live with but not impossible like before. I do not have all the data that the teacher Sonia commented on. I knew in the community that Sonia Rodriguez gave lectures in the temples. I did not obtain full information until I asked in a bookstore for 'The Water of Life' or 'Urine-therapy'. I also bought the book of 'Uroterapia of Chemistry' by Sonia Rodriguez which I read.

SECOND FASTING:

Now I had more information, thanks to that fabulous book. Now with my symptoms I would pass them more with a conscious opinion as everything in life we must experiment to live. I did my fasting completely. Just as in the first fast, I still had complications by with the drugs (1/2 doses), that I still took.

I decided to now suspend the drugs totally. I did it and to this date I no longer take a single tablet. Only Urine. In this second fasting I still followed with doubts. I started this fasting on Holy Wednesday, Thursday and Friday. I spoke on the telephone to Paradise of Health and left a message on the answering machine, because now were the holy days.

Monday of Passover, I received a telephone call from Sonia, who gave me the attention to call me back. I congratulated her for that charisma that God has given to her. You can listen and feel a special peace in her that you do not find every day. I told her my doubts. She invited me to one of her conferences which I wanted to listen and had several dates to choose from.

### THIRD FASTING TIME:

I did not have problems, my sugar analysis and hypertension is now normal and I am going to the hospital to only check my counts. I sleep and breath well. The tumor is almost disappeared in my thigh. My thumb of my left hand now moves without a problem. I feel healthy and positive.

When I go to get tests at the hospital, I see people who leave with a pile of medicines. It makes me feel like putting a great signboard on my chest that: God says 'I love you, drink your Urine'

From my personal experience, consider if you do drink your Urine, faith is due to you and God is going to heal you. Do it in the name of Jesus. It is worth the trouble to remember a Biblical appointment: 'Everything that you do in the name of Jesus, no matter how difficult, it will be granted to you.'

The works of mercy of God, will manifest. I would not feel well if I didn't give my own testimony. To those who read this, it is not enough to just read. Dedicate to live your own testimony. Cure yourself with your own medicine that is within you."

World-wide Case Histories of Urine Therapy by Gary Ward

### **TUMOR OF JAW**

"A woman's right cheek was swollen and there was pain. There was tumor on the jaw. After a few days of cillage medicines when there was no relief she was sent to the Head of Patna Cancer War. After 15 radiation exposures, there was still no cure.

She began auto-urine massage, fasting, urine-drinking, urine packs and other skin applications of urine. The fast was broken with grapes and fruit juice. She eased back into

soup, milk and bread, continuing her urine-drinking. After 10 days there was 80% relief from pain and swelling. The hardened cheek became soft. The swelling opened up and released pus. The body regained its strength.”

from *Manav Mootra* by R. M. Patel

## TUMOR OF LIVER

Ms. I.A., Israel

"In 1988 a tumour was discovered on my liver. Since I was already familiar with urine therapy and had often used it, I immediately decided to start drinking my urine. After a period of fasting of almost 4 weeks on predominantly urine and water and occasionally some juices, the whole tumour was gone. In this period I also worked on non-physical levels to support the healing process.

The doctors concluded their diagnosis must have been wrong. Nobody will ever know for sure whether it was just an abscess or cancer, because I had refused to do a biopsy on me. Anyway, I recovered quickly and in the last week of my fast I even often swam a couple of kilometres a day.

I believe that God has separated urine from the feces so we can take the urine in again fresh, pure and sterile- whenever we need it; as a preventative, but also to remind us that not everything is the way we think it is .... "

(From: *The Alchemy of Urine; From Witches' Brew to the Golden Elixir; A Diary, Immanu-El Adiv, Jerusalem (Israel) 1992, version shortened by author*)

## TUMOR OF NECK

“My wife got 12 tumours on her neck. The doctor gave prescription of medicines worth Rs. 100/- I began giving her urine treatment and only in four days she was normal.”

Manav Mootra by R. M. Patel

## TUMOR OF PENIS

“Shri L. N. Tandel (Colombo, Ceylon) could not only cure pain in the stomach hut also a few tumors on his penis by urine treatment.”

Manav Mootra by R. M. Patel

## TUMOR OF THROAT

“My mother is 44. She has tumours on both sides of her throat. Similar growths had developed three months before also. Doctors then had diagnosed them as early stage of T.B. The right side growth was operated upon but to no avail.

The tumors, two months later, started to dissolve and my mother’s condition improved. The treatment and dietary restrictions were strictly being followed.”

from *Manav Mootra* by R. M. Patel

## TUMOR OF THROAT

“Shrimati Rajani is a widow and is a nurse in Dhariwal (Punjab). Her daughter Chanchal Kumari aged eleven had four tumours on throat. On her mother’s persuasion the young girl started urine treatment. She took urine orally twice a day and rubbed it on the body once a day. The urine massage was done by her mother. In two months the girl was cured and all her growths on her throat disappeared completely.”

Manav Mootra by R. M. Patel

## TUMOR OF UTERUS

“Maria K. started drinking 2- 4 ounces of urine two to four times a day, she used pure urine rectal implants, vaginal douches and the ultimate universal remedy because she wanted a babe. However she had fibroid tumors in the uterus and the chances of conceiving and having a babe were slipping away at 29 years of age. She was desperate by the time she heard about UROPATHY, but she had tried all other options. Though she was single at the time, she wanted to healthy just in case things worked out with her boyfriend. She started drinking a spoonful of urine with orange juice and three days later was taking urine straight and chasing it the juice. She started hemorrhaging two weeks after she started the UROPATHY procedures, but she knew this was part of the healing crisis she would have to go through before regaining her health. Her conditions became gradually worst until she started delivering fibroid tumors with labor pain and other discomforts associated with having babies, though not as intense. She had read the book and was familiar with the healing process and since her periods usually lasted two weeks she did not get too scared when going through the healing crisis which lasted about 10 days. Now she promotes UROPATHY to all her friends and sends me people to the lectures.”



Urography by Martin J. Lara

## TUMOR OF UTERUS

“Maria, a lady living in my building, developed labor pain and minutes later spontaneously discharged a complete fibroid tumor from the uterus. She had been using the universal remedy (urine therapy) prophylactically (as a preventative medicine) for two weeks when she had this experience. Maria did not know that this tumor was developing in her body.”

Urography by Martin J. Lara

## TYPHOID

Ms. W.M., The Netherlands

"I discovered urine therapy in India, where I lived for quite some time. I regularly came across a man at the bank where I did my banking. One day he did not show up, and I heard from others that he had typhoid, a serious, debilitating and often fatal illness. I regularly inquired after his health, and heard that with each attack it was expected that he would die. Some time later, however, I saw him at the bank again, and he was in the pink of health! Only later did I hear from him how he had regained his health. I had told him that my own children were seriously ill, and he told me that he had cured himself of typhoid with urine therapy.

My four children all had a blood disease known as mononucleosis. They were weak, fatigued and listless, and constantly ran a fever. I had my two youngest children urinate into a brown bottle, and later gave this to them as medicine, without letting them know that they were drinking their own urine. My nanny was a great help - she even encouraged me to try this method. She came from Kerala, a state in the south of India where, as she told me, many fishermen also used urine. They often cut themselves on the fish, causing rather nasty infections, in which case urine can be used as an effective remedy. For a few days, I had my children fast and massaged them every day for a few hours with urine. At first it was difficult, as my husband was completely against this method. Some time later, I had my children repeat the fast for a period of ten days, and they responded positively. Their health greatly improved: they regained their healthy appetites, performed much better at school and were more creative. Apparently, they were cleansed on many inner levels.

Of course, I also decided to try urine therapy. Ever since I was eighteen, I had suffered from bronchitis, sinusitis, and chronic anaemia. After trying urine therapy, I felt much better.

Furthermore, the laboratory technicians were astonished at the sudden rise in my haemoglobin percentage, which had increased to the accepted standard!

I later stopped using urine therapy, until I discovered that I had a tumour in my breast which

was likely to become malignant. Initially, nobody wanted to help and support me in treating the tumour with urine therapy. The alternatives were chemical medication and probably a breast amputation. I wanted to prevent this at all costs.

At that time, I met Elly, a Dutch woman living in an ashram in India. She supported me, and I went with my family to the ashram where I regularly drank my own urine. I decided not to constantly check and see if the tumour was still there, and at one point I discovered that it was gone. At that time, I had only drunk my urine, without massaging myself with it.

I also used urine to heal wounds. I treated somebody with third-degree burns with urine therapy, and practically no scars remained. I also successfully applied urine compresses when my children had scrapes or were bitten by jellyfish or insects.

I used to be a nurse, and know quite a bit about medicine. I worked in the operation room, in district nursing and in private nursing, and have seen allopathic medicine fail many times, which makes it easier for me to work with urine therapy. In India, I worked quite a lot with natural medicine. Whenever I heard about a therapy that helped improve health, I researched it and tried it out. In this way, I have become acquainted with a number of different therapies. But urine therapy beats them all! Nothing is better than urine therapy."

The Golden Fountain by Coen van der Kroon

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ULCER (Varicose)

"A man aged 27 presented a varicose ulcer...of the left leg...He had it for nearly 18 months without its having healed. During this time it had been treated with Eastoplast and various other substances. At the time the urea treatment was begun the ulcer was of oval irregular outline with everted swollen edges and a floor covered with a whitish, foul smelling slough. The ulcer received the urea dressings daily for 14 days. After 2 days the foul odor had disappeared and after 4 days the base of the ulcer was covered by a mass of bright red granulations (new tissue). By the 14th day the skin edges had grown in and the size of the ulcer was 3/4 by 1/2 in. The floor was dry. The patient had a dry dressing and was discharged. The ulcer was again examined 10 days after the patient's discharge and was found to be completely healed."

"Treatment of Infected Wounds with Urea", 1938, by Leon Muldavis (Senior Casualty Officer at the Royal Free Hospital, London) and Jean M Holtzman (Demonstrator in Physiology, London School of Medicine for Women).

## ULCER

Mr. Ramon P. Gonzalez { Mexico }

"My sufferings that got better are: ulcers, gastritis (very acute acidness of my stomach for 45 years), nervous system very altered, very strong disquiet, insomnia, colitis, and pains of my kidneys. I am very improved.

My problem with my prostate is a burning sensation and hemorrhoids. They disappeared after taking my Urine from 25th from March of 1995 to date. I feel better with a lot of energy."

World-wide Case Histories of Urine Therapy by Gary Ward

## ULCER

Ma. Conception G. Mexico.

"I cured myself of two duodenal ulcers, one of seven centimeters and another one of four centimeters. They were already bleeding and they were going to commit me to surgery.

Thanks to God I am cured."

World-wide Case Histories of Urine Therapy by Gary Ward

## **ULCER OF BUTTOCK**

"Master Godbole is a boy of 14 and lives in Bhilai (Bihar). In 1964 there erupted an ulcer on his buttock. He was to be operated after a week. But Shri K. G. Pandit applied fomentation with urine on the affected part twice a day. The boy felt some relief and went to sleep. Shri Pandit came at 8 in the morning and woke him up. He found that the bed sheet was soaked in blood and pus, as most of the congestion in the ulcer had been discharged. He washed the ulcer with hot urine, and for half an hour fomented the wound and put a urine pack. In the evening when Shri Pandit came, he was surprised to find the boy playing. His pain had vanished. Only once more the wound was fomented and urine pack applied. Next day there was no sign of any wound and he went to school."

from *Manav Mootra* by R. M. Patel

## ULCER OF MOUTH

Mr. X., India

"The patient was around 60 years. There were ulcers and fissures on the tongue and in the mouth. In a corner of the mouth, there was a small tumour, which was diagnosed as cancer. Cobalt-ray treatment was given. This was followed by a terrible feeling of burning and soreness inside.

The patient thought of resorting to Water of Life treatment and came to me. I examined all reports and the details of the treatment given. I then prescribed this treatment To take self-urine into the mouth, rinse the mouth with it and then to spit it out; this, five times a day, every time for 5 to 7 minutes; and then to drink the remaining urine every time. The patient had a little inflammation around the throat and under the ear. Urine was to be rubbed very lightly on these parts every morning and evening. One month's treatment showed a noteworthy improvement, with less inflammation.

The pain and soreness in the mouth had lessened, and in that month the patient maintained status quo in weight, without losing it as he had been doing.

The experiment was continued."

(From: Auto Urine Therapy; Science & Practice, Vaidya Pragjibhai Mohanji Rathod, Bhavnagar (India) 1988)

## URINARY PAIN

"During the course of my treatment, I caught cold in September, last year (1960). I could not take urine in the required quantity as the passing of urine was not sufficient. So there was inflammation on the legs which increased gradually. So I had to see a doctor to get that treated. But instead of being cured, I lost 10-11 lb. of water in the form of urine. My weight which was 100 lb. fell to mere 89 lb. and I felt myself extremely weak. As a result there was an attack of paralysis on 21st of September, for which doctors administered injections. The reaction was contrary to the expectation and the passing of urine ceased and there was acute pain. A doctor in neighbourhood was called to get the urine out but it was not sufficient because there was again obstruction. Twenty-four hours passed and the pain was unbearable. The doctor had to be called again. There is every danger of urinary tube getting inflamed by insertion of instrument again and again. I suggested urine as an antiseptic liquid for this instrument to be used internally. The doctor agreed and followed my suggestion. Then 19 ounces of urine was taken out. It was dense, dirty and red. However, I got some relief and soon after I felt pressure for urination. Urine passed in drops and there was acute burning sensation. For this, the doctor prescribed four tablets of certain medicine. I expressed my doubt the reaction of those tablets.

This set me athinking. Soon I was clear in my mind. What a fool am I? I advise others to

adopt urine treatment and am pleased to hear them do so. Why should I not again experiment on myself ? The flow of urine increased gradually as I took more and more urine repeatedly .. The burning sensation diminished proportionately. Thus in 8 days my urine was clear and its flow was regular. There was no burning any more and I was saved from a great danger. I am writing this account after one month of the cure and I am now completely free from the trouble.”

Manav Mootra by R.M. Patel

#### URINE TROUBLES

“A lady X aged forty was very recently treated by Dr. Paragjibhai for her urine trouble. Her urination had stopped and there was intense pain into her abdomen. doctors could not even relieve the pain. She was given her son’s urine and in half an hour she began to urinate, pain vanished and she slept soundly thereafter.”

Manav Mootra by R.M. Patel

#### URINE TROUBLES

“Shri Dahyalal M. Zavei from Morvi, Saurashtra, has a business of jewellery at Bombay. He is 81. Being very old, he leads a retired life in his bungalow 'Kuber-Bhavan' at Nasik Road. He had greatly benefited himself by urine therapy and has donated Rs. 1 000/- to Bharat Sevak Samaj for the noble work of the publicity of urine treatment. He writes of his successes:

1. My constipation had been removed to a great extent. Now the stools are of natural colour.
2. Piles are eliminated altogether.
3. Appetite has been revived and I enjoy my meals.
4. A scar of dry ringworm was cleared by urine rubbing.
5. I have no trouble whatsoever in the back.
6. Urination is easy but slight burning sensation is still there due to the narrowing down of the passage.
7. Getting up for urination at night is not more than once or twice.
8. Previously as soon as some urine was accumulated, I had to urinate. Now the feeling of urination arises only when the bladder is full.
9. There is no attack of cold or fever or pain in the chest.
10. Eruption near the left ear has gone.

11. Two small spots on the right-hand affected with white leprosy have been almost cleared.

12. Itching Sensation disappeared by urine massage in the very beginning.

13. Now everything gets digested without any ill-effect.

Thus I have been benefited in a number of ways and there is no exaggeration in what I have stated.”

Manav Mootra by R.M. Patel

#### URINE TROUBLES

“An old gentleman began to have difficulty in voiding his urine. He was advised by a friend to try taking half a pint of his own urine every morning on rising. This was to be followed at the usual time by a light breakfast instead of the customary full meal. Result, in one month after starting the treatment he was rid of his trouble.”

Urine Therapy by Dr. John O'Quinn

#### URINE TROUBLES

“A lady, age forty, was very recently treated by Dr. Paragjibhai for her urine trouble. Her urination had stopped and there was intense pain in her abdomen. Doctors could not even relieve the pain. She was given her son's urine, and in half an hour she began to urinate, pain vanished, and she slept soundly thereafter.”

Urine Therapy by Dr. John O'Quinn

#### UTERUS INFLAMMATION

“A lady in Dhalni Pole, Ahmedabad, suffered from pain, due to inflammation in the uterus after her marriage. She was treated by doctors but did not have any relief. Her husband was informed that Urine Therapy would eliminate her trouble. She was persuaded to take her urine. One day she took all that she passed. This worked as a miracle, and the serious trouble disappeared within only a day. Before the treatment, she was unable to walk even a little distance. But after the treatment, she could travel freely.”

Urine Therapy by Dr. John O'Quinn

#### UTERUS SWELLING

A woman had swelling in her uterus. It used to pain. She had got herself treated by doctors and vaidyas without success. She was advised to drink urine and put urine soaked cotton inside her vagina by one of my lady patients who herself had some experience of urine therapy. The woman's trouble vanished in three days and never returned.

Miracles of Urine Therapy by Morarji Desai

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### VAGINAL DISCHARGE

“Shrimati Prabhavati is 45 and suffered from .leucorrhoea. She took urine treatment. She fasted on during for eight days, drank urine for one month and massaged with urine during the treatment. She applied urine-soaked cotton in vagina. She was completely cured.”

Manav Mootra by R.M. Patel

### VAGINAL INJURY

“Shrimati Vaishali Pandit (32 years) was admitted in a hospital for confinement. But there was abortion and she returned home. But as bleeding would not stop she was obliged to adopt urine treatment. It was begun with a three-day urine fast. After the fast she was kept on milk and fruit. She drank thrice daily her own urine and massaged also with it. After a month's treatment under the supervision of Shri K. G. pandit she was completely relieved and well.”

from *Manav Mootra* by R. M. Patel

### VARICOSE VEINS

Conception G. Sahavedra. { Mexico }

"I work in a laboratory and cured myself of varicose veins in the legs. I always had problems with lack of circulation. Now, thanks to God, I am very well."

World-wide Case Histories of Urine Therapy by Gary Ward

## VARICOSE VEINS

Bertha Merida { Mexico }

"I cured myself of varicose veins that I had in the right leg and my skin improved by getting rid of my acne. Now I feel I am happy. Thanks to God and the Urine, blessed you are Sir."

World-wide Case Histories of Urine Therapy by Gary Ward

## VENEREAL DISEASE

" A young man, twenty eight, was given three days to live. His condition was variously diagnosed as either cancer of the gullet or venereal disease. Through Urine Therapy the patient was completely cured and is still alive."

Urine Therapy by Dr. John F. O'Quinn

## VERTEBRA SPRAIN

" A young woman had a sprain in her vertebral column which developed particularly in the fourth and fifth vertebra, where swelling appeared. She was unable to look straight, forward or side ways, due to intense pain. She could not sleep comfortable. She was taken to Bombay and she was subjected to radium-rays on doctor's advice. But there was no relief at all. Thereafter she was admitted to Mission Hospital, Arand. The plaster of paris was fixed on her back, and for a full 3 1/2 months she kept to her bed. But there was no improvement at all. The pain became more intense day by day.

Finally she was urged to adopt Urine Therapy. The experiment started with rubbing. After seven days, some improvement was noticed in her condition. With the rubbing of 15 days, the swelling on the vertebral column started to disappear. She was also made to fast on urine for a few days as required. Within a month she was completely cured."

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## VISION

"Chimanlal M. Shah ( Rabari Chaw! Court Road Boriviali, Past Bombay) informs that his friend was able to get rid of his glasses by Urine Therapy."



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VISION

“D. Patel (Morbi, Saurashtra) informs that he could cure his neighbors of their eye-troubles, swellings, and bums by Urine Therapy.”

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VISION

“Ratilal Bhavanbhai could completely get rid of his glasses and could cure pain in the chest by Urine Therapy.”

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VISION

“Kalyanji Lakhani has described the various benefits he received from Urine Therapy:

(1) He had been a slave to glasses for the last 45 years. With the putting of drops of urine, 4 days old, in the eyes, he is now able to do without glasses for a number of hours with no inconvenience at all.

(2) There was tremor in his hands. With Urine Therapy, he was able to hold a cup or dish steadily.

(3) Before treatment, he was compelled to urinate every 10 to 15 minutes. Now it is so only after 2 or 2 1/2 hours.

(4) His constant uneasiness of body had gone, and instead he feels vigor.”

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VISION

“S. Dsbhai, in a letter of July 21st, 1960, writes that at the ripe age of seventy three he got rid of his glasses completely by washing his eyes daily with fresh urine.”

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VISION

“ R.B. Parikh was getting dim vision, and he was compelled to use strong glasses. He began drinking urine for a period of five months. As a result the defect of refraction in his eyes were removed, and they appeared very bright. There were certain reactions as well during the treatment. For a couple of days, there was heaviness in his head and pricking sensation in his throat. But gradually all the complaints ceased. There was much elimination of phlegm through the nose. But ultimately health was restored, and the experiment proved successful.”

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#### VISION

“Bhikhaji Kalaji, age 41, is a resident of Ahmedabad. He suffered from throbbing pain in the temples along with headaches. His vision was also dim, and he was unable to see anything in the late evening or at night. His eyes constantly remained red and watery. Through poor, he had already spent a lot of money on treatment. An eye-specialist of Ahmedabad examined his eyes and said that they could be cured only when the excess poisonous fluid behind the pupils is removed by an operation. Bhikhaji was shocked. He feared that an operation could result in blindness which might leave his family in a helpless situation.

So he began to wash his eyes twice or three times daily with urine. In addition, he drank three ounces of it once or twice a day. Within a week he had some relief in his eyes, and so he continued the treatment with faith. Within the month of treatment, his headache, throbbing pain in the temples and pain in the eyes disappeared totally. Natural whiteness returned to his eyes, and watering ceased. Not only his vision became clear, but night-blindness also was removed.”

Urine Therapy by Dr. John O'Quinn

#### VISION

Teresa Miramontes Fui { Mexico }

I went to a chemistry conference and on the following day, began with my fasting for three days, taking my urine as she had indicated to me. I also applied it in my eyes directly every night and morning. In 15 days, I felt that I no longer need anything else. Successively, I no longer need to use eyeglasses. Before this, my diagnosis of the doctors was that I would go little by little losing my sight. Now I am perfectly well. Thanks to God.”

## World-wide Case Histories of Urine Therapy by Gary Ward

### VISION

Carmen N. Mexico.

"I cured myself in 5 days drinking my Urine. I cured my eyes, because I couldn't even read the church bulletin, Over the last ten years, I couldn't see well. I also had a wart that disappeared. I put urine on it for 20 days and it fell off. Thanks to God."

## World-wide Case Histories of Urine Therapy by Gary Ward

### VISION

Daisy C. of Caves { Mexico }

"I have a month taking my Urine. My problem was that I was going blind and now I see perfectly. I always marked 200 sugar count and now I have managed 120 sugar count. It hurt my entire body and in just a month I am totally cured and happy thanks to God and this therapy."

## World-wide Case Histories of Urine Therapy by Gary Ward

### **VOMITING**

"In Jeera Shri Nattha Singh of 52 years was having pain in his stomach and disturbances. Whatever he ate would be thrown out through mouth. Excretion through anus was not possible. At the advice of Vaidya Rama Swarupji he began taking urine of to be ejected through anus. And he became healthy and free from disease. How wonderful is this remedy!"

from *Manav Mootra* by R. M. Patel

### VOMITING BLOOD

Dr. Gunanidhi Bhatt reports the following case:

"M.D. Mehta, twenty-five years of age, was an unmarried man. About a dozen doctors had diagnosed him as a T.B. patient and had given treatment. They had given up on the case as incurable. Occasionally he had attacks of blood-vomiting and dysentery. The temperature continued from 100 to 101 degrees along with the cough. He could not relish or digest any food. His body was reduced to a bare skeleton. Even the slightest exertion

caused gasping.

I gave him homeopathic treatment for about four months and he felt some relief. After two months, the patient again sent for me, and after examination, I found that the disease was still there. I advised him to drink one ounce of his own urine in the morning, and it was gradually increased to 3 oz. and three times a day. He was also advised to rub urine before going to bed and wash the body with warm water the next morning. The improvement began with the first day of the treatment and gradual relief was felt in dysentery, fever, digestion, vomiting, weakness and anemia. Due to dysentery, the weight had been reduced to 80 lbs., but it increased to 100 lbs. by two month's of treatment. There was an astonishing improvement in his appearance, nature, color, vigor in the body. Nobody could say Mahta had suffered from a fatal disease. I had permitted him from the very beginning to take a simple and digestible diet, as it was dangerous to keep such a weak patient on a fast."

#### Urine Therapy by Dr. John O'Quinn

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#### WASHING

Ms. M.L., Ireland

"I recently heard about you and the therapy you work with. I want to let you know that in this part of Ireland where I live, till recently baby's were washed with urine. Also, children were often told to use their pee whenever they got wounded or cut in the fields. Unfortunately also here 'modern' life takes its toll and people start to think their old methods are primitive."

#### The Golden Fountain by Coen van der Kroon

#### WEIGHT LOSS

A young woman who gained a lot of weight after marriage wanted to look slim like pre-marriage time. She wanted some medicine from me. I advised her to fast to which she replied that while fasting she felt very weak and after breaking fast she ate double the amount of usual food so it was of no use. I then asked her to fast with urine and water. Fortunately this girl has had a previous experience of urine therapy for the treatment of pains in menses and she was convinced of its effectiveness. She promised to follow the advice and lost extra weight by fasting five times in a month for two days at a stretch. She

has been able to retain her looks since then. She takes urine often and fasts occasionally. The secret of success is that while fasting with urine, the patient does not feel weakness as in ordinary fasting.

Miracles of Urine Therapy by Morarji Desai

### **WET DREAMS**

“Shri Ramesh Nathani, B.Sc., D.T.C. is a promising youth. He is not addicted to any dissipating habit nor is given to fineries. For about three years he was embarrassed with nocturnal emissions. With my encouragement he began drinking urine twice a day from June 1975. And occasionally urine massage also. He could not follow dietetic regime. For the last month and a half there has been no complaint in the night and his weakness also has to an extent been cured.”

from *Manav Mootra* by R. M. Patel

### WET DREAMS

“Shri Narshibhai S. Prajapati aged 36 (village Aghat, via Viramgam) had frequent nocturnal discharges. He came for treatment in the urine therapy centre from 28-7-62 to 4-8-62. His weight increased from 70 lbs. to 80 lb. He was completely cured but still was advised to continue drinking and massage of auto-urine.”

Manav Mootra by R.M. Patel

### WHITE LEPROSY

“About 15 years ago, a man of thirty-five had suffered from white leprosy on his entire body. There were several patches of leprosy, big and small, on the head, face, chest, abdomen, hands and feet. Even his hair turned white. He happened to read about Urine Therapy and began a number of experiments on himself. He cured his eye trouble by drinking urine and began rubbing the urine to get rid of the white leprosy.

By systematic taking and rubbing of urine, his white leprosy was gradually reduced. Some patches of leprosy, however, persisted on his forearms and feet, but those patches do not trouble him in any way. There is no burning sensation, even in summer.”

Urine Therapy by Dr. John O'Quinn

## WHOOPING COUGH

“The son of a serviceman in Surat was suffering from whooping cough. The allopathic medicines were tried with no results. His mother made the young patient drink his own urine after every call. Thus the old cough was cured by this simple treatment. They are now confirmed believers, and use Urine Therapy whenever the boy has any trouble. Thus with gradual improvements, the whooping cough was totally cured. His health which had gone down had been fully restored.”

Urine Therapy by Dr. John O'Quinn

## WHOOPING COUGH

I shall first relate of whooping cough of a child aged nine months. There is no proper remedy of this disease in allopathy. Period of whooping cough is 90-120 days after which it automatically subsides. But during this period, coughing is violent and dry. When the fit of whooping cough occurs, the face of child becomes red due to non-stop coughing and he vomits. The scene is difficult to look at. Doctors usually prescribe soothing medicine and some tonics.

When the above mentioned child was brought to me, he had already suffered for a month. Coughing was at its peak. Instead of prescribing the usual medicine I asked the parent if they will experiment with urine. The couple has had some previous experience of urine therapy with success. So they readily agreed. Their only fear was that some unwanted reaction may not set up. However, they started giving child his urine and also anointing his neck and chest with it. Result was highly satisfactory and child was cured in ten days.

"Miracles of Urine Therapy" by Morarji Desai

## WHOOPING COUGH

"Master. W. — 4-1/2 years of age. Developed a severe fit of coughing with vomiting. Whooping-cough epidemic in the village.

Urine injection given...In the night, severe fit of coughing with thick phlegm and mucus, sick feeling... Next day, feeling much better in every way, no whooping or return of chronic asthma.

His mother later writes "Child better than ever, is free from asthma since the first injections

[several weeks ago)".

Have seen the child [four months after injections]. He is developing physically without any disturbance. Chronic eczema and blepharadenitis (inflammation of the eyelids) also healed."

Use of Urine Therapy in the Treatment of Infectious Diseases, Asthma, Allergies, Migraines, Viral Infections, Hayfever, Diabetes, Gout, Dysfunction of the Adrenal and Thyroid Glands, Heart Conditions by Dr. Plesch

#### WOUND

"Shri Mangilal Maloviya is a naturopath and he had a bad prick in his left foot. He at once urinated over it and put a urine-soaked bandage over it. Pain at once subsided and the deep wound healed in no time without any pus formation."

Manav Mootra by R.M. Patel

#### WOUND

"In 1961 in Bulsar, B. Ratimuni began Urine Therapy after his toe was badly hit. He cured it by applying urine-pads. Another time, he was operated on for some trouble, but the surgeon's wound did not heal. So he applied urine-pads and healed the wound."

Urine Therapy by Dr. John O'Quinn

#### WOUND

"A male aged 47 had a septic area on the...third right finger. This was drained but discharge of pus continued. The wound was opened again when it was found that the infection had entered the tendon sheath. Adequate drainage was provided and the finger X-rayed. The wound was then treated with eusol baths. After several days there was no attempt at healing. Urea treatment was started and after 3 days the slough was removed thus exposing the underlying tendon. Healthy granulations (new tissue) were present at this time. The urea treatment was continued. The patient was discharged 22 days after the treatment was begun, the wound having healed completely. There was no loss of function..."

As will be seen from the above, we have used urea in a variety of casualty department cases. Owing to the extreme diffusibility of urea even the deepest wound can be treated

effectively.”

“Treatment of Infected Wounds with Urea”, 1938, by Leon Muldavis (Senior Casualty Officer at the Royal Free Hospital, London) and Jean M Holtzman (Demonstrator in Physiology, London School of Medicine for Women).

## WOUNDS

“A prisoner was sentenced to heavy whippings. After the beating a co-prisoner treated him with urine, and the victim was readily cured.”

Urine Therapy by Dr. John O'Quinn

## WOUNDS

“Dr. George S. Cotton of Temple, Texas wrote about the benefits of Urine Therapy in 1935: I have put Urine Therapy to the test and the results have been astonishing. Urine in the treatment of wounds and bums cannot be beaten. This healing power is brought about among other elements contained in urine, by Allontain (C4.H6 03.N4)”

Urine Therapy by Dr. John O'Quinn

## WOUNDS

“In Arnhem Land, the aborigines chopped up flower stalks, mixed them with warmed urine, and applied them to spear wounds.

Some tribes used mud or ashes to dress wounds and with no other treatment the injured survived frightful wounds.”

Healing Secrets of the Aborigines by Dr. Ingfried Hobert

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## YOUTHFUL APPEARANCE

“Immigration authorities stopped a man from India at Kennedy airport, New York City, for suspicion of traveling with a false passport. The incident happened because according to



the birthday on the passport the man was supposed to be 68 years of age, but the agents did not think he was a day over 35. Once the validity of his documents and his identity was verified, the customs agents asked him how he stayed so young looking.

The man said, "I am vegetarian, and I only eat fresh and natural foods. And I drink a glass of urine on an empty stomach every day." After revealing this information he was allowed to continue his trip."

Uroopathy by Martin J. Lara

THE END

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## URINE THERAPY INFORMATION SOURCES

### URINE THERAPY BOOKS...

"Personal Pharmacy" by Gary Ward

"Your Own Perfect Medicine" by Martha Christy

"The Golden Fountain" by Coen Van der Kroon

"The Miracles of Urine Therapy" by Moraji Desai\*

"Auto-Therapy" by Dr. Charles Duncan, M.D.

"Urine the Holy Water" by Harald Tietze

"Miracles of Urine Therapy" by Dr. S.K. Sharma

"Uroopathy" by Martin Lara

"Urine Therapy" by Dr. John O'Quinn

"Shivambu Geeta" by Dr. G.K. Thakkar

"Manav Mootra" by R.M. Patel

"The Miracles of Urine Therapy" by Dr. Beatrice Barnett, D.C., N.D.

"Shivambu Kalpa" by Dr. Arthur Lincoln Pauls, D.O.

"Liquid Gold" by Carol Steinfield

"Auto-Urine Therapy" by 'An Experienced Physician'

"Gee Whiz! It's All About Pee" by Susan E. Goodman

"Jungle View" by Dionysus Junior

"Urinalysis in Clinical Laboratory Practice" by Alfred Free, Ph.D. and Helen Free

"Urine Therapy: It May Save Your Life" by Beatrice Barnett, D.C., N.D.

"Urine Therapy: Nature's Elixir for Good Health" by Dr. Flora Peschek-Bohmer, Ph.D.

"Drink Your Own Water" by Tony Scazzero

"Wonders of Urography" by Dr. G.K. Thakkar

"The Water of Life" by John Armstrong

URINE THERAPY WEBSITES...

<http://www.urine-therapy.org>

<http://www.munot.in/>

<https://www.facebook.com/changingmydna>

<http://projectavalon.net/forum4/showthread.php?1793-Taking-the-piss-Your-own-best-medicine...&s=1d6e3bf50979daa03dc6c8b66b760541>

<http://www.shirleys-wellness-cafe.com/urine.htm>

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[http://www.universal-tao.com/article/urine\\_therapy.html](http://www.universal-tao.com/article/urine_therapy.html)

<http://www.lifepositive.com/Body/traditional-therapies/urine-therapy.asp>

[http://www.heartlandhealing.com/pages/archive/urine\\_therapy/](http://www.heartlandhealing.com/pages/archive/urine_therapy/)

<http://blogs.smithsonianmag.com/science/2013/08/from-gunpowder-to-teeth-whitener-the-science-behind-historic-uses-of-urine/>

<http://www.goodmanlivingwell.com/urine.htm>

<http://all-natural.com/urine.html>

<http://urotherapy.com>